



# MIDWEST FOODS

*Locally Owned | Family Owned | Woman Owned*

*1st Quarter 2025*



*Many factors may impact availability on items including supply chain issues, weather, etc. For that reason, we cannot guarantee availability on any items. We appreciate your understanding.*



3100 W. 36<sup>th</sup> St. Chicago, IL 60632 | 773-927-8870 | [www.midwestfoods.com](http://www.midwestfoods.com)



# *Table of Contents*

<i>Fruit</i> .....	3
<i>Vegetables</i> .....	8
<i>Herbs</i> .....	20
<i>Microgreens, Flowers &amp; Leaves</i> .....	23
<i>Edible Cuts</i> .....	28
<i>Dairy</i> .....	33
<i>Dry Goods</i> .....	38
<i>Refrigerated</i> .....	49
<i>Frozen</i> .....	52
<i>Proteins</i> .....	57
<i>Appetizers</i> .....	59
<i>Juice</i> .....	62
<i>Candy</i> .....	65
<i>Fresh Midwest Grab N Go</i> .....	67





# Fruit



Dragon Fruit Red/White 10 LB | #3453452



Apples Fuji 100 CT | #MWF-1040



Blood Oranges 20 LBS | #16100



Raspberries 6 OZ | #01-2734

898000	Apples Baby Gala 5#	5#
890800	Apples Baby Granny Smith 5#	5#
8907834	Apples Braeburn 88ct **SPECIAL ORDER**	88ct
MWF-1040	Apples Fuji 100ct ORGANIC **SPECIAL ORDER**	100ct
1060	Apples Fuji 12ct BREAK	5#
772344	Apples Fuji 88ct	88ct
01-1138	Apples Gala 113ct LOCAL	113ct
01-11560	Apples Gala 12ct BREAK	5#
01-11709	Apples Gala 138ct LOCAL	138ct
MWF-1856	Apples Gala 88ct ORGANIC **SPECIAL ORDER**	100ct
01-11739	Apples Gala 88ct LOCAL	88ct
01-11118	Apples Golden 138ct LOCAL	138ct
879500	Apples Golden 88ct LOCAL	88ct
PA2210	Apples Granny Smith 12ct BREAK	12ct
01-1247	Apples Granny Smith 138ct	138ct
01-1494	Apples Granny Smith ORGANIC 88ct **SPECIAL ORDER**	88ct
859362	Apples Granny Smith WA XF 113ct	113ct
888501	Apples Granny Smith WA XF 125ct	125ct
886300	Apples Granny Smith WA XF 88ct	88ct
656456	Apples Honeycrisp 113ct **SPECIAL ORDER**	100ct
01-11390	Apples Honeycrisp 88ct	88ct
895400	Apples Red 113ct	113ct
896500	Apples Red 125ct LOCAL	125ct
906900	Apples Red 138ct LOCAL	138ct
893200	Apples Red 88ct	88ct
PA2001	Apples Red Del 12ct BREAK	12ct
01-10319	Apples Red Varieties LOCAL 163ct	163ct
MWF-3179	Apples Sugar Bee 88ct	88ct
MWF-1318	Avocado Hass 48ct ORGANIC **SPECIAL ORDER**	48ct
MWF-1810	Avocado Hass 70ct	70ct
01-1809	Avocados Hass 24ct	24ct
PA1140FC	AVOCADOS HASS 48 #1	11#
MWF-1765	AVOCADOS HASS 48 #2	48ct
01-1808	Avocados Hass 48ct	48ct
112589	Banana Baby 15# **SPECIAL ORDER**	15#
125858	Banana ORGANIC 40#	40#
01-4435	Banana PETITE 150ct	150ct
125895P	Banana Plantain GREEN 40#	40#
MWF-2580	Banana Plantain GREEN 5# Box	5#
12589858P	Banana Plantain RIPE 40#	40#
01-2730	Banana Plantain RIPE 5# Box	5#
7987943	Banana STAGE 1 (GREEN) 10#	10#
156501	Banana STAGE 1 Green 40#	40#
125895	Banana STAGE 3 Turned-Slight 40#	40#
567891	Banana STAGE 4 Turn 40#	40#



MWF-2417	Banana STAGE 4 Turn 10#	10#
01-4257	Banana STAGE 5 (Green Tip) 10#	10#
1565658	Banana STAGE 5 Yellow W/Grn Tips 40#	40#
01-10692	BANANAS OVER RIPE (BROWN/BLACK) NO CHARGE 10# **SUBJECT TO AVAILABILITY**	10#
PA2010	BANANAS, 5# STAGE 5	5#
PA1155FC	BANANAS, STAGE 5 (GREEN TIP) 40#	40#
01-2729	Berries Black 6oz Each	1ct
148556	Berries Black DRISCOLL 12/6oz	6oz
01-3812	Berries Black ORGANIC 12/6oz	.5pt
912000P	Berries Black Packer 12/6oz	6oz
01-1539	Berries Blue 12/6oz	6oz
01-2801	Berries Blue 6oz Each	.5pt
01-1436	Berries Blue ORGANIC 12/6oz	.5pt
01-10228	Berries Goose (NO CAPE) 12-6oz	6oz
925500	Berries Goose Cape 12/3.5oz	3.5oz
01-1414	Berries Mixed (Blk,Blu,Rasp) 12/6oz	6oz
01-11927	Berries Rasp 12/6oz Packer	6oz
01-2734	Berries Rasp 6oz Each	6oz
01-2877	Berries Rasp ORGANIC 12/6oz	6oz
915300P	Berries Rasp Red DRISCOLL 12/6oz	6oz
01-11273	Berries Straw 8-1# Packer	8-1#
210133P	Berries Straw DRISCOLL 8/1#	8-1#
01-2807	Berries Straw EACH 1# Unit	1#
01-1012	Berries Straw ORGANIC 8/1#	1#
923300	Berries Straw Stem 4-1 LB (14-16 per package)	1ct
033501	Buddha Hands 5ct <b>**SPECIAL ORDER**</b>	5ct
23400	Coconuts 50ct <b>**SPECIAL ORDER**</b>	50ct
1564515	Coconuts Young 9ct	9ct
3453452	Dragon Fruit Red/Outside & White /Inside 10#	10#
MWF-1377	Dragon Fruit YELLOW (8-10ct) 10#	10#
01-3874	Grapefruit 3ct BREAK	3ct
567927	Grapefruit Star Ruby Red 27ct	27ct
567928	Grapefruit Star Ruby Red 56ct	56ct
567911	Grapes Black Seedless 18#	18#
MWF-10658	Grapes Black Seedless 18# ORGANIC <b>**SPECIAL ORDER**</b>	18#
01-12036	Grapes Green Seedless 18-20#	19#
01-2738	Grapes Green Seedless EACH 2#	2#
MWF-1820	Grapes Green Seedless ORGANIC <b>**SPECIAL ORDER**</b>	20#
01-11573	Grapes Red Seedless ORGANIC <b>**SPECIAL ORDER**</b>	19#
01-12035	Grapes Red Seedless 18-20#	19#
01-2739	Grapes RED Seedless 2# EACH	2#
567921	Guava 16# <b>**SPECIAL ORDER**</b>	16#

