



**MIDWEST
FOODS**

Weekly Updates

August 12th, 2022

All items are subject to availability.

FEATURED NEW & RETAIL READY

Description		Item Number
Pepper Anaheim Green 10#	FEATURED LOCAL	167501P
Pepper Banana 10#	FEATURED LOCAL	167500
Pepper Serrano 5#	FEATURED LOCAL	01-4583
Plum Green/Yellow Flesh October Sun	FEATURED ITEM	01-11721
Plum Prune Italian 28#	FEATURED ITEM	01-11640
Squash Yellow 1/2 bushel 20-22#	FEATURED LOCAL	153400P
Squash Zucchini 1/2 bushel 20-22#	FEATURED LOCAL	179400P
Watermelon Red Seedless 4/5ct	FEATURED LOCAL	7798433P
Watermelon Yellow 4/5ct	FEATURED LOCAL	133700

GRAB-N-GO



**MIDWEST
Kitchens**

We have individually wrapped, pre-packaged grab-and-go items available!

Contact Customer Service at 773.927.8870 or email orders@midwestfoods.com to order.

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HOW TO REACH US

Contact your Business Development Associate or In-House Sales Assistant directly or
Contact Customer Service



773.927.8870



orders@midwestfoods.com

MARKET REPORT

Apples As Washington is nearing the end of the current crop on several varieties, galas and golds are done and Fuji's and pinks are in short supply. California galas are the only crop currently until the new gala crop that will start in 10 days.

Asparagus The market is steady and supplies continue to be on the lighter side on both coasts. It will continue throughout the week.

Avocados The market has reached the bottom. Flora crop is in full production with supplies peaking. Overall, good quality and the market is steady.

Bell Peppers The colored bell pepper supply is still short and prices have been steady at elevated levels. Prices are reasonably steady on green bell peppers due to moderate demand. There has been some rain in the Eastcoast regions, but the overall quality is good. Westcoast supplies are steady out of California.

Berries (Blackberries) Blackberries continue to be light for most shippers and quality is good with large-sized berries prevalent out of the central coast California areas. Expect a slight increase in production as temperatures heat up moving into the weekend.

Berries (Blueberries) With several areas producing blueberries, there is a good supply of promotable fruit in all districts including the Pacific Northwest, California, Michigan, and New Jersey.

Berries (Raspberries) Shippers are reporting good numbers on raspberries and it is predicted to move into late August and into September.

Berries (Strawberries) Very little open market. Strawberries are available with shippers concentrating on contract coverage and previous commitments. Supplies will remain limited until the fall crop begins. Santa Maria begins in early September, the new crop in Oxnard begins in October, and in central Mexico will begin in mid to late October weather permitting.

Broccoli Salinas and Santa Maria supplies are plentiful. Expect the market to be steady.

Brussels Sprouts Supplies continue to improve. Expect better quality and market to be steady going into the weekend.

Carrots Supplies are plentiful with Bakersfield's growing region underway. The demand for carrot snack packs is increasing as schools start back up.

Cauliflower Salinas and Santa Maria supplies continue to be good. However, Mexico continues to experience pest pressures due to the heat and humidity causing lower yields. Expect market to stay steady going into the weekend.

Celery The market is steady, although schools have started up and demand is moderate at best. The overall quality continues to be above average. Expect steady supplies in Salinas and Southern California for the week.

Citrus (Lemons) Central Valley is finished and Oxnard/Ventura County is now the main growing region. A gap is expected between growing regions. Harvesting will end early-June and new crop production will start in early November. Expect good quality and supplies steady.

Citrus (Limes) Rain in Veracruz has tightened supplies and prices went up on Friday. Shippers are picking aggressively between rain breaks, but if they can't get fruit out for the end of the week, we will see higher prices. Expect prices to remain elevated.

Citrus (Oranges) Supplies of all sizes are extremely tight throughout the season. Expect good quality and pricing to be steady.

Cucumbers Overall supplies are good on both coasts, more so out west with product coming from Santa Maria and strong supplies from Baja.

