



**MIDWEST
FOODS**



Midwest Foods Weekly Specials April 15th, 2025



Featured Items



Asparagus White
11 LB | 210155
FEATURED



Beans Fava
25 LB | 155200P
FEATURED



Garlic Green
5 LB | 01-11404
ORGANIC



Fiddlehead Ferns
3 LB | MWF-2011
FEATURED



Mushroom Morel
5 LB | 165001
FEATURED



Peas English
25 LB | MWF-1642
FEATURED



Radish Purple Daikon
10 LB | MWF-2619
ORGANIC



Root Burdock
10 LB | MWF-8217
ORGANIC

Local Items

Item Number	Description	Farm	Region
MWF-7887	Greens Collard 12ct BIPOC LOCAL	Chicago Urban Farm Solutions	Illinois
MWF-8040	Kale Green 24ct BIPOC LOCAL	Chicago Urban Farm Solutions	Illinois
MWF-8039	Kale Lacinato 24ct BIPOC LOCAL	Chicago Urban Farm Solutions	Illinois
MWF-11793	Lettuce Pure Farms Mix Cut 8# (2-4#) Case LOCAL	Pure Farms	Wisconsin
MWF-8004	Lettuce Mesclun Mix 12-1/2# Bag BIPOC LOCAL	Chicago Urban Farm Solutions	Illinois
MWF-8242	Mushroom Lion's Mane 5# Case BIPOC LOCAL **SPECIAL ORDER**	Sunny Oaks	Illinois
165400	Mushroom Oyster 5# BIPOC LOCAL	Sunny Oaks	Illinois
165800	Mushroom Shiitake "A" MED 5# BIPOC LOCAL	Sunny Oaks	Illinois
180000P	Parsnip Loose 20# LOCAL MI	Rice Lake	Michigan
MWF-7822	Spinach 12-1/2# Bag BIPOC LOCAL	Chicago Urban Farm Solutions	Illinois

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Organic Items

Item Number	Description	Region
MWF-1040	Apples Fuji 100ct Case ORGANIC	Washington
MWF-1856	Apples Gala 88ct Case ORGANIC	Washington
45323133	Arugula Baby ORGANIC 2#	California
125858	Banana ORGANIC 40#	Various
01-3812	Berries Black ORGANIC 12/6oz Case	California
01-2877	Berries Rasp ORGANIC 12/6oz	California
01-1012	Berries Straw ORGANIC 8/1# Case	California
01-12130	Carrot Baby Peeled Rainbow 12-12oz ORGANIC	California
4634153	Carrot Rainbow Large ORGANIC 25#	California
MWF-7556	Chard Rainbow ORGANIC 24ct Case	California
01-12249	Kale Baby ORGANIC 2# Clamshell	California
01-11460	Lettuce Mesclun (Spring Mix) 2# ORGANIC Clamshell	California
163800	Lettuce Romaine Hearts 12/3ct ORGANIC	California
01-11735	Spinach Baby ORGANIC 2# Clamshell	California

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