MWF-7800	Jackfruit (2pc) 35-40# **SPECIAL ORDER**	35#
MWF-10988	Kiwi Fruit 6ct	6ct
567924	Kiwi Fruit Flat 30/33ct	33ct
MWF-4533	Kiwi Red 8-1#	1#
01-10891	Lemon 200ct #1 Fancy	200ct
01-2284	Lemons 12ct BREAK	12ct
011500	Lemons Choice 115ct	115ct
012100	Lemons Choice 140ct	140ct
011800	Lemons Choice 200ct	200ct
011400	Lemons Choice 95ct	95ct
012200	Lemons Fancy 165ct	165ct
01-11688	Lemons Meyer 10#	10#
4354354	Lemons Meyer 18-20#	20#
01-11357	Lemons ORGANIC 115ct **SPECIAL ORDER**	115ct
01-3632	Limes 5# BREAK	5#
PA2242	Limes 54ct 10# BREAK	10#
23423245	Limes Bulk 150ct 40#	40#
MWF-2006	Limes Bulk 200ct 40#	40#
MWF-2005	Limes Bulk 230ct 40#	40#
01-11033	Limes Finger 8oz **SPECIAL ORDER**	.5pt
13100	Limes Key 17-2# bags **SPECIAL ORDER**	2#
01-2531	Mango Ataulfo 10# **SPECIAL ORDER** **SEASON OVER**	10#
13300	Mango Fresh 7-10ct	8-10ct
01-4545	Mango Fresh EACH 1ct	1ct
01-11139	Melon Cantaloupe 9ct ORGANIC **SPECIAL ORDER**	9ct
01-2407	Melon Cantaloupe EACH 1ct	1ct
14600	Melon Cantaloupes 12ct-15ct	12ct
014505	Melon Cantaloupes 9ct	9ct
01-11137	Melon Honeydew 5ct ORGANIC **SPECIAL ORDER**	5ct
01-2743	Melon Honeydew EACH 1ct	1ct
014100	Melon Honeydews 4-5ct	5ct
13900	Melon Honeydews 6ct	6ct
210190	Melon Water Red Personal 6-10ct	5ct
7798433P	Melon Water Red Seedless 4/5ct	5ct
01-4548	Melon Water Red Seedless EACH 1ct	1ct
16100	Oranges Blood Moro 20#	20#
16001	Oranges Cara Cara 20#	20#
01-12250	Oranges Clementine 10/3#	3#
016300	Oranges Clementines 5#	5#
01-11026	Oranges Kumquat 10#	10#
01-2752	Oranges Navel 5# BREAK	5#
017300	Oranges Navel Choice 113ct	113ct
210122	Oranges Navel Choice 138ct	138ct

017800	Oranges Navel Choice 56ct	56ct
017900	Oranges Navel Choice 72ct	72ct
01-11017	Oranges Navel Fancy 113ct	113ct
01-11420	Oranges Navel Fancy 138ct	138ct
017000	Oranges Navel Fancy 56ct	56ct
017100	Oranges Navel Fancy 72ct	72ct
017200	Oranges Navel Fancy 88ct	88ct
18700	Papaya Golden 7-10ct (Hawaiian)	10ct
01-11511	Papaya Green Thai Large 35# **NOT FROM UGANDA**	40#
01-4044	Papaya Green Thai Large EACH 1ct **NOT FROM UGANDA**	1ct
18900	Papaya Mexican 40# **NOT FROM UGANDA**	40#
01-4566	Papaya Mexican EACH 1ct **NOT FROM UGANDA**	1ct
019000	Passion Fruit 4#	4#
021000P	Pear Asian Single 16ct-18ct	16ct
01-11078	Pear Bosc 12ct BREAK	12ct
465651P	Pear Bosc 80-90ct	90ct
01-11896	Pear Comice 30ct	35ct
1910	Pear D'Anjou 12ct BREAK	12ct
01-12150	Pear D'Anjou 135ct	135ct
20700	Pear D'Anjou 90ct	90ct
01-11742	Pear Forelle 65ct 20#	20#
01-11465	Pear Red 45-55ct	45ct
01-12031	Persimmon Fuyu 12/14ct	12-14ct
01-3590	Pineapple CROWNLESS 5size 7/8ct	7/8ct
01-12042	Pineapple CROWN-LESS 8-11ct	10ct
01-11041	Pineapple Golden MD-2 5ct	5ct
021800	Pineapple Golden MD-2 6ct	6ct
01-4586	Pineapple MD-2 Golden EACH 1ct	1ct
01-1407	Pineapple ORGANIC 6ct	6ct
01-12176	Pineapple Quince 24ct	24ct
MWF-1067	Pomegranate 32ct 2 Layer	36ct
MWF-1059	Pomegranate 6-10ct 1 Layer	10ct
01-2835	Pomegranate EACH	1ct
MWF-8888	Starfruit 22-25ct	8#
01-11917	Tejocotes 20# **SPECIAL ORDER**	20#





# Vegetables



Asparagus Standard 11 LBS | #154600  
Asparagus Large 11 LBS | #154500  
Asparagus Jumbo 11 LBS | #154400



Beets Baby Gold Tops On 24 CT | #156100P  
Beets Baby Red Tops On 24 CT | #156200P



