

# Weekly Updates

October 8th, 2021

*All items are subject to availability.*

## FEATURED NEW & RETAIL READY

Description		Item Number
Apples Sweetie (Braeburn & Gala Cross) 45ct Case	<b>FEATURED ITEM</b>	01-11763
Berries Cran 12oz EACH LOCAL Wetherby Cranberry	<b>FEATURED LOCAL</b>	01-2802
Berries Cran 24-12oz Case LOCAL Wetherby Cranberry	<b>FEATURED LOCAL</b>	181902
Cider Apple Fresh Sq 4/1gallon Garwood, IN	<b>FEATURED LOCAL</b>	365582DG
Grapes Candy Dreams (Kissy Pop) 19# Case	<b>FEATURED ITEM</b>	MWF-1026
Pomegranate 30ct 2 Layer	<b>FEATURED ITEM</b>	MWF-1067
Pumpkin Large Carving EACH	<b>FEATURED LOCAL</b>	01-1477
Pumpkin Medium Carving EACH	<b>FEATURED LOCAL</b>	01-1668
Pumpkin Pie 30# Case Fresh LOCAL	<b>FEATURED LOCAL</b>	172600P
Squash Acorn Green Bushel 32-36# LOCAL	<b>FEATURED LOCAL</b>	171300P
Squash Acorn Green Bushel 32-36# LOCAL	<b>FEATURED LOCAL</b>	171300P
Squash Butternut Case 32-36# avg LOCAL	<b>FEATURED LOCAL</b>	172100P
Squash Delicata 30# Case LOCAL	<b>FEATURED LOCAL</b>	6-2382
Squash Hubbard BLUE 32-36# Case LOCAL	<b>FEATURED LOCAL</b>	MWF-7542
Squash Spaghetti Bushel (32-36# avg) LOCAL	<b>FEATURED LOCAL</b>	172900
Squash Sweet Dumpling 40# LOCAL	<b>FEATURED LOCAL</b>	01-11753



## MARKET ALERT

All Broccoli items will be extremely limited and we are now experiencing significant pro-rating from all growers. Prices will increase and we may experience gaps over the next couple of months.

## GRAB-N-GO



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*Kitchens*

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## HOW TO REACH US

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773.927.8870



orders@midwestfoods.com

### MARKET REPORT

**Apples** Market mostly steady with most varieties in new crop. Except for Pink Lady's which should be along in about 2 weeks.

**Asparagus** Asparagus supplies continue to be extremely tight. Wet weather and transition is causing Mexican grass to be limited. Peruvian grass is logistically a struggle to get to Florida. Look for the market to stay strong going into next week.

**Avocados** Markets on large sized fruit remain on the strong side with good demand. Supplies on smaller sized fruit is starting to tighten up with markets firming up. Seeing better supplies on 48's & 60's. California crop is done for the season, and Peru has about another week left. Mexican growers are slowly transitioning into new crop.

**Bell Peppers** Markets are steady with good supplies. Baja crossings have begun in a light way out of San Diego. Bells are expected to start their transition south to Coachella over the next several weeks. Georgia pepper will be in crown picks over the next week; supplies should gradually increase heading into October. Until then Eastern markets remain firm. Quality is good.

**Berries (Blackberries)** Market is steady with lower tones as more product begins to arrive from Mexico.

**Berries (Blueberries)** The beginning of the Mexican deal has begun in a light way while Peruvian Imports are still struggling with port of entry labor issues.

**Berries (Raspberries)** Markets are steady as we see more Mexican fruit begin to reach the USA.

**Berries (Strawberries)** Strawberries are beginning to build numbers in the Santa Maria and Oxnard areas while Salinas and Watsonville continue to drop.

**Broccoli** Demand exceeds supplies continue on all Broccoli and Floret packs. The recent warm weather has brought fields forward and fields have been lost due to quality issues such as pin rot, brown bead and cat eye. Look for this market to continue to stay strong through next week.

**Brussels Sprouts** Supplies and quality continue to get better. Look for the market to continue to correct downward as more supplies come through the pipeline.

**Carrots** Quality is good on all bulk and value-added product. Demand continues to be very strong for school/DOD business. Value-added packs are on weekly allocations. We strongly advise putting orders in early. Markets remain steady. We do have options out of Texas as well on jumbos.

**Cauliflower** Cauliflower supplies continue to be limited due to the recent heat and minor discoloration. Expect this market to follow Broccoli going into next week.

**Celery** Salinas production is light and southern California production has tightened up considerably compared to past weeks. The quality continues to be above average with slight pith and seeder being reported but minimal. Expect this market to be stronger next week as we wind down the Salinas season.

**Citrus (Lemons)** Domestic supplies continue to be very light with markets holding firm on both Fancy and Choice grade fruit. We're seeing steady import supplies out of the east & west coast, all depending release times at the port. Supplies out of Mexico are starting up as well and have options to load out of Texas. Desert crop to start around the last week of September.

**Citrus (Limes)** Supplies are steady and quality is looking good. We have availability out of Texas, and also have cross dock options out west and east coast.

