



**MIDWEST**  
FOODS

# Weekly Specials

August 2nd, 2022

## FEATURED ITEMS

Item Number	Description	Region
155400P	Beans Green 25#	Michigan
01-12074	Corn Bi Color 48ct LOCAL Garwood, IN	Indiana
01-4579	Pepper Jalapeno 5#	Indiana
01-11721	Plum Green/Yellow Flesh "October Sun"	California
01-11640	Plum Prune Italian 28#	California
153400P	Squash Yellow 1/2 bushel 20-22#	Michigan/Wisconsin
179400P	Squash Zucchini 1/2 bushel 20-22#	Michigan/Wisconsin
01-4631	Tomatillos 5#	Indiana

## ORGANIC PRODUCE

Item Number	Description	Farm	Region
MWF-1040	Apples Fuji 100ct	Various	Various
MWF-1856	Apples Gala 88ct Case	Stemilt	Washington
01-11955	Apples Honeycrisp 88ct	Stemilt	Washington
45323133	Arugula Baby 2# Foodservice	Salad Farm	California
01-3812	Berries Black 12/6oz	Driscoll	California
01-1012	Berries Straw 8/1#	Driscoll	California
4634153	Carrot Rainbow 25#	Grimmway	California
MWF-1278	Cauliflower Cello 9-12ct	Various	California
01-1435	Celery 30ct	Various	California
01-11184	Cilantro 30ct	Various	California
01-11312	Cucumber Seedless 12ct	Lakeside	Mexico
01-12249	Kale Baby 2# Foodservice	Salad Farm	California
01-2882	Kale Green 24ct	Family Farm Fresh	Indiana
01-11460	Lettuce Mesclun (Spring Mix) 2#	Salad Farm	California
163800	Lettuce Romaine Hearts 12/3ct	Andy Boy	California
MWF-1713	Lettuce Spring Mix 8-5oz Clamshell	Salad Farm	California
01-11137	Melon Honeydew 5ct	Organic Treat	California
01-11735	Spinach Baby 2# Foodservice	Salad Farm	California
01-3886	Spinach Baby 8-5oz	Salad Farm	California
01-11834	Tomato Red Grape 12-1pt Case	Lakeside	Mexico



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## LOCAL FRESH OFF THE FARM

Item Number	Description	Farm	Region
176100P	Beet Jumbo Striped Sack 25#	Superior/ Van Solkema	Michigan
156500P	Beets Red 25#	Superior/ Van Solkema	Michigan
01-11352	Berries Blue 12-1pt	Berry Delicious Farm	Michigan
159700P	Celery Root 25#	Van Solkema	Michigan
365582DG	Cider Apple Fresh Sq 4/1gallon	River Ridge	Michigan
01-12241	Cucumber Basket 24ct	Garwood/Parrfection	IN/WI
149700	Eggplant 24ct	Garwood	Indiana
MWF-7887	Greens Collard 12ct	One Family Farm	Illinois
MWF-7873	Kale Green Curly 12ct	Chicago Urban Farm Solutions	Illinois
MWF-7887	Kale Lacinato 12ct	Chicago Urban Farm Solutions	Illinois
MWF-7758	Lettuce Mesclun (Spring Mix) 2/3#	Hundred Acre	Wisconsin
01-1274	Micro Greens Arugula 8oz	Garfield Produce	Illinois
01-12146	Micro Greens Cilantro 8oz	Garfield Produce	Illinois
154501	Micro Greens Rainbow Mix 8oz	Garfield Produce	Illinois
MWF-7778	Onion Scallions Green 24ct	Chicago Urban Farm Solutions	Illinois
180000P	Parsnips 20#	Superior/ Van Solkema	Michigan
148440P	Pepper Jalapeno 40#	Garwood	Indiana
01-2216	Radish Cello 14-1#	Superior/ Van Solkema	Michigan
01-11885	Rutabaga 25#	Superior	Michigan
7807184	Sprouts Bean 5#	Phoenix Bean	Illinois
173300P	Tomatillos 40#	Garwood	Indiana
MWF-1306	Tomato On the Vine 11#	Mighty Vine	Illinois
179800P	Turnips 25#	Superior/ Van Solkema	Michigan
149100	Wheatgrass Tray (9# Avg. Wt.)	Indoor Garden	Illinois