Mushrooms Oyster Local BIPOC 5 LB | #165400



Corn Bi Color 48 CT | #01-12074



01-12238	Anise BABY (Fennel) 24ct	24ct
153800	Anise Domestic (Fennel) 24ct	24ct
01-2783	Anise Domestic (Fennel) EACH 1ct	1ct
MWF-1359	Anise Domestic (Fennel) ORGANIC 12ct <b>**SPECIAL ORDER**</b>	12ct
78710	Artichoke 18ct	18ct
154300	Artichoke Baby 20#	20#
130401	Arugula Baby B&W 3#	3#
45323133	Arugula Baby ORGANIC 2# Clamshell	2#
130504	Arugula Baby ORGANIC 4#	4#
130500	Arugula Baby Wild 4#	4#
01-2785	Asian Bok Choy Baby 10#	10#
156800	Asian Bok Choy Baby 30#	30#
01-1814	Asian Bok Choy Each 1ct	1ct
PA1220FC	Asian Bok Choy Wax Box 30#	30#
157200	Asian Broccoli Chinese Gai Lan 30#	30#
MWF-2053	Asian Choy Sum 25# <b>**SPECIAL ORDER**</b>	25#
01-11080	Asian Pea Tendrils (Tips) 10#	10#
073426	Asian Shanghai Tips 30# <b>**SPECIAL ORDER**</b>	30#
023300	Asian U-Choy 30# <b>**SPECIAL ORDER**</b>	30#
154400	Asparagus Jumbo 11#	11#
154500	Asparagus Large 11#	11#
154401	Asparagus Purple 11#	11#
154600	Asparagus Standard 11#	11#
154700	Asparagus Thin (Pencil) 11#	11#
210155	Asparagus White 11#	11#
01-11140	Bean Sprouts 10# BIPOC LOCAL Phoenix Bean Chicago IL	10#
7807184	Bean Sprouts 5# BIPOC LOCAL Phoenix Bean Chicago IL	5#
155601P	Beans Chinese Long 30# <b>**SPECIAL ORDER**</b>	30#
155200P	Beans Fava 25#	25#
155300	Beans French 5#	5#
155400P	Beans Green 25#	25#
01-2793	Beans Green 5# Box BREAK	5#
155900	Beans Sea Fresh 5# <b>**SPECIAL ORDER**</b>	5#
01-2704	Beans Yellow Wax 5#	5#
01-1791	Beet Baby Assorted 24ct	24ct
156100P	Beet Baby Gold Tops On 24ct	24ct
01-2794	Beet Baby Gold Tops On EACH 1ct	1ct
156200P	Beet Baby Red Tops On 24ct	24ct
01-2796	Beet Baby Red Tops On EACH 1ct	1ct
156300P	Beet Baby Striped Tops On 24ct	24ct
156400P	Beet Jumbo Gold Sack 25#	25#
156500P	Beet Jumbo Red Sack 25#	25#

176100P	Beet Jumbo Striped Sack 25#	25#
01-2798	Beet Large Gold Sack 5# BREAK	5#
01-2799	Beet Large Red Sack 5# BREAK	5#
MWF-6209	Broccoflower (Cauliflower Green) 1ct EACH	1ct
156900	Broccoflower 12ct (Cauliflower Green)	12ct
PA1225FC	Broccoli 14ct	14ct
157300	Broccoli Crown 36ct	36ct
01-2808	Broccoli EACH 1ct	1ct
MWF-7550	Broccoli Florets Loose 20#	20#
335435	Broccoli ORGANIC 14ct <b>**SPECIAL ORDER**</b>	14ct
157400P	Broccoli Rapini 20ct	20ct
01-2809	Broccoli Rapini EACH 1ct	1ct
01-4417	Broccolini 18ct ORGANIC <b>**SPECIAL ORDER**</b>	18ct
157502	Broccolini Aspiration 18ct	18ct
3973	Brussel Sprouts 10#	10#
MWF-2513	Brussels Sprout Halves 4-5# Queen Vic	5#
157600P	Brussels Sprouts JUMBO 25#	25#
01-10962	Brussels Sprouts MEDIUM 25#	25#
157700P	Cabbage Green 45-50# AVG.	45#
PA2020	Cabbage Green 5# BREAK	5#
01-1805	Cabbage Napa EACH 1ct	1ct
01-1268	Cabbage Napa Wax Box 30#	30#
157900P	Cabbage Red 45#	45#
PA2033	Cabbage Red 5# BREAK	5#
158000P	Cabbage Savoy 40-50#	40#
MWF-1853	Cabbage Savoy 5#	5#
01-4325	Cabbage WHITE Sack 50#	45#
MWF-1546	Cactus Leaves (Nopales) 5#	5#
01-12239	Carrot Baby Assorted W/Tops 24ct	24ct
158500P	Carrot Baby Orange W/Tops 24ct	1ct
01-2815	Carrot Baby Orange W/Tops EACH 1ct	1ct
01-12130	Carrot Baby Peeled Rainbow 12-12oz ORGANIC	12oz
159300P	Carrot Baby Thumbelina W/Tops (Round) 24ct	24ct
01-3601	Carrot Carroteenies Mini Peeled 200/1.6oz	1.6oz
158800P	Carrot Cello 48-1#	48ct
01-11437	Carrot Jumbo 25#	25#
PA2038	Carrot Jumbo 5# BREAK	5#
158900P	Carrot Jumbo Loose 50#	50#
01-3232	Carrot Mini Peeled EACH 1#	1#
MWF-7945	Carrot Orange Nantes Bunch w/Tops 12ct BIPOC LOCAL Chicago Urban Farm Solutions IL <b>**SPECIAL ORDER**</b>	12ct
159100	Carrot ORGANIC Calif 25# <b>**SPECIAL ORDER**</b>	25#
4796249	Carrot ORGANIC Peeled Baby 30/1# <b>**SPECIAL ORDER**</b>	1#



159200	Carrot Peeled Baby Tri-Color w/Tops 5#	5#
645616	Carrot Peeled Baby W/Tops 5#	5#
159000P	Carrot Peeled Mini 30/1#	1#
4634153	Carrot Rainbow Large ORGANIC 25#	25#
01-3661	CARROTS PEELED 4" PLUGS 25#	25#
PA1322	CARROTS, BABY PEELED 1/5#	5#
PA1325FC	CARROTS, BABY PEELED 4/5#	5#
159500P	Cauliflower Cello 12ct	12ct
MWF-1278	Cauliflower Cello 12ct ORGANIC <b>**SPECIAL ORDER**</b>	12ct
01-2820	Cauliflower Cello EACH 1ct	1ct
01-4023	Cauliflower Orange 6ct	6ct
159402P	Cauliflower Orange Large 9-12ct	12ct
01-2821	Cauliflower Orange Large EACH 1ct	1ct
01-4022	Cauliflower Purple 6ct	6ct
159403P	Cauliflower Purple Large 9-12ct	12ct
01-2822	Cauliflower Purple Large EACH 1ct	1ct
01-11319	Cauliflower Sweet Baby Florentine 18ct <b>**SPECIAL ORDER**</b>	18ct
PA2067	Celery 12ct	12ct
159600P	Celery 30ct	30ct
PA2059	Celery 3ct BREAK	3ct
01-1435	Celery ORGANIC 30ct <b>**SPECIAL ORDER**</b>	30ct
159700P	Celery Root 25#	25#
01-2824	Celery Root No/Tops 5# BREAK	5#
01-11602	Celery SLEEVED 30ct	30ct
01-11912	Chard Green ORGANIC 24ct <b>**SPECIAL ORDER**</b>	24ct
MWF-7876	Chard Rainbow 12ct BIPOC LOCAL Chicago Urban Farm Solutions IL <b>**SPECIAL ORDER**</b>	12ct
MWF-7556	Chard Rainbow ORGANIC 24ct	24ct
MWF-7650	Chard Red ORGANIC 24ct <b>**SPECIAL ORDER**</b>	24ct
159900P	Chard Swiss Green 12ct	12ct
160000P	Chard Swiss Rainbow 12ct	12ct
159800P	Chard Swiss Red 12ct	12ct
PA2243	CORN 12ct	12ct
01-11964	Corn Baby 5/1# NOT IN HUSK <b>**SPECIAL ORDER**</b>	1#
01-12074	Corn Bi Color 48ct	48ct
111300	Corn Husk 1/4#	4#
01-12241	Cucumber Basket 24ct	24ct
165200	Cucumber Mini Seedless 10# (Persian) BREAK	10#
01-3991	Cucumber Mini Seedless 20# (Persian)	20#
160800	Cucumber Pickling 40#	40#
160700P	Cucumber Seedless 12ct	12ct
01-2834	Cucumber Seedless EACH 1ct	1ct

