



**MIDWEST  
FOODS**



# Midwest Foods Weekly Specials

October 1st,  
2024



## Featured Items



Apples Honeycrisp  
88 CT | 01-11390

**VARIOUS LOCAL FARMS**



Cranberries  
24-12 OZ | MWF-1491

**WETHERBY, WI**



Gourds  
1/2 BU | 01-1310

**VARIOUS LOCAL FARMS**



Pumpkin Mini Variety Mix  
1/2 BU | MWF-10806

**PARRFECTION, WI**

Item Number	Description	Farm
772344	Apples Fuji 88ct LOCAL MI	Various
01-11739	Apples Gala 88ct LOCAL	Various
893200	Apples Red 88ct LOCAL	Various
01-2802	Cranberries 12oz EACH LOCAL WI	Wetherby
01-1310	Gourds Assorted 1/2 Bushel Case LOCAL	Parrfection
01-1309	Pumpkin Mini Orange 1/2 Bushel Case LOCAL	Various
235643	Pumpkin Mini White 1/2 Bushel Case LOCAL	Various

## Organic Items

Item Number	Description	Region
MWF-1040	Apples Fuji 100ct Case ORGANIC	Washington
MWF-1856	Apples Gala 88ct Case ORGANIC	Washington
45323133	Arugula Baby ORGANIC 2#	California
125858	Banana ORGANIC 40#	Various
01-3812	Berries Black ORGANIC 12/6oz Case	California
01-1436	Berries Blue ORGANIC 12/6oz Case	California
01-2877	Berries Rasp ORGANIC 12/6oz	California
01-1012	Berries Straw ORGANIC 8/1# Case	California
335435	Broccoli ORGANIC 14ct	California
01-12130	Carrot Baby Peeled Rainbow 12-12oz ORGANIC	California
4634153	Carrot Rainbow Large ORGANIC 25#	California
MWF-7556	Chard Rainbow ORGANIC 24ct Case	California
01-12249	Kale Baby ORGANIC 2# Clamshell	California
01-11460	Lettuce Mesclun (Spring Mix) 2# ORGANIC Clamshell	California
MWF-7561	Lettuce Romaine Hearts 48ct ORGANIC Case	California
01-11735	Spinach Baby ORGANIC 2# Foodservice	California

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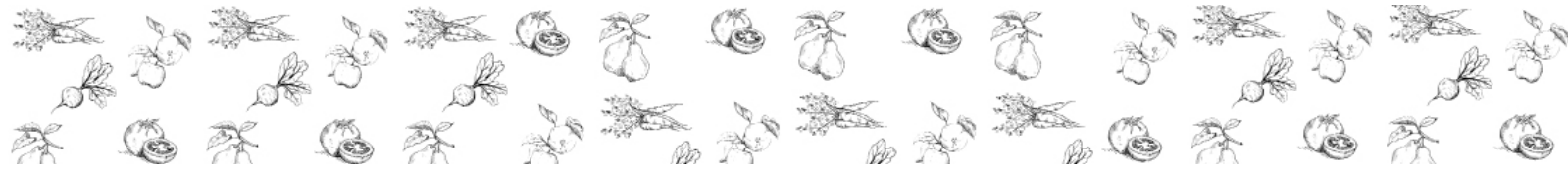




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## Local Items

Item Number	Description	Farm	Region
01-5042	Cider Apple Fresh Sq 1gal EACH LOCAL	Garwood Orchards	Indiana
365582DG	Cider Apple Fresh Sq 4/1gal Case LOCAL	Garwood Orchards	Indiana
01-11709	Apples Gala 138ct LOCAL	Superior Sales	Michigan
6-2268	Beet Red Bunch 12ct LOCAL	Windy City Harvest	Illinois
MWF-7945	Carrot Orange Nantes Bunch w/Tops 12ct BIPOC LOCAL	Chicago Urban Farm Solutions	Illinois
159600P	Celery 30ct LOCAL	Superior Sales	Michigan
6-2263	Chard Rainbow 24ct LOCAL	Windy City Harvest	Illinois
MWF-7887	Greens Collard 12ct BIPOC LOCAL	Chicago Urban Farm Solutions	Illinois
MWF-8040	Kale Green 24ct BIPOC LOCAL	Chicago Urban Farm Solutions	Illinois
MWF-8039	Kale Lacinato 24ct BIPOC LOCAL	Chicago Urban Farm Solutions	Illinois
MWF-8233	Lettuce Aquaponic 4-1# Bag LOCAL	Windy City Harvest	Illinois
MWF-8004	Lettuce Mesclun Mix 12-1/2# Bag BIPOC LOCAL	Chicago Urban Farm Solutions	Illinois
MWF-8242	Mushroom Lion's Mane 5# Case BIPOC LOCAL	Sunny Oaks	Illinois
165400	Mushroom Oyster 5# BIPOC LOCAL	Sunny Oaks	Illinois
165800	Mushroom Shiitake "A" MED 5# BIPOC LOCAL	Sunny Oaks	Illinois
MWF-10629	Pepper Carmen 10# LOCAL	Windy City Harvest	Illinois
172600P	Pumpkin Pie Case Fresh LOCAL (10-12ct approximate)	Parrfection Produce	Wisconsin
01-11825	Pumpkin Pie White LOCAL (10-12ct approximate)	Parrfection Produce	Wisconsin
01-1668	Pumpkin Medium Carving EACH LOCAL	Parrfection Produce	Wisconsin
01-1774	Pumpkin LARGE BIN (35ct average) LOCAL	Parrfection Produce	Wisconsin
MWF-7822	Spinach 12-1/2# Bag BIPOC LOCAL	Chicago Urban Farm Solutions	Illinois
6-2375	Squash Acorn GOLD 3/4 Bu. LOCAL	Superior Sales	Michigan
171300P	Squash Acorn Green Bushel (32-36# avg) LOCAL	Superior Sales	Michigan
172100P	Squash Butternut Case 32-36# avg LOCAL	Superior Sales	Michigan
6-2382	Squash Delicata 30# Case LOCAL	Superior Sales	Michigan
MWF-7542	Squash Hubbard BLUE 32-36# Case LOCAL	Superior Sales	Michigan
73852	Squash Kabocha 32-36# avg Case LOCAL	Superior Sales	Michigan
3465753764	Squash Red Kuri (N-BRK) 40# LOCAL Superior	Superior Sales	Michigan
172900P	Squash Spaghetti Bushel 32-36# avg LOCAL	Superior Sales	Michigan
01-3998	Tomatillo W/Husk 35-38lbs AVG Case LOCAL	Garwood Orchards	Indiana
6-2408	Tomato Cherry Sungold 12-1pt LOCAL	Windy City Harvest	Illinois

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