

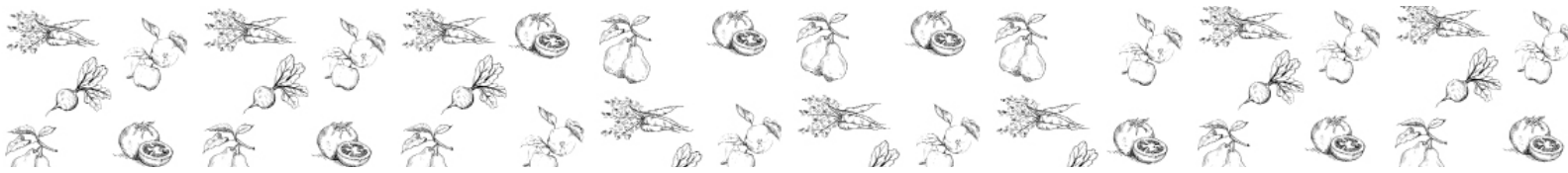


**MIDWEST
FOODS**



Midwest Foods Weekly Specials

March 11th,
2025



Featured Items



Broccoflower
Cauliflower Green
12 CT | 156900



Melons Raptor
8 CT | 01-12000



Oranges Satsuma
Mandarins Stem & Leaf
25 LB | 01-11004



Plums Greengage
11 LB | 022500

ORGANIC
New Zealand



Romanesco
12 CT | 111100



Spinach
12x1/2 LB |
MWF-7822

LOCAL | BIPOC
Chicago

Local Items

Item Number	Description	Farm	Region
MWF-7887	Greens Collard 12ct BIPOC LOCAL **SPECIAL ORDER**	Chicago Urban Farm Solutions	Illinois
MWF-8040	Kale Green 24ct BIPOC LOCAL	Chicago Urban Farm	Illinois
MWF-8039	Kale Lacinato 24ct BIPOC LOCAL	Chicago Urban Farm	Illinois
MWF-8004	Lettuce Mesclun Mix 12-1/2# Bag BIPOC LOCAL	Chicago Urban Farm	Illinois
MWF-11793	Lettuce Pure Farms Mix Cut 8# (2-4#) Case LOCAL	Pure Farms	Wisconsin
MWF-11791	Lettuce Romaine Green Cut 8# (2-4#) Case LOCAL	Pure Farms	Wisconsin
MWF-8242	Mushroom Lion's Mane 5# Case BIPOC LOCAL **SPECIAL ORDER**	Sunny Oaks	Illinois
165400	Mushroom Oyster 5# BIPOC LOCAL	Sunny Oaks	Illinois
165800	Mushroom Shiitake "A" MED 5# BIPOC LOCAL	Sunny Oaks	Illinois
180000P	Parsnip Loose 20# LOCAL MI	Various	Michigan
MWF-7822	Spinach 12-1/2# Bag BIPOC LOCAL **SPECIAL ORDER**	Chicago Urban Farm Solutions	Illinois
179800P	Turnip Jumbo Loose 25# LOCAL MI	Various	Michigan

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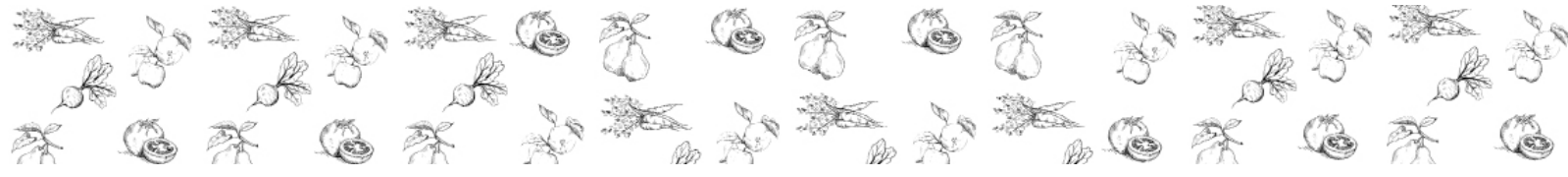


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Organic Items



Item Number	Description	Region
MWF-1040	Apples Fuji 100ct Case ORGANIC	Washington
MWF-1856	Apples Gala 88ct Case ORGANIC	Washington
45323133	Arugula Baby ORGANIC 2#	California
125858	Banana ORGANIC 40#	Various
01-3812	Berries Black ORGANIC 12/6oz Case	California
01-2877	Berries Rasp ORGANIC 12/6oz	California
01-1012	Berries Straw ORGANIC 8/1# Case	California
01-12130	Carrot Baby Peeled Rainbow 12-12oz ORGANIC	California
4634153	Carrot Rainbow Large ORGANIC 25#	California
MWF-7556	Chard Rainbow ORGANIC 24ct Case	California
01-12249	Kale Baby ORGANIC 2# Clamshell	California
01-11460	Lettuce Mesclun (Spring Mix) 2# ORGANIC Clamshell	California
163800	Lettuce Romaine Hearts 12/3ct ORGANIC	California
01-11735	Spinach Baby ORGANIC 2# Clamshell	California

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