



**MIDWEST
FOODS**



Midwest Foods Weekly Specials January 7th, 2025



Featured Items



Lemons Meyer
10 LB | 01-11688



Oranges Blood Moro
20 LB | 16100



Oranges Cara Cara
20 LB | 16001



Oranges Clementines
5 LB | 16300



Oranges Kumquats
10 LB | 01-11026

Organic Items

Item Number	Description	Region
MWF-1040	Apples Fuji 100ct Case ORGANIC	Washington
MWF-1856	Apples Gala 88ct Case ORGANIC	Washington
45323133	Arugula Baby ORGANIC 2#	California
125858	Banana ORGANIC 40#	Various
01-3812	Berries Black ORGANIC 12/6oz Case	California
01-2877	Berries Rasp ORGANIC 12/6oz	California
01-1012	Berries Straw ORGANIC 8/1# Case	California
335435	Broccoli ORGANIC 14ct	California
01-12130	Carrot Baby Peeled Rainbow 12-12oz ORGANIC	California
4634153	Carrot Rainbow Large ORGANIC 25#	California
MWF-7556	Chard Rainbow ORGANIC 24ct Case	California
01-12249	Kale Baby ORGANIC 2# Clamshell	California
01-11460	Lettuce Mesclun (Spring Mix) 2# ORGANIC Clamshell	California
MWF-7561	Lettuce Romaine Hearts 48ct ORGANIC Case	California
01-11735	Spinach Baby ORGANIC 2# Clamshell	California

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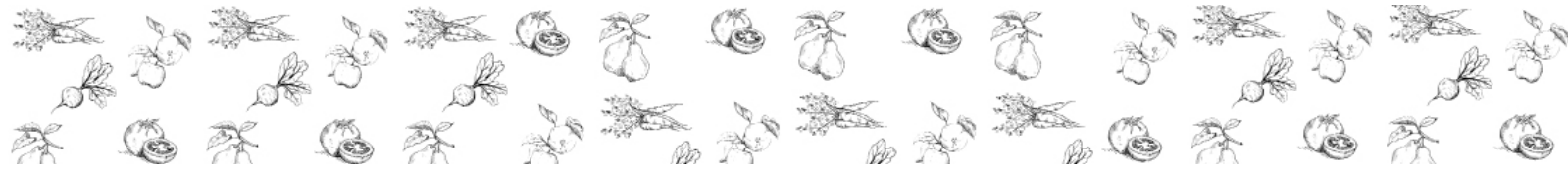




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Local Items

Item Number	Description	Farm	Region
772344	Apples Fuji 88ct LOCAL MI	Various	Michigan
01-11739	Apples Gala 88ct LOCAL	Various	Michigan
893200	Apples Red 88ct LOCAL	Various	Michigan
01-11709	Apples Gala 138ct LOCAL	Various	Michigan
01-11118	Apples Golden 138ct LOCAL	Various	Indiana/
MWF-7887	Greens Collard 12ct BIPOC LOCAL **SPECIAL ORDER**	Chicago Urban Farm Solutions	Illinois
MWF-8040	Kale Green 24ct BIPOC LOCAL	Chicago Urban Farm Solutions	Illinois
MWF-8039	Kale Lacinato 24ct BIPOC LOCAL	Chicago Urban Farm Solutions	Illinois
MWF-8242	Mushroom Lion's Mane 5# Case BIPOC LOCAL **SPECIAL ORDER**	Sunny Oaks	Illinois
165400	Mushroom Oyster 5# BIPOC LOCAL	Sunny Oaks	Illinois
165800	Mushroom Shiitake "A" MED 5# BIPOC LOCAL	Sunny Oaks	Illinois
180000P	Parsnip Loose 20# LOCAL MI	Various	Michigan
MWF-7822	Spinach 12-1/2# Bag BIPOC LOCAL **SPECIAL ORDER**	Chicago Urban Farm Solutions	Illinois
179800P	Turnip Jumbo Loose 25# LOCAL MI	Various	Michigan

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