01-11312	Cucumber Seedless ORGANIC 12ct **SPECIAL ORDER 24-48hr notice**	12ct
160600P	Cucumber Select 1 & 1/9th Bu	50#
01-4340	Cucumbers Seedless Large #1 12ct	12ct
PA1435FC	EGGPLANT 18ct **SPECIAL ORDER**	18ct
149700P	Eggplant 24ct	24ct
160900	Eggplant Baby Imported 11# **SPECIAL ORDER**	11#
01-2866	Eggplant Chinese 10#	10#
1514531P	Eggplant Chinese 30#	30#
01-2838	Eggplant EACH 1ct	1ct
161200P	Eggplant Thai 30# **SPECIAL ORDER**	30#
161300P	Endive Belgian Red 8#	8#
180450P	Endive Belgian White 10#	10#
161400P	Endive Curly 24ct	24ct
176400P	Escarole 24ct	24ct
01-2844	Escarole EACH 1ct	1ct
365267	Garlic Black 1# Bag	1#
01-10918	Garlic Black PEELED 1# Bag	1#
MWF-3196	Garlic Chopped 1/8" 30# Bulk **SPECIAL ORDER**	30#
132100P	Garlic Elephant 10#	10#
01-2845	Garlic Elephant LB 1#	1#
MWF-8512	Garlic ORGANIC 12-3ct Bag **SPECIAL ORDER**	3ct
132200	Garlic Peeled 4/5#	5#
01-2846	Garlic Peeled 5# Bag	5#
01-4146	Garlic Peeled Christopher Ranch 5#	5#
01-12081	Garlic Whole Bulb Colossal 30#	30#
6-2199	Garlic Whole Bulb Colossal 5# BREAK	5#
PA1445FC	GARLIC, PEELED 4/5# BAG	5#
132400P	Ginger Fresh 30#	30#
01-2736	Ginger Fresh 5# BREAK	5#
MWF-8522	Ginger ORGANIC 30# **SPECIAL ORDER**	30#
01-1813	Greens Collard 12ct	12ct
MWF-7887	Greens Collard 12ct BIPOC LOCAL Chicago Urban Farm Solutions IL **SPECIAL ORDER**	12ct
160300	Greens Collard Fresh 24ct	24ct
01-11081	Greens Dandelion 12ct	12ct
01-1812	Greens Mustard Fresh 12ct	12ct
01-11503	Greens Turnip 12ct	12ct
59900	Greens Turnip Fresh 24ct	24ct
060500	Heart of Palm 1# PKG	1#
MWF-10008	Honey Raw 5ct-4oz Glass Jar LOCAL Tulip Tree Gardens IL	4oz
060900	Horseradish Root 5#	5#
148300P	Jicama 40#	40#
01-3240	Jicama 5#	5#



01-2633	Kale Baby 2-1.5#	1.5#
01-12249	Kale Baby ORGANIC 2# Clamshell	2#
01-11141	Kale Black Tuscan (Lacinato) 24ct	24ct
MWF-1348	Kale Black Tuscan (Lacinato) ORGANIC 24ct	24ct
176600P	Kale Flowering Oriental (Savoy) 24ct	24ct
01-1858	Kale Green 12ct	12ct
161800P	Kale Green 24ct	24ct
MWF-8040	Kale Green 24ct BIPOC LOCAL Chicago Urban Farm Solutions IL	24ct
MWF-8039	Kale Lacinato 24ct BIPOC LOCAL Chicago Urban Farm Solutions IL	24ct
01-11321	Kohlrabi Green Large 12ct	12ct
01-2871	Kohlrabi Green Large EACH 1ct	1ct
152500P	Leek 12ct	12ct
135800	Leek Baby 12ct	12ct
01-2872	Leek EACH 1ct	1
658954P	Lemon Grass 40#	40#
01-2873	Lemon Grass LB 1#	1#
MWF-8233	Lettuce Aquaponic 4-1# Bag LOCAL Windy City Harvest Chicago IL	2#
PA1700FC	LETTUCE ARCADIAN / CELEBRITY BLEND SPRING MIX 4/3#	3#
138601	Lettuce Artisan 12/4ct	4ct
148400	Lettuce Assorted Baby 2#	2#
MWF-8707	Lettuce Baby Gem 42ct	42ct
162400	Lettuce Baby Lola Rosa 2#	2#
163100	Lettuce Baby Oak Green 2#	2#
163200	Lettuce Baby Oak Red 2#	2#
163600	Lettuce Baby Romaine Green 2#	2#
163700	Lettuce Baby Romaine Red 2#	2#
01-12237	Lettuce Boston/Butter 24ct	24ct
01-3983	Lettuce Chicory Castelfranco 12ct	12ct
01-11318	Lettuce Chicory Radicchio 9-12ct	12ct
01-4541	Lettuce Chicory Radicchio EACH 1ct	1ct
162100P	Lettuce Frisee Baby 12ct	12ct
181909	Lettuce Frisee Circus 12ct	12ct
MWF-8521	Lettuce Green Leaf Burger & Sandwich 2/5#	5#
152600P	Lettuce Hydro Bibb/Boston 12ct	12ct
MWF-2183	Lettuce Hydro Bibb/Boston CLAMSHELL 12ct	12ct
01-4537	Lettuce Hydro Bibb/Boston EACH 1ct	1
059700	Lettuce Iceberg "Babies" 40ct	40ct
01-4538	Lettuce Iceberg EACH 1ct	1
162300P	Lettuce Iceberg Liner 24ct s	24ct
176900P	Lettuce Leaf Green Andy Boy 24ct	24ct
01-4539	Lettuce Leaf Green EACH 1ct	1
163500P	Lettuce Leaf Red 24ct	24ct
01-4540	Lettuce Leaf Red EACH 1ct	1

