

Midwest Foods Weekly Updates January 17th, 2025



Fresh Off the Farm









20 LB | 16100 FEATURED ITEM

Oranges Blood Moro Oranges Cara Cara 20 LB | 16001 FEATURED ITEM





5 LB | 16300 FEATURED ITEM

Oranges Clementines Oranges Kumquat 10 LB | 01-11026 FEATURED ITEM



Oranges Mandarin Sumo 25 CT 15 LB | MWF-6210 FEATURED ITEM



Raptor Melons

FEATURED ITEM

Raptor Melons are a standout ingredient this winter, offering a perfect balance of sweetness and floral notes. Their vibrant flesh and firm, crisp texture make them ideal for creating fresh, seasonal dishes. Unlike many other melons, they maintain their texture and flavor longer, ensuring a longer shelf life and less waste in your kitchen.

In season now, Raptor Melons shine in winter fruit salads, as a topping for yogurt parfaits, or in refreshing appetizers. Their bright color and unique flavor profile also make them a great addition to savory dishes, like a melon and prosciutto appetizer or paired with fresh cheeses.

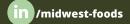
Add this premium melon to your menu to bring a touch of sweetness and color to your winter offerings. Raptor Melons are perfect for creating memorable dishes that balance freshness and seasonality.

> **Raptor Melons** 20 LB | 01-12000

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Market Report

Fruit						
	Price	Quality	Supply			
Apples	\$\$		Steady			
Blackberries	\$ \$		Good			
Blueberries	\$\$		Good			
Cantaloupe	\$\$\$		Light			
Grapefruit	\$\$\$		Light			
🏺 Grapes Green	\$\$\$		Light			
Grapes Red	\$		Good			
Honeydew	\$\$\$		Light			
<u> </u>	\$\$		Steady			
Limes	\$\$\$		Light			
Oranges	\$		Good			
Pears	\$\$		Light			
Pineapple	\$\$		Light			
Raspberries	\$\$		Steady			
Stone Fruit	\$\$		Good			
Strawberries	\$\$		Steady			
Watermelon	\$\$		Steady			

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Vegetab	les

	Price	Quality	Supply
Asparagus	\$\$		Steady
Avocados	\$\$\$		Light
🐞 Bell Peppers	\$\$		Steady
Broccoli	\$\$		Good
Brussels Sprouts	\$\$		Good
Carrots	\$\$		Steady
Cauliflower	\$		Good
elery	\$\$\$		Steady
Cucumbers	\$\$		Steady
Eggplant	\$\$		Steady
Garlic	\$\$		Good
Green Onions	\$\$		Steady
Kale	\$\$		Steady
Lettuce Iceberg	\$\$\$		Light
鶲 Lettuce Leaf	\$\$		Light
Lettuce Tender Leaf	\$\$		Steady
Mushroom	\$		Good
Onions	\$\$\$		Good
Potatoes	\$\$\$		Steady
Squash	\$\$\$		Good
. Tomatoes	\$\$		Steady

Weather

Arizona High temperatures in low deserts will rise through Friday, reaching upper 60s to mid-70s. Moderate to severe lettuce icing in Yuma and daily lows in Central Arizona.

California Santa Ana winds will end this morning with gusts of 25 mph, with light offshore winds persisting through the weekend. Lows range from the low 30s to upper 40s, with highs reaching mid 60s to 70s. Temperatures will rise to upper 30s to 40s.

Florida Northern Florida may experience cool mornings with light frost, but temperatures will warm over the weekend. Moderate to heavy rainfall is expected, with lighter amounts in southern Florida.

Mexico The region is expected to experience near-normal temperatures and dry weather through January 19th, with highs in the low 70s to 80s and lows in the low to upper 40s.

