



**MIDWEST
FOODS**

Weekly Updates

July 30th, 2021

All items are subject to availability.

FEATURED NEW & RETAIL READY

Description		Item Number
Beans Green 25# Case LOCAL Michigan	FEATURED LOCAL	155400P
Corn Bi Color 48ct LOCAL IN/MI	FEATURED LOCAL	01-12074
Eggplant 24ct - Garwood IN	FEATURED LOCAL	149700P
Nectarine White 54/56ct Case	FEATURED ITEM	01-10341
Nectarine Yellow 56ct Case	FEATURED ITEM	01-11547
Peach White 54-56ct	FEATURED ITEM	01-11553
Peach Yellow 56ct Tray Pack Case	FEATURED ITEM	01-10664
Pepper Jalapeno 10# - Garwood IN	FEATURED LOCAL	PA2205
Pepper Jalapeno 5# - Garwood IN	FEATURED LOCAL	01-4579
Tomatillos 40# - Garwood IN	FEATURED LOCAL	173300P
Tomato Cherry Red 12-1pt LOCAL Windy City Harvest	FEATURED LOCAL	6-2405
Tomato Cherry Sungold 12-1pt LOCAL Windy City Harvest	FEATURED LOCAL	6-2408
Tomato Heirloom Large Asst 10# - Scheeringa IN	FEATURED LOCAL	174600

GRAB-N-GO



**MIDWEST
Kitchens**

We have individually wrapped, pre-packaged grab-and-go items available!

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HOW TO REACH US

Contact your Business Development Associate or In-House Sales Assistant directly or
Contact Customer Service



773.927.8870



orders@midwestfoods.com

MARKET REPORT

Apples Market slightly higher as we near the end of the old crop. New Crop Galas should start in a little over two weeks.

Asparagus Good supplies from Peru and Mexico are keeping the market steady. Look for quality and the market to stay steady going into next week.

Avocados Markets are holding steady with good demand. Very light supplies on #2 grade fruit. New crop has hit the pipeline and hearing reports of fruit checkerboarding. Size structure on new crop peaking on 60s and smaller. New crop fruit will require additional ripening time. Virtually, fruit will appear bright green externally. A firm squeeze is the best way to gage ripeness.

Bell Peppers Volume picking up out of all growing regions, especially in the east. Quality is good. Pepper ramping up out of Michigan and Ohio with several other local regional deals.

Berries (Blackberries) Product is in short supply due to cooler weather and fair demand.

Berries (Blueberries) Multiple growing areas continue to produce adequate numbers to keep the markets flat.

Berries (Raspberries) The upcoming warming trend should help strengthen yields for the weekend.

Berries (Strawberries) The market is firm with higher undertones for the weekend as lower yields adjust to stronger demand.

Broccoli Better demand is keeping this market at a higher level. Supplies are steady and quality is good coming out of the Salinas Valley, Santa Maria, and Mexico.

Brussels Sprouts Local supplies in the Salinas area are still extremely tight. Look for this market to be in demand exceeds supply through next week. Quality is fair.

Carrots Quality is good on all bulk and value-added product. Markets remain steady. We do have options out of Texas as well.

Cauliflower Supplies are steady coming out of Salinas, Santa Maria, and Mexico and quality are fair with occasional discoloration. Look for this market to stay steady going into the weekend.

Celery Southern California continues to have strong production with this commodity. Salinas will continue to harvest as well. In essence, supplies look to be good throughout the week. Some shippers continue to flex so promote as much as possible. Large sizing continues to have the best availability.

Citrus (Lemons) Supplies out of Ventura County continue to limit domestic supplies. Pricing is higher on both Fancy and Choice grade fruit. We're seeing better supplies on imports out of the east coast with good quality. Imports out West are looking to arrive at the end of the month.

Citrus (Limes) Supplies and markets have remained steady in all sizes. The rain in Mexico could halter crossings due to lighter yields and shrinkage. We have availability out of Texas, and also have cross dock options out west and east coast.

Citrus (Oranges) We are in full swing on Valencia's, supplies are looking steady on 88's and larger, small sizes remain light. Quality is good and prices are stable.

Cucumbers Steady supplies and good quality out of all growing regions.

Eggplant Overall good supplies. NC is still going with eggplant while MI is about two weeks away. Quality is good.

Garlic California supplies remain very tight. Imports from Mexico and Argentina will offset in a minor way. Pricing is higher and quality is good.

Grapes (Green) Quality and volume improving. Prices easing off due to moderate demand.

Grapes (Red) Good demand on reds. Market is going steady.

MARKET REPORT

Green Onions Good supplies coming out of Mexico. Look for this market to stay steady.

Kale Steady supplies are keeping this market level. Watch this market closely with the upcoming heatwave.

Lettuce (Iceberg) This market is stronger with all suppliers. Soil disease like sclerotinia continues to have growers losing yields. Tip and fringe burn are also being reported. Supplies will tighten up throughout this week. Demand will rise with the opening of schools in early August. This market looks to be active in the upcoming weeks.

Lettuce Leaf Romaine as well as green and red leaf is active in the marketplace. Lower yields due to fringe and tip burn will cause less availability of the product. Demand will be up as well as increased business is inevitable with schools opening across the country. Currently, shippers continue to flex on romaine hearts so promote as much as possible.

Lettuce Tender Leaf Heat wave the last couple of weeks has caused quality issues and lower yields on Cilantro. The market is up and supplies are extremely tight. Watch for this market to stay high the next couple of weeks.

Melons (Cantaloupe) To start the week, markets are slightly higher with good demand. Size structure peaking on 9/9s. Smaller-sized fruit is light, mostly pallet volume. Quality is great and sugars as well. With schools starting up and strong retail ads in play, markets may strengthen.

Melons (Honeydew) Honeydew markets are steady with good demand. Quality has been great. Clean external cast with brix sugars trending at 10% or better. Peaking on 5/5s and very light on 6s and 8s.

Melons (Watermelon) Watermelon markets are steady with good demand. Supplies are plentiful for both east and west coast. Quality on regular and mini seedless has been great.

Onions Markets are steady out of both California and New Mexico. White onions remain elevated out of both regions. New crop Northwest onions are expected at the end of August.

Pears California pears in full production. Good supplies and a wide range of sizes.

Pineapples Supplies are tight up and will continue through early August. This is typical of this crop's early summer growing cycle. Quality is good and pricing is steady on whole and crownless fruit.

Potatoes Several small packers have ended their seasons early causing an increase in demand of limited available stocks of storage crops. New crop norkotahs are expected to be harvest the week of August 16th.

Squash Recent rain out east caused prices to rise. West coast squash is up due to lighter volumes. Expect higher prices as volume gradually picks up over the next few weeks on both coasts. Quality is good.

Stone Fruit Good supply and quality in all varieties. Market steady.

Tomatoes California continues to struggle with hot weather as another round of warm temps will hit growing regions this week. East coast volume is light but will pick up slowly over the next 2-3 weeks. Quality is good. Expect fairly steady markets.

The Source July 28, 2021

WEATHER FORECAST

California A week ridge of high pressure from the east produces dry conditions with near to above normal temps, peaking on Friday, cooling slightly into the weekend.

Mexico Isolated showers and thunderstorms are likely through the weekend. Temps are likely to continue to be near to slightly below normal this weekend.

Florida Onshore flow from both coasts collides inland, bringing numerous rain showers. Expect partly cloudy skies for Friday and Saturday, with a precipitation probability of less than 30%.

Arizona Brief warming and drying early to the mid-week before moisture and chance for storms return late week due to an increase in moisture associated with an inverted trof.

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