162500	Lettuce Mache Hydro 2.2#	2.2#
01-11461	Lettuce Mesclun (Spring Mix) 2# Clamshell	2#
162600	Lettuce Mesclun (Spring Mix) 3#	3#
01-11460	Lettuce Mesclun (Spring Mix) ORGANIC 2# Clamshell	2#
MWF-8004	Lettuce Mesclun Mix 12-1/2# Bag BIPOC LOCAL Chicago Urban Farm Solutions IL	6#
01-11421	Lettuce Mizuna 3#	3#
MWF-1579	Lettuce Mizuna Firecracker 2.2#	2#
MWF-1271	Lettuce Red Vein Sorrel 2.2#	2.2#
177000P	Lettuce Romaine 24ct	24ct
MWF-2015	Lettuce Romaine 24ct ORGANIC	24ct
177100	Lettuce Romaine Hearts 12/3ct	3ct
163800	Lettuce Romaine Hearts 12/3ct ORGANIC	3ct
01-3191	Lettuce Romaine Hearts 3ct BAG	3ct
180441	Lettuce Romaine Hearts 48ct	48ct
MWF-10971	Lettuce Romaine Hearts ORGANIC 40ct	40ct
MWF-1893	Lettuce Tat Soi RED Living **SPECIAL ORDER**	1#
164000	Lettuce Treviso 10ct	10ct
PA2085	LETTUCE, GREEN LEAF 6ct	6ct
01-11163	LETTUCE, ICEBERG 6ct EACH	6ct
01-4544	Lotus Root Peeled 1# Bag	1#
01-1807P	Lotus Root Peeled 22#	22#
164400	Mushroom Chanterelle 6# **SPECIAL ORDER**	6#
464314	Mushroom Chef's Mix ORGANIC 5.43#	5#
01-3999	Mushroom Cremini Sliced 5#	5#
01-1157	Mushroom Crimini 10#	10#
153000	Mushroom Crimini 5#	5#
MWF-8242	Mushroom Lion's Mane 5# BIPOC LOCAL Sunny Oaks IL **SPECIAL ORDER**	5#
164904	Mushroom Maitake ORGANIC 12-3.5oz	3.5oz
01-1034	Mushroom Maitake ORGANIC 24-3.5oz	24ct
165400	Mushroom Oyster 5# BIPOC LOCAL Sunny Oaks IL	5#
165600	Mushroom Portabella 5#	5#
165700	Mushroom Portabella Cap (4.5"-5") 5#	5#
6-2341	Mushroom Portabella Sliced 5# (72hr Notice)	5#
01-11459	Mushroom Royal Trumpet/King Oyster 11#	11#
01-1023	Mushroom Royal Trumpet/King Oyster 6#	6#
165800	Mushroom Shiitake 5# BIPOC LOCAL Sunny Oaks IL	5#
01-2239	Mushroom Shimeji Brown 10-5oz	5oz
01-11740	Mushroom Shimeji White 10-5oz	5oz
01-1352	MUSHROOM SLICED 1/8" TUB 5#	5#
166000	Mushroom Sliced 10#	10#
01-1699	Mushroom Truffle Burgandy (Italy) 1# **SPECIAL ORDER**	1lb
166100	Mushroom White Button 10#	10#



166200	Mushroom White Large 10#	10#
166300	Mushroom White Medium 10#	10#
01-11401	Mushroom White Whole 12-8oz <b>**SPECIAL ORDER**</b>	8oz
160100P	Nuts Chestnuts Fresh 25# <b>**SPECIAL ORDER**</b>	25#
150000	Okra Fresh 15#	15#
180100	Onion Cipollini 10#	10#
01-4552	Onion Green Iceless 12ct	2#
177400P	Onion Green Iceless 4-2#	12ct
01-3603	Onion Jumbo ORGANIC 50# <b>**SPECIAL ORDER**</b>	50#
180200P	Onion Pearl Red 12/1ct	1ct
01-4553	Onion Pearl Red EACH 1ct	1ct
180300P	Onion Pearl White 12/1ct	1ct
180101P	Onion Peeled Cipollini 4/5#	5#
01-4555	Onion Peeled Cipollini 5#	5#
140600	Onion Peeled Pearl Red 4/5#	5#
01-3230	Onion Peeled Pearl Red 5#	5#
140400P	Onion Peeled Pearl White 4/5#	5#
01-4556	Onion Peeled Pearl White 5#	5#
166800P	Onion Red Jumbo 25#	25#
3234	Onion Red Jumbo Break 10#	10#
179900	Onion Spanish Colossal 50#	50#
01-4559	Onion Spanish Jumbo 10# BREAK	10#
166900P	Onion Spanish Jumbo 50#	50#
177600P	Onion Spring Knob 24ct	24ct
01-4560	Onion Spring Knob EACH 1ct	1ct
44555P	Onion Sweet 40#	40#
167100P	Onion White Jumbo 50#	50#
01-11779	Parsley Root 12ct	12ct
180000P	Parsnip Loose 20# LOCAL MI	20#
01-4569	Parsnip Loose 5# BREAK LOCAL	5#
151200P	Pea Pods Snow 10#	10#
150900	Pea Sprout (Shoot) Clipped 4#	4#
180400	Pea Sprout Shoot Tray 1	1
167300P	Pea Sugar Snap 10#	10#
PA1935FC	Pea Sugar Snap STRINGLESS 10# *	10#
MWF-1642	Peas English 25#	25#
01-11663	Pepper Anaheim 20#	20#
167501P	Pepper Anaheim Green 10# BREAK	10#
01-11550	Pepper Assorted Veggie Sweet 12# Retail Pack	12"
167500	Pepper Banana 10#	10#
1265465	Pepper Carolina Reaper 8-50gram <b>**SPECIAL ORDER**</b>	50gram
151400P	Pepper Green 1&1/9th Bu	23-25# Avg
01-4577	Pepper Green Large 5# BREAK	5#

01-2878	Pepper Habanero 10#	10#
01-11152	Pepper Habanero 2#	2#
210154	Pepper Hungarian Wax 10#	10#
PA2205	Pepper Jalapeno 10# BREAK	10#
148440P	Pepper Jalapeno 40#	40#
01-4579	Pepper Jalapeno 5# BREAK	5#
MWF-1759	Pepper Manzano 10# **SPECIAL ORDER**	10#
151500	Pepper Orange Imported 11#	11#
148401P	Pepper Poblano 20#	20#
01-4580	Pepper Poblano 5# BREAK	5#
151700P	Pepper Red 1&1/9th Bu	23-25# Avg
01-4581	Pepper Red 5# BREAK	5#
MWF-2031	Pepper Red Finger Hot 6.6#	6.6#
01-3972	Pepper Red Fresno Chili 1#	1#
01-4582	Pepper Red Fresno Chili 10#	10#
151300	Pepper Red Imported 11#	11#
01-2880	Pepper Red ORGANIC 11# **SPECIAL ORDER**	11#
168100P	Pepper Serrano 30#	30#
01-4583	Pepper Serrano 5# BREAK	5#
01-11130	Pepper Shishito 10# BREAK	10#
038530	Pepper Shishito 5# BREAK	5#
148601	Pepper Thai Chilies Green 1#	1#
148600	Pepper Thai Chilies Red 1#	1#
148700P	Pepper Yellow 1&1/9th Bu	23-25# Avg
01-4584	Pepper Yellow Domestic 5# BREAK	5#
167400	Pepper Yellow Imported 11#	11#
01-2879	Pepper Yellow ORGANIC 11# **SPECIAL ORDER**	11#
168300	Potato 100ct Idaho 50#	50#
168400	Potato 120ct Idaho 50#	50#
210085	Potato 35ct Idaho 21oz **SPECIAL ORDER**	50#
210084	Potato 40ct Idaho	50#
168700	Potato 50ct Idaho	50#
168800	Potato 60ct Idaho	50#
168900	Potato 70ct Idaho	50#
169100P	Potato 90ct Idaho	50#
197168	Potato Fingerling H-Size 2 1/2" Or Larger 10#	10#
169300P	Potato Fingerling Purple 50#	50#
01-11129	Potato Fingerling Red 50#	50lb
01-4592	Potato Fingerling Yellow Russian 10# BREAK	10#
210579	Potato Fingerling Yellow Russian 50#	50#
210107	Potato Kennebec 50#	50#
01-4593	Potato Mini Marble Mixed 5# BREAK	5#