Eggplant Supplies are moderate on both coasts and the market is steady. The heat out west is contributing to adequate supply. On the East coast, eggplant is transitioning to northern areas.

MARKET REPORT

Garlic The garlic supply remains tight and China's imports will help offset it in a minor way. In the next few weeks, the new California crop for 2022 will begin. Overall, the quality is good and the price is higher.

Grapes (Green) Excellent quality and good volume on green grapes. The market is steady.

Grapes (Red) The market is steady with excellent quality and a good volume of red grapes. Flames are finishing as Krissy's and Scarlets start to come into production.

Green Onions Green Onion supplies continue to get slightly limited with the incremental weather in Mexico. Look for this market to be up slightly going into next week.

Kale Steady supplies are keeping this market level. Look for this market to continue to stay steady going into the weekend.

Lettuce (Iceberg) The market is active in the marketplace. A soil-borne fungus, Fusarium, is creating problems for growers which is an industry-wide issue. Yields are down and the shelf life has been shortened on carton products as well as value-added items. Warm temperatures in the growing regions are causing internal burns, seeder, mildew on outer leaves, and discoloration. Overall, suppliers are working through the fields with the goal to pack the best quality possible.

Lettuce Leaf Demand is stronger for romaine and all leaf items. Common defects that are being reported are caused by high temperatures in growing regions. Overall, the supply of romaine and all leaf items will be moderate at best for the rest of the week.

Lettuce Tender Leaf Supply is good with fair quality with size and texture. Expect the market to continue to stay steady on all items except for cilantro going into the weekend.

Melons (Cantaloupe) The market is steady and supply is good.

Melons (Honeydew) Demand is good, light supplies, and pricing is steady.

Melons (Watermelon) Supplies throughout the nation are light. Mexico is off to a slow start as southeastern states continue having weather issues. California has some available supplies.

Mushrooms Pricing and availability remain steady.

Onions Idaho and Washington are ramping up production. California and New Mexico seasons are ending.

Pears Good supplies and excellent quality on California bartletts. Washington will start harvest in a week to 10 days.

Pineapples Due to the storm season in the tropics, there is a light volume of pineapples.

Potatoes Demand exceeds supply. Most suppliers are in "Act of God" situation. Limited new crop, Idaho and Washington available.

Squash Eastcoast supplies are ample. Rain will slow production a bit, but availability in a number of regions will keep prices fairly steady. Santa Maria is on the lighter side, but they will be in new fields next week. Good supplies out of Baja.

Stone Fruit Good quality and availability on California stone fruit.

Tomatoes Rain in Tennessee and North Carolina has lightened up round tomato supply, rain is affecting sizing and quality. Western supply is steady out of California with strong supplies in Baja and Eastern Mexico on romas and grapes.

The Source August 10, 2022

WEATHER FORECAST

California Clouds will move into the Santa Clara and Salinas valleys, but temperatures will remain mostly sunny with highs in the 70s and 80s. Coastal fields will see overnight and morning fog, before the marine layer lifts above 1000 feet throughout the day, allowing daytime highs to reach the upper 60s and 70s.

Mexico There will be isolated showers through Friday. There should be less than 0.10" of rainfall when showers do occur. There is a possibility of higher totals where t-storms develop. During the weekend, shower activity will become more isolated and scattered. Rain totals for this period are expected to range from 0.10" to 0.35", but 1" to 2" is possible within some t-storms.

Florida The Gulf of Mexico continues to produce scattered showers and thunderstorms, mostly north of I-4, Wednesday-Thursday afternoons. This weekend, a weak front will move in from the north, bringing rain chances to all of the forecast area, but cooling high temperatures by several degrees. Expect highs in the low-mid 90s from Wednesday to Friday, then upper 80s to low 90s on Saturday and Sunday. The morning lows will remain in the 70s throughout the period.

Arizona As a result of monsoon moisture and an inverted system passing through, scattered thunderstorms are possible through the weekend. Thursday through Saturday morning have the best chance of rain and thunderstorms. There will be rainfall amounts ranging from 0.25" to 0.50". Stronger storms will produce heavier rainfall amounts (1.50"-2.00"+) and flash flooding.

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