**Citrus (Oranges)** Small sizes on 113's & 138's remain very limited on both grades. Moving forward we can expect small sizes to remain very tight until we transition to Navels early November. Sizes are peaking on 72's and larger. Quality of the fruit is looking tired, the heat, lack of water, and gas times are taking a toll on the fruit. Keep inventories tighter for better shelf life.

**Cucumbers** Market remains fairly steady with a slight undertone. Nogales will begin in a light way mid October. Georgia cucumber availability is light to start out but light demand keeping prices steady. Overall quality is good.

**Eggplant** Markets are steady with supplies slowly increasing on both coasts. Coachella will start in a light way next week with Georgia increasing as well.

**Garlic** California supplies remain tight. Imports from China will help offset in a minor way. Pricing is higher and quality is good.

**Grapes (Green)** Still lots of good quality grapes at reasonable prices. Expect it to remain this way for the next couple of weeks.

### MARKET REPORT

**Grapes (Red)** Still lots of good quality grapes at reasonable prices. Expect it to remain this way for the next couple of weeks.

**Green Onions** Green Onion supplies continue to improve. Look for this market to continue to adjust lower as we move into next week.

**Kale** Steady supplies are keeping this market level. Watch this market closely with the upcoming heatwave.

**Lettuce (Iceberg)** Demand has picked up and supplies are moderate to light. Shippers are not flexing like in past weeks. The market is definitely stronger. Puffiness and light weights has been reported as well as insect insect pressure. Expect moderate supplies at best with some shippers while others are struggling to meet contract obligations. This is the outlook for the week.

**Lettuce Leaf** Romaine and romaine hearts are very active in the marketplace. Green and red leaf as well as butter has been slightly more active as well. The quality has been fair with tip and fringe burn as well as insect damage being reported. Expect supplies to get tighter on a daily basis. Salinas and Santa Maria are the main growing regions at this time for all leaf items. Yuma will start in November.

**Lettuce Tender Leaf** Plenty of tender leaf items is keeping this market steady. Look for this market to stay steady going into next week.

**Melons (Cantaloupe)** Markets are slightly higher with moderate demand. A bit lighter supplies this time of year as the summer season out of the San Joaquin Valley wraps up. New crop melons out of the Arizona desert will start in a light way next week and get into better volume by middle of October.

**Melons (Honeydew)** Supplies remain extremely limited and prices remain high. Quality is ok with bigger sizing a challenge. Crop will transition south over the next few weeks. Markets will remain fairly steady on the high side until production increases from new growing regions.

**Melons (Watermelon)** Markets are slightly higher with good demand. Cooler temperatures and end of the season resulting in a bit shorter supplies. Quality is good. Mexican watermelons will begin in a light way next week and vol-ume will increase as they get into mid to late October.

**Onions** Market continues to remain strong on Jumbos, Colossals, and Supers. Harvest is more than halfway complete. We'll have a good idea on the outlook of this crop soon.

**Pears** Bartletts, Anjou, Bosc, and Red pears are all in production in Washington now. Markets steady at seasonal levels.

**Pineapples** Supplies are steady and markets are stable. Quality is good on whole and crownless fruit. Organic product is tight on both coasts.

**Potatoes** 40 - 70 CT are more available while 90 - 120 and bales remain strong. Burbanks have begun harvest. Most shippers are waiting for them to undergo the sweat before they will be on the market - early October.

**Squash** Squash supplies are increasing out of Georgia. Mexico has begun crossing supplies thru Nogales. Supplies out of Santa Maria are a bit lighter; with yellow a bit more snug. Availability from multiple growing areas causing lower markets.

**Stone Fruit** Yellow nectarines are done for the season. White nectarines will finish this week. Peaches will go for 2-3 more weeks. Plums will be available thru Thanksgiving.

**Tomatoes** Round supplies continue to be light out of the east coast. Production will transition south to Florida in October with Quincy bridging the gap. Quincy however reports less acreage this year. Expect tight supplies until late October once Central Florida ramps up. Out west supplies remain steady for the week with good quality; sizing is trend-ing on the smaller side. California will continue for another 4 weeks or so. Roma supplies remain light this week and should be the case for the balance of the season at steady supplies. Expect better supplies mid-October. Grape tomatoes are also limited. Central Florida will begin next week while Baja continues with light supplies this week.

The Source September 29, 2021

### WEATHER FORECAST

**California** Strong high pressure sets up tonight turning winds offshore and allowing daytime highs to climb slightly above average. The high pressure is expected to weaken early next week as an upper low develops offshore.

**Mexico** Scattered showers and thunderstorms are likely to develop through the day on Saturday. Precipitation totals should range from 0.10" to 0.35" in most showers but 1" to 3" is possible within thunderstorms during this period.

**Florida** The Bermuda High rests strongly over the western Atlantic, with east to northeasterly winds through the week. Sunny days, clear nights, with light daytime winds of 5 to 10 mph, with a gusty Thursday afternoon for south Florida, with winds up to 20 mph.

**Arizona** Chance for rain and thunderstorms today through Thursday due to a passing upper level low. Best chance for rain is tonight through tomorrow morning with rainfall amounts of 0.20" possible.

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