MWF-1011	Potato Mini Marble Mixed 50#	50#
142000P	Potato Purple A 50#	50#
01-4597	Potato Red "B" 5# BREAK	5#
151800P	Potato Red A 50#	50#
178100P	Potato Red B 50#	50#
169600	Potato Red C 50#	50#
01-1437	Potato Russet ORGANIC 50# **SPECIAL ORDER**	50#
01-4323	Potato Sweet Asian (Okinawan) Purple 30#	30#
01-10555	Potato Sweet Fingerling 40#	40#
158955	Potato Sweet Garnet Red 40#	40#
561314	Potato Sweet Japanese White 40#	40#
01-4598	Potato Sweet Jumbo 10# BREAK	10#
169700P	Potato Sweet Jumbo 40#	40#
MWF-1237	Potato Sweet Jumbo 40# ORGANIC **SPECIAL ORDER**	1.5#
169800	Potato Sweet Medium #1	40#
MWF-8204	Potato Sweet Purple Yam (UBE) 40#	40#
01-4599	Potato Yukon Golden "B" 5# BREAK	5#
169900	Potato Yukon Golden A 50#	50#
178300P	Potato Yukon Golden B 50#	50#
178400	Potato Yukon Golden C 50#	50#
01-4408	Purslane (Verdolaga) 24ct **SPECIAL ORDER**	25#
MWF-1177	Radish Baby Assorted 24ct	24ct
170200P	Radish Baby Easter Egg 24ct	24ct
01-4604	Radish Baby Easter Egg EACH 1ct	1ct
170300P	Radish Baby French Breakfast 24ct	24ct
01-4605	Radish Baby French Breakfast EACH 1ct	1ct
01-1009	Radish Bunch Tops On 24ct	24ct
MWF-8524	Radish Bunch Tops On ORGANIC 24ct **SPECIAL ORDER**	24ct
6-3495	Radish Cello 1# EACH LOCAL MI	1#
01-2216	Radish Cello 14-1# LOCAL MI	1#
565895P	Radish Daikon Root 40#	40#
01-4603	Radish Daikon Root 5#	5#
01-4607	Radish Watermelon 5# BREAK	5#
111100	Romanesco Large 12ct	12ct
152100P	Root Boniato 40# **SPECIAL ORDER**	40#
01-4609	Root Galanga 5# **SPECIAL ORDER**	5#
MWF-1895	Root Taro (Coco Malanga) 40#	40#
178900P	Root Yucca 40#	40#
01-11885	Rutabaga 25#	25#
01-4612	Rutabaga 5# BREAK	5#
152200P	Salsify Belgian 5/1kg	1kg
180445	Shallot Peeled 4/5#	5lb



01-4615	Shallot Peeled 5# Jar	5#
01-4616	Shallots Dry 10#	10#
153201P	Shallots Dry 4/10#	10#
MWF-7822	Spinach 12-1/2# Bag BIPOC LOCAL Chicago Urban Farm Solutions IL **SPECIAL ORDER**	6#
163508	Spinach 2-2# B&W	2#
149300	Spinach Baby 4#	4#
01-11735	Spinach Baby ORGANIC 2# Clamshell	2#
170900	Spinach Bunch 24ct	24ct
171100	Spinach Triple Washed 4/2.5#	2.5#
153600	Sprouts Alfalfa 2# LOCAL Chicago Indoor Garden **48hr Notice**	2#
01-3229	Sprouts Daikon 12-2.5oz (Kaiware)	2.5oz
01-3228	Sprouts Daikon 2.5oz (Kaiware)	2.5oz
149000	Sprouts Radish 2# LOCAL Chicago Indoor Garden **48hr Notice**	2#
01-3834	Squash Acorn EACH 2#	2#
171300P	Squash Acorn Green Bushel (32-36# avg)	36#
171700	Squash Baby Green Zucchini 5#	5#
172100P	Squash Butternut 32-36# avg	40#
01-3832	Squash Butternut EACH 2#	2#
01-11007	Squash Butternut ORGANIC Bushel 32-36# avg LOCAL IN	35#
179300P	Squash Chayote 40#	40#
6-2382	Squash Delicata 30#	35#
73852	Squash Kabocha 32-36# avg	40lb
01-3833	Squash Spaghetti 1ct EACH	1ct
172900P	Squash Spaghetti Bushel 32-36# avg	40#
01-4624	Squash Yellow 5# BREAK	5#
153400P	Squash Yellow Med. 1/2 bu.	20-22#
01-3830	Squash Yellow ORGANIC 20# **SPECIAL ORDER**	20#
01-4625	Squash Zucchini 5# BREAK	5#
179400P	Squash Zucchini Med. 1/2bu	25#
01-3829	Squash Zucchini ORGANIC 20# **SPECIAL ORDER**	20#
01-11467	Sugar Cane Swizzle Stick 12/20ct **SPECIAL ORDER**	20ct
01-12090	Sunchoke 10#	10#
01-11770	Tamarind Sweet 16-1#	1#
01-2234	Tamarindo 1#	1#
6-2400	Tomatillo Peeled 35-38lbs Avg.	35-38lbs
01-3998	Tomatillo W/Husk 35-38lbs AVG	35-38lbs
01-4631	Tomatillos 5# BREAK	5#
173500	Tomato 4x5 Vine Ripen 20#	20#
01-2188	Tomato 5X5 25#	25#
173600	Tomato 5x5 Vine Ripen 20#	20#
01-1178	Tomato 5X6 25#	25#
173700P	Tomato 5x6 Vine Ripen 20#	20#

