



**MIDWEST
FOODS**

Weekly Updates

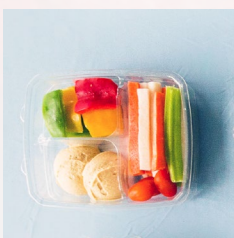
September 25th, 2020

All items are subject to availability.

FEATURED NEW & RETAIL READY

Description		Item Number
Chard Rainbow 12ct, Windy City Harvest, Illinois	FEATURED LOCAL	6-2263
Kale Lacinato 12ct, Windy City Harvest, Illinois	FEATURED LOCAL	01-11342
Melon Water Red Seedless 4/5ct, Indiana	FEATURED LOCAL	7798433P
Melon Water Yellow 4-5ct, Indiana	FEATURED LOCAL	133700
Peppers Green 25#, Superior, Michigan	FEATURED LOCAL	PA1950FC
Peppers Sweet Lunch Box 10#, Windy City Harvest, Illinois	FEATURED LOCAL	MWF-1403
Pomegranates 34/36ct 2 Layer, California	FEATURED ITEM	MWF-1067
Pumpkins Mini Orange 1/2 bushel, Parrfection, Wisconsin	FEATURED LOCAL	01-1309
Pumpkins Mini White 1/2 bushel, Parrfection, Wisconsin	FEATURED LOCAL	235643
Squash Acorn Green Bushel 32-36#	FEATURED LOCAL	171300P
Squash Butternut Case 32-36# avg	FEATURED LOCAL	172100P
Squash Delicata 35# Case	FEATURED LOCAL	6-2382
Squash Kabocha Bushel (32-36# avg)	FEATURED LOCAL	73852P
Squash Red Kuri (N-BRK) 40#	FEATURED LOCAL	3465753764
Squash Spaghetti ORGANIC Bushel (32-36# avg)	FEATURED LOCAL	01-11810
Tomatoes Mixed Heirloom 10#, Scherringa, Indiana	FEATURED LOCAL	174600
Tomatoes Red Cherry 12-1 pint Windy City, Illinois	FEATURED LOCAL	6-2405
Tomatoes Sungold Cherry 12-1 pint Windy City, Illinois	FEATURED LOCAL	6-2408

**MIDWEST
Kitchens**



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pre-packaged grab-and-go items available!**

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MARKET UPDATES

Apples High volume movement as retail and the USDA Farm to Families program continues to scoop up supplies. New crop heavy to larger sizes.

Asparagus Good steady supplies out of Peru and Mexico.

Avocados Markets have come off on Mexican 48s and larger. Size structure has also started to shifted. Harvest crews are seeing an increase on 48s in the pack outs. Mexican growers are slowly transitioning into "Aventejada" crop. Peru has concluded their season and arrivals are quickly diminishing. California is on the decline and will have fruit available into the front part of October.

Bell Peppers Good condition and quality at this time- there is lighter production due to previous heat in growing areas.

Berries (Blackberries) The market is still fairly firm with numbers just beginning to pick up out of Mexico look for availability and price to get easier later this week.

Berries (Blueberries) The pacific north west is finished and we are waiting on Peruvian arrivals to pick up in volume Look for this market to stay firm and higher until Mexico begins in 2 to 3 weeks.

Berries (Raspberries) Raspberries supplies are light, look for the market to remain firm with better availability later in this week.

Berries (Strawberries) Markets are extremely tight due to the adverse weather we had several weeks ago . Look for the market to continue to be elevated and light through the end of next week.

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Eggplant More production coming, anticipate lower markets.

Garlic Steady supplies with California production continues. This market is steady.

Grapes (Green) Autumn King greens in good production. Older varieties show some amber.

Grapes (Red) Good supplies on red seedless.

Green Onions Plenty of supplies coming out of Mexico is keeping the market steady.

Kale The recent round of heat has caused some sun damage and lower shelf life.

Lettuce (Iceberg) Demand exceeds supplies on this commodity. Common

MARKET UPDATES CONTINUED

defects include light weights, discoloration, and ribby. Sclerotinia is an issue that multiple suppliers are dealing with. This disease is breaking down the plants and shorter shelf life is the result. Expect light supplies for two weeks minimum.

Lettuce Leaf Romaine as well as hearts continue to be very light in availability. Green and red leaf has tightened up as well. Growers continue to deal with soil disease that has cut down yields and caused for shortages in product. Light supplies will continue for two weeks minimum. Demand will continue to exceed supplies.

Lettuce Tender Leaf Supplies are light on spinach and cilantro. This will continue for seven to ten days.

Melons (Cantaloupe) Cantaloupe market remains active. Demand is strong and supplies are limited out of the San Joaquin Valley. Current size structure peaking on 9's. Arizona is set to start production mid-October and Mexico will ramp up around the same time period. Overall quality has been great with good sugars. Production out of the desert (Arizona) is set to start the first week of October. Import fruit out of Mexico is forecasted to start the second week of October.

Melons (Honeydew) Melons continue to be in high demand and supplies out of the San Joaquin Valley have tightened up. Size structure is peaking on 5's. The melon market will remain active for the balance of the month. There will be some relief and over-lap as we transition into the desert growing region (Nogales/Yuma/Maricopa) mid-October. Imports from Mexico are expected to hit the US the first week of October in a light way.

Melons (Watermelon) Market is steady on the west coast. Good availability on seedless watermelon. Mini melons however are very limited and in high demand.

Onions Ample supplies of high quality storage onions are available from the northwest. USDA box program demand for 3 lb. bags is affecting production time at the sheds.

Pears Bartletts, Anjou, and Bosc all in new crop. Peaking on larger sizes

Pineapples Crown fruit is improving out of both coast, with steady markets. Crown-less fruit supplies are steady on the west, but snug on the east.

Organics supplies are steady. Need orders in advance. Quality overall is looking nice.

Potatoes Harvest of new crop Norkotahs is under-way. Large bakers remain elevated but market is soft-ening. Ample supplies of cartons. USDA box program limiting 5 lb bags.

Squash Production coming through Nogales has started in a small way, and production out of Central CA continuing- good condition as demand has been steady and no old product.

Stone Fruit Most shippers done for the season on nectarines and peaches, plenty of plums available.

Tomatoes Round and grape tomatoes have triggered escalators. Supplies are winding down and will continue to decline in October. Eastern regions are recovering from hurricane systems that have reduced yields. Western regions are ahead of schedule following weeks of triple digit weather. New crops in Mexico are starting to supplement the Fall season. Florida crops set for October are on track but supplies will be light. The market is up across the board. Quality is fair to good overall varying by region. Expect active markets through mid-October.

The Source September 23, 2020

WEATHER FORECAST

California A strong high pressure system builds out west with dramatic warming over the weekend into early next week. Another round of record high temperatures are forecast into Tuesday. These growing conditions will only exacerbate the already rampant mold, mildew, disease, and insect pressure affecting most crops as the season winds down. Yields and overall quality will once again be impacted as another heat wave arrives.

Mexico Seasonal temperatures with scattered showers and thunderstorms continue across Central Mexico into next week.

Florida Scattered showers look to continue into early next week followed by cooler temperatures and dry conditions next week.

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