



**MIDWEST  
FOODS**



# Weekly Updates

JULY 18TH, 2025

## Fresh off the Farm



Blueberries  
**12-1 PT | 01-11468**  
**Local**

*Berry Delicious, MI*



Nectarine White  
**Tray Pack | 01-10341**  
**Featured**



**White Donut  
Peaches**

### FEATURED ITEM

White donut peaches are at their peak and stand out as one of the most distinctive stone fruits of the season. With their naturally round, slightly flattened shape and creamy white flesh, they offer a sweet, floral flavor with low acidity and a smooth finish. Their striking appearance and delicate texture make them a standout wherever presentation and flavor both matter.

These peaches are especially well-suited for applications where whole fruit makes an impact. They require little to no prep and deliver big on seasonal appeal. Their small pit and minimal fuzz make them easy to enjoy out of hand, but they're just as versatile in composed dishes. Slice into salads, grill for savory pairings, or incorporate into chilled desserts, salsas, or purées.

With a short seasonal window, white donut peaches offer chefs and buyers a chance to spotlight something both eye-catching and elevated. Whether used whole or worked into a summer menu, they bring freshness, elegance, and a distinctly memorable flavor to the table.

**White Donut Peaches** | MWF-12009



Nectarine Yellow  
**Tray Pack | 01-12145**  
**Featured**



Peach White Donut  
**25 CT | MWF-12009**  
**Featured**



Peach Yellow  
**Tray Pack | 01-11347**  
**Featured**



Plum Black VF  
**25 LB | MWF-1795**  
**Featured**



Plum Red VF  
**25 LB | 01-11599**  
**Featured**



Plum Cherry Red VF  
**28 LB | 01-11484**  
**Featured**

Follow Us On Social Media!



@midwestfoods



@midwestfoods



/midwest-foods/

Chicago, IL | 773.927.8870 | [midwestfoods.com](http://midwestfoods.com) | Kenosha, WI








**MIDWEST  
FOODS**

# Market Report

## FRUIT

## VEGETABLES

	Price	Quality	Supply
 Apples	\$ \$	●	Steady
 Blackberries	\$ \$ \$	●	Light
 Blueberries	\$ \$ \$	●	Light
 Cantaloupe	\$ \$	●	Steady
 Grapefruit	\$ \$ \$	●	Light
 Grapes Green	\$	●	Steady
 Grapes Red	\$	●	Steady
 Honeydew	\$ \$	●	Steady
 Lemons	\$ \$	●	Steady
 Limes	\$	●	Steady
 Oranges	\$ \$	●	Steady
 Pears	\$ \$ \$	●	Light
 Pineapple	\$ \$	●	Light
 Raspberries	\$ \$ \$	●	Light
 Stone Fruit	\$ \$	●	Steady
 Strawberries	\$ \$ \$	●	Steady
 Watermelon	\$ \$	●	Steady

	Price	Quality	Supply
 Asparagus	\$	●	Good
 Avocados	\$ \$ \$	●	Light
 Bell Peppers	\$ \$ \$	●	Light
 Broccoli	\$ \$	●	Steady
 Brussels Sprouts	\$ \$ \$	●	Light
 Carrots	\$ \$	●	Steady
 Cauliflower	\$	●	Steady
 Celery	\$ \$ \$	●	Steady
 Cucumbers	\$ \$	●	Light
 Eggplant	\$ \$	●	Steady
 Garlic	\$ \$	●	Steady
 Green Onions	\$ \$	●	Steady
 Kale	\$ \$	●	Steady
 Lettuce Iceberg	\$ \$ \$	●	Light
 Lettuce Leaf	\$ \$	●	Steady
 Lettuce Tender Leaf	\$ \$	●	Good
 Mushroom	\$	●	Good
 Onions	\$ \$	●	Steady
 Potatoes	\$ \$ \$	●	Steady
 Squash	\$ \$	●	Steady
 Tomatoes	\$ \$	●	Steady

ProAct the Source July 16th, 2025

## WEATHER REPORT


**Arizona** Monsoonal moisture will bring scattered showers and storms to eastern Arizona and central I-10 Wed-Fri, but timing and amounts are uncertain. Yuma and SE California stay dry. Highs in the 100s midweek, rising to 105-113 by weekend; lows steady in mid-70s to mid-80s.


**California** A marine layer will keep temperatures cool with some drizzle through Thursday. Lows in the 40s-50s, highs 50s-90s depending on location. By Saturday, a high pressure will raise inland temps to around 100°F.

**Florida** Scattered showers and storms will continue in Florida through July 17, with 0.05"-0.50" rain expected. Showers ease from Friday to Sunday. Highs will be upper 80s to mid-90s, lows in the 70s, and winds gust up to 20 mph through Friday.

**Mexico** Showers and storms expected through Friday with 0.10"-0.35" rain; less frequent over the weekend. Temperatures near or below normal, highs 60s-70s, lows 50s-60s.

Follow Us On Social Media!

 @midwestfoods

 @midwestfoods

 /midwest-foods/

Chicago, IL | 773.927.8870 | [midwestfoods.com](http://midwestfoods.com) | Kenosha, WI