



**MIDWEST
FOODS**

Weekly Specials

November 14th, 2023



FEATURED ITEMS

Item Number	Description	Farm
MWF-1586	Apples Green Dragon 36-40ct	Washington
MWF-8059	Apples Hidden Rose 20-22ct	Washington
MWF-3179	Apples Sugar Bee 88ct 40#	Washington
MWF-3178	Apples Lucy Rose (Red outside & Red flesh inside) 60ct 27#	Washington
MWF-1491	Cranberries 24-12 oz Case LOCAL WI	Wisconsin
01-12031	Persimmon Fuyu 14-16ct	California
MWF-1067	Pomegranate 32ct 2 Layer	California



ORGANIC ITEMS

Item Number	Description	Region
MWF-1359	Anise Domestic (Fennel) ORGANIC 24ct	California
MWF-1040	Apples Fuji 100ct Case ORGANIC	Washington
01-1494	Apples Granny Smith ORGANIC 88ct	Washington
MWF-1856	Apples Gala 88ct Case ORGANIC	Washington
45323133	Arugula Baby ORGANIC 2#	California
MWF-1700	Arugula Baby ORGANIC 8-5oz Case LILY'S ORGANIC	California
125858	Banana ORGANIC 40#	Various
01-3812	Berries Black ORGANIC 12/6oz Case	California/Mexico
01-1436	Berries Blue ORGANIC 12/6oz Case *	California/Mexico
01-2877	Berries Rasp ORGANIC 12/6oz	California/Mexico
01-1012	Berries Straw ORGANIC 8/1# Case	California/Mexico
335435	Broccoli ORGANIC 14ct	California
01-4417	Broccolini 18ct ORGANIC	California
MWF-7560	Cabbage Green ORGANIC 45#	California
MWF-8520	Cabbage Red ORGANIC 45# Case	California
01-12130	Carrot Baby Peeled Rainbow 12-12oz ORGANIC	California
4634153	Carrot Rainbow Large ORGANIC 25#	California
MWF-7556	Chard Rainbow ORGANIC 24ct Case	California
01-11573	Grapes Red Seedless Case ORGANIC	Various
01-12249	Kale Baby ORGANIC 2# Clamshell	California
01-11460	Lettuce Mesclun (Spring Mix) 2# ORGANIC Clamshell	California
163800	Lettuce Romaine Hearts 12/3ct ORGANIC	California
MWF-7561	Lettuce Romaine Hearts 48ct ORGANIC Case	California
MWF-1713	Lettuce Spring Mix ORGANIC 8-5oz Case LILY'S ORGANIC	California
01-11735	Spinach Baby 2# Foodservice	California



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LOCAL ITEMS

Item Number	Description	Farm	Region
156400P	Beet Jumbo Gold Sack 25#	Rice Lake	Michigan
176100P	Beet Jumbo Striped Sack 25#	Superior	Michigan
156500P	Beets Red 25#	Rice Lake	Michigan
157700P	Cabbage Green 45-50# AVG.	Superior	Michigan
01-11352	Cabbage Red 45#	Superior	Michigan
MWF-7945	Carrot Nante Bunch w/Tops 12ct	CUFS	Illinois
01-1310	Gourds Assorted 1/2 Bushel	Superior	Michigan
MWF-7887	Greens Collard 12ct	CUFS	Illinois
MWF-8040	Kale Green 24ct LOCAL	CUFS	Illinois
MWF-8039	Kale Lacinato 24ct	CUFS	Illinois
MWF-8004	Lettuce Mesclun Mix 6#	CUFS	Illinois
MWF-8242	Mushroom Lion's Mane 5#	Sunny Oaks	Illinois
165400	Mushroom Oyster 5#	Sunny Oaks	Illinois
165800	Mushroom Shitake "A" MED 5#	Sunny Oaks	Illinois
180000P	Parsnip Loose 20#	Superior	Michigan
172600P	Pumpkin Pie Case Fresh (10-12ct approximate)	Superior	Michigan
MWF-7822	Spinach 6#	CUFS	Illinois
7807184	Sprouts Bean 5#	Phoenix Bean	Illinois
171300P	Squash Acorn Green Bushel (32-36# avg)	Superior	Michigan
172100p	Squash Butternut Case 32-36# avg	Superior	Michigan
01-11741	Squash Carnival 40#	Superior	Michigan
6-2382	Squash Delicata 30#	Superior	Michigan
73852	Squash Kabocha 32-36# avg	Superior	Michigan
3465753764	Squash Red Kuri (N-BRK) 40#	Superior	Michigan
172900P	Squash Spaghetti Bushel 32-36# avg	Superior	Michigan
01-11753	Squash Sweet Dumpling 40#	Superior	Michigan