



**MIDWEST
FOODS**



Weekly Updates

AUGUST 29TH, 2025

Fresh off the Farm



Pepper Anaheim
20 LB | 01-11663

Local

Garwood, IN



Pepper Banana
10 LB | 167500

Local

Garwood, IN



Pepper Carmen
20 LB | 01-11671

Local

Windy City Harvest, IL



Pepper Jalapeno
5 LB | 01-4579

Local

Wisconsin/Indiana



Pepper Serrano
5 LB | 01-4583

Local

Garwood, IN



Tomato Heirloom Large
10 LB | 174600

Featured



Watermelon Red Personal
6-10 CT | 210190

Featured



Watermelon Yellow
4-5 CT | 133700

Featured

LOCAL SPOTLIGHT

Garwood Orchards

For over 180 years, the Garwood family has farmed the same land with a steadfast commitment to family, community, and quality produce. Now in its sixth generation, Garwood Orchards cultivates more than 350 acres, producing everything from apples and peaches to sweet corn and peppers. This week, we're proud to feature their locally grown banana, serrano, and Anaheim peppers, harvested with the same care that has defined Garwood for generations.

HAPPY LABOR DAY

In observance of Labor day we will be closed on Monday, September 1st.

Regular business hours will resume on Tuesday, September 2nd.



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Market Report

FRUIT

VEGETABLES

	Price	Quality	Supply
Apples	\$ \$	●	Steady
Blackberries	\$	●	Light
Blueberries	\$ \$ \$	●	Light
Cantaloupe	\$ \$	●	Steady
Grapefruit	\$ \$ \$	●	Light
Grapes Green	\$	●	Good
Grapes Red	\$	●	Good
Honeydew	\$ \$	●	Steady
Lemons	\$ \$	●	Good
Limes	\$ \$ \$	●	Light
Oranges	\$ \$ \$	●	Light
Pears	\$ \$	●	Light
Pineapple	\$ \$ \$	●	Light
Raspberries	\$ \$	●	Steady
Stone Fruit	\$ \$	●	Steady
Strawberries	\$ \$	●	Steady
Watermelon	\$ \$	●	Steady

	Price	Quality	Supply
Asparagus	\$ \$ \$	●	Light
Avocados	\$ \$ \$	●	Light
Bell Peppers	\$ \$	●	Steady
Broccoli	\$ \$ \$	●	Steady
Brussels Sprouts	\$	●	Steady
Carrots	\$ \$	●	Steady
Cauliflower	\$ \$	●	Steady
Celery	\$ \$ \$	●	Steady
Cucumbers	\$ \$	●	Steady
Eggplant	\$ \$	●	Steady
Garlic	\$ \$	●	Steady
Green Onions	\$ \$	●	Steady
Kale	\$ \$	●	Steady
Lettuce Iceberg	\$ \$ \$	●	Light
Lettuce Leaf	\$ \$	●	Steady
Lettuce Tender Leaf	\$ \$	●	Steady
Mushroom	\$	●	Good
Onions	\$ \$	●	Good
Potatoes	\$ \$ \$	●	Steady
Squash	\$ \$	●	Steady
Tomatoes	\$ \$	●	Steady

ProAct the Source August 27th, 2025

WEATHER REPORT

Arizona Yuma got 1–2.5" rain Tuesday evening. Light showers possible early Wednesday, then dry. Imperial Valley may see rain Wed/Thu from Tropical Cyclone Juliette. Highs 95–102 Wed, 105–110 by weekend; lows mid-70s to mid-80s starting Thursday.

California High pressure and a moderate marine layer will bring near to slightly above average temps through the weekend. Lows in the mid-40s to upper 50s; highs range from mid-60s coast to 90s–103°F south of Soledad.

Florida Isolated to scattered showers continue through Friday, with wetter weather expected over the weekend. Temps stay warm and humid through August 31, with highs in the upper 80s to low 90s and lows in the upper 60s to mid-70s.

Mexico Isolated showers through Thursday with 0.15"–0.35" expected, higher in storms. Widely scattered showers Friday–Sunday. Temps seasonal to slightly below normal, with highs in the low 70s–80s and lows in the mid-50s–60s in Central Mexico.

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