173800	Tomato 6x6 2 Layer Vine Ripen 20#	2layer
5298731	Tomato 6x6 Loose 25#	25#
01-11011	Tomato Campari 10/1#	1#
174000P	Tomato Cherry 12/1pt	1pt
01-3195	Tomato Cherry EACH 1 pint	1 pint
174903	Tomato Cherry Mixed Heirloom 12/1pt	1pt
01-11510	Tomato Cherry on the Vine 8/12oz	12oz
MWF-1992	Tomato Cherry on the Vine 9/9oz	9oz
175800P	Tomato Cherry Yellow 12/1pt	1pt
174400	Tomato Green 15#	15#
174600	Tomato Heirloom Large Asst 10#	10#
173400	Tomato Hydro 16-20ct 15#	15#
175000	Tomato On The Vine 11#	11#
MWF-1370	Tomato Orange Grape 12-1pt	12 - 1pt
01-11476	Tomato Red Grape 10#	10#
175300P	Tomato Red Grape 12/1pt	1pt
MWF-1965	Tomato Red Grape 20# Bulk	20#
01-3198	Tomato Red Grape EACH 1 pint	1 pint
01-11834	Tomato Red Grape ORGANIC 12-1pt <b>**SPECIAL ORDER**</b>	1pt
01-4637	Tomato Roma Plum 5#	5#
019101	Tomato Roma Plum Medium 25#	25#
175500P	Tomato Roma Plum VF 22 - 25#	22 - 25#
175700	Tomato Yellow 10#	10#
181915P	Tomato Yellow Grape 12/1pt	1pt
01-4642	Turnip Baby White EACH 1ct	1ct
179700P	Turnip Baby White W/Top 24ct	24ct
179800P	Turnip Jumbo Loose 25# LOCAL MI	25#
01-4643	Turnip Jumbo Loose 5# BREAK LOCAL MI	5#
01-10298	Watercress Green Washed 1.5#	1.5#
01-11188	Watercress Green Washed 2/1.5#	1.5#
160400	Watercress Living Hydro 12ct	12ct
160500P	Watercress Outdoor 12ct B&W	12ct
01-11860	Watercress Red 1.5#	1.5#
050000	Watercress Upland 2.2#	2.2#
149100	Wheatgrass Tray (9# Avg. Wt.) LOCAL Chicago Indoor Garden	1ct
MWF-10283	Yam Yellow 40# <b>**SPECIAL ORDER**</b>	40#





# Herbs



Dill 24 CT | #48308582P



Arugula 1 LB | #135900



Chevril 1 LB | #131100P



Basil Fresh 1 LB | #130600P



135900	Arugula 1#	1#
130600P	Basil Fresh 1#	1#
01-2788	Basil Fresh 8oz	8oz
130800	Basil Thai 1#	1#
131000	Bay Leaves 1#	1#
131100P	Chervil 1#	1#
01-11522	Chervil Living 1#	1#
01-2830	Chives 8oz	8oz
131500P	Chives Fresh 1#	1#
01-4261	Cilantro 12ct Bag	12ct
131700	Cilantro 60ct	60ct
PA1390FC	Cilantro W/ROOTS 30ct <b>**SPECIAL ORDER**</b>	30ct
48308582P	Dill 24ct	24ct
01-2837	Dill Bunch EACH	4oz
4644555	Epazote 1#	1#
MWF-8175	Flower Iris 10ct (72 hr notice)	10ct
01-12178	Flowers Carnation Pink 25ct (3 business day notice)	25ct
01-12013	Flowers Carnation Red 25ct (3 business day notice)	25ct
01-12014	Flowers Carnation White 25ct (3 business day notice)	25ct
MWF-2639	Flowers Daisy Purple 1bunch (7 Stems) (48hr Notice)	7ct
MWF-2638	Flowers Daisy Yellow 1bunch (7 Stems) (48hr Notice)	7ct
MWF-8178	Flowers Flat Fern 1bu. (72 hr notice)	
MWF-8179	Flowers Oriental Pink Lillies 10ct (72 hr notice)	10ct
01-4123	Flowers Rose Red 20" 25ct (3 business day notice)	25ct
MWF-8176	Flowers Tulip 10ct (72 hr notice)	10ct
MWF-2089	Flowers Tulips Assorted Bunch 10ct <b>**72hr notice**</b>	10ct
132600	Lavender Fresh 1# Bag	1#
135099	Leaves Curry 1#	1#
01-4213	Leaves Eucalyptus Baby Blue (48 hr notice)	1
135100	Leaves Fern Each (Leather Leaves) 15-20 Stems <b>** PRE ORDER (48Hour Notice)**</b>	1
135200	Leaves Lemon Each (Salal) (48 hr notice)	1
234092	Leaves Lime 1#	1#
135300	Leaves Palm (Tepe) 20stems per bunch <b>**PRE ORDER (48 Hour Notice)**</b>	1
786595	Leaves Ruscus ITALIAN 4-6 Stems per bunch <b>**PRE ORDER(48Hour Notice)**</b>	1
135600	Leaves Ti Green	10ct
135700	Leaves Ti Red <b>**PRE ORDER 48 Hour Notice**</b>	10ct
133000	Marjoram 1#	1#
133600P	Mint Fresh 1#	1#
01-4549	Mint Fresh 8oz	8oz
133800P	Oregano 1#	1#
01-4564	Oregano 8oz	8oz
MWF-2623	Parsley Curly 12ct Bag	12ct

MWF-1031	Parsley Curly 60ct	60ct
01-4260	Parsley Italian 12ct Bag	12ct
01-11793	Parsley Italian 60ct	60ct
133900P	Rosemary 1#	1#
01-4611	Rosemary 8oz	8oz
131900P	Sage 1#	1#
01-4613	Sage 8oz	8oz
134300	Sorrel 1# Bag	#1
134500P	Tarragon 1#	1#
01-4629	Tarragon 8oz	8oz
134600P	Thyme 1#	1#
01-4630	Thyme 8oz	8oz
107099	Turmeric 1#	1#

# Microgreens, Flowers & Leaves



**FRESH ORIGINS** EDIBLE FLOWERS  
**PREMIUM ASSORTMENT**

Premium Assortment 75-125 CT | # 01-11892



Microgreens Cilantro 8 OZ | #3103599



Microgreens Arugula 8 OZ | #133500



**FRESH ORIGINS** MICROGREENS  
**MICRO BULL'S BLOOD**

Micro Bull's Blood 8 OZ | # 181924



01-11343	CRYSTALS Habanero 6/6oz (72hr notice)	4oz
01-12028	CRYSTALS Habanero 6oz EACH	4oz
01-10708	CRYSTALS Herb Basil 6/6oz (72hr notice)	4oz
01-12022	CRYSTALS Herb Basil 6oz EACH	4oz
01-12023	CRYSTALS Herb Cilantro 4oz EACH	4oz
01-11332	CRYSTALS Herb Ginger 6/6oz (72hr notice)	6oz
01-12025	CRYSTALS Herb Ginger 6oz EACH	6oz
01-11333	CRYSTALS Herb Hibiscus 6/6oz (72hr notice)	4oz
01-12026	CRYSTALS Herb Hibiscus 6oz EACH	4oz
01-12024	CRYSTALS Herb Mint 6oz EACH	6oz
01-12027	CRYSTALS Herb Rose 4oz EACH	4oz
MWF-7906	Flower Chocolate Bellflower 100ct	100ct
MWF-11380	Flower Decorative Orchid Sapphire 50ct (72hr notice)	50ct
MWF-8170	Flower Orchid Fairy Mix 100ct (72 hour notice)	100ct
01-11892	Flowers Assortment Premium 75-125ct	100ct
MWF-10334	Flowers Bean 50ct (72 hr notice)	50ct
MWF-10807	Flowers Begonia Hearts Mix 50ct (72 hr notice)	50ct
MWF-10189	Flowers Begonia Mix 50ct (72 hr notice)	50ct
MWF-10188	Flowers Begonia Pink 50ct (72 hr notice)	50ct
MWF-1415	Flowers Begonia White 50ct (72 hr notice)	50ct
01-10980	Flowers Calendula 50ct (72hr notice)	50ct
MWF-7554	Flowers Chamomile 50ct (72hr notice)	50ct
01-11301	Flowers Cosmos 50ct (72 hr notice)	50ct
01-11303	Flowers Dahlia 50ct (72hr notice)	50ct
MWF-8347	Flowers Fireside Fall Mix 50ct (72hr notice)	50ct
01-1461	Flowers Fuchsia 50ct (72hr notice)	50ct
01-1296	Flowers Marigold 50ct	50ct
161701	Flowers Nasturtiums 50ct (72hr notice)	50ct
161500	Flowers Orchids 100ct	100ct
161700	Flowers Pansies 50ct	50ct
01-4021	Flowers Rose Multi Color Petals 50ct (3 business day notice)	50ct
MWF-8658	Flowers Rosemary Blossom 50ct (72hr notice)	50ct
MWF-11303	Leaves Begonia Angelwing Leaf 50ct (72 hr notice)	50ct
01-11091	Leaves Shiso Green 100ct	100ct
135400	Leaves Shiso Green 50ct (72hr notice)	50ct
01-4008	Leaves Sunset Geranium 50ct (72hr notice)	50ct
MWF-1394	Little Veggies Carrot Mix 50ct (72hr notice)	50ct
MWF-1395	Little Veggies Turnip 50ct (72 hr notice)	50ct
MWF-9588	Micro Flowers Alyssum flower 50ct (72 hr notice)	50ct
01-1155	Micro Flowers Arugula Blossoms 50ct (72 hr notice)	100ct
01-2769	Micro Flowers Basil Blossom 50ct (72 hr notice) <b>**LIMITED**</b>	50ct
01-1192	Micro Flowers Blend 200ct	200ct
01-1172	Micro Flowers Borage Blossom 100ct (72 hr notice)	100ct
056400	Micro Flowers Confetti (72hr notice)	4oz

01-1346	Micro Flowers Dianthus 200ct (72 hr notice)	200ct
01-11395	Micro Flowers Dill Blossom 50ct (72 hr notice)	50ct
01-11330	Micro Flowers Fennel Blossom 50ct (72 hr notice)	50ct
01-2767	Micro Flowers Herb Mix 50ct (72 hr notice)	50ct
MWF-9191	Micro Flowers Hibiscus 50ct (72hr notice)	50ct
01-12029	Micro Flowers Jasmine 100ct (72hr notice)	100ct
MWF-10638	Micro Flowers Leaf Endive Violet Flash 50ct (72 hr notice)	50ct
01-4437	Micro Flowers Marigold 200ct (72 hr notice)	200ct
MWF-2634	Micro Flowers Micro Lavender Flower 100ct (72 hr notice)	100ct
01-1330	Micro Flowers Micro Orchid Assorted 100ct (72 hr notice)	100ct
01-1328	Micro Flowers Mint Blossom (72 hr notice)	8oz
01-1336	Micro Flowers Oyster 50ct (72 hr notice)	50ct
MWF-9042	Micro Flowers Pepper Mix 100ct (72hr notice)	100ct
021609	Micro Flowers Sechuan (Buzz) Buttons 50ct (72 hr notice)	50ct
01-1171	Micro Flowers Sun Daisy 200ct (72 hr notice)	200ct
01-1329	Micro Flowers Viola 50ct <b>**LIMITED**</b> (72 hr notice)	50ct
1303603	Micro Greens Amaranth RED 8oz (72hr notice)	8oz
133500	Micro Greens Arugula 8oz	8oz
01-1274	Micro Greens Arugula 8oz LOCAL Garfield Produce	8oz
MWF-9762	Micro Greens Arugula Crimson Blaze 4oz (72 hr notice)	4oz
01-11413	Micro Greens Asian Mix 8oz (72 hr notice)	8oz
133100	Micro Greens Assorted Mix 8oz (RAINBOW/SPECTRUM)	8oz
181926	Micro Greens Basil 8oz	8oz
MWF-9171	Micro Greens Basil 8oz BIPOC LOCAL Urban Eden, IL <b>**LIMITED**</b>	8oz
6103596	Micro Greens Basil Opal 8oz (72 hr notice)	8oz
01-1308	Micro Greens Borage 8oz (72 hr notice)	8oz
01-1307	Micro Greens Broccoli 8oz (72 hr notice)	8oz
181924	Micro Greens Bulls Blood 8oz	8oz
MWF-7810	Micro Greens Bulls Blood 8oz LOCAL Garfield Produce, IL	8oz
01-10340	Micro Greens Cabbage Red 8oz (72 hr notice)	8oz
6103597	Micro Greens Celery 8oz	8oz
MWF-7788	Micro Greens Celery 8oz BIPOC LOCAL Urban Eden, IL <b>**LIMITED**</b>	4oz
6103598	Micro Greens Chervil 6oz (72 hr notice)	6oz
7843979	Micro Greens Chives 8oz (72 hr notice) <b>**LIMITED**</b>	8oz
01-1344	Micro Greens Cilantro 4oz (72 hr notice)	4oz
3103599	Micro Greens Cilantro 8oz	8oz
MWF-9172	Micro Greens Cilantro 8oz BIPOC LOCAL Urban Eden, IL <b>**LIMITED**</b>	8oz
01-12146	Micro Greens Cilantro 8oz LOCAL Garfield Produce	8oz
MWF-1707	Micro Greens Cucumber Leaves 100ct Tray (72hr notice)	8oz
6103593	Micro Greens Dill 8oz (72 hr notice)	8oz
MWF-10335	Micro Greens Epazote 4oz (72 hr notice) <b>**LIMITED**</b>	4oz
103591	Micro Greens Fennel 4oz (72 hr notice)	4oz

01-4116	Micro Greens Fiesta (Chef's) Blend 8oz (72 hr notice)	8oz
MWF-8431	Micro Greens Fire Stix Mix 50ct (72 hr notice)	50ct
MWF-8429	Micro Greens Fire Stix RED 50ct (72 hr notice)	50ct
61036001	Micro Greens Hearts On Fire (red veined sorrel) 8oz (72 hr notice)	8oz
6103601	Micro Greens Herb Mix 8oz (72 hr notice)	8oz
MWF-1324	Micro Greens Icebud 25ct Tray (72 hr notice)	25ct
01-2274	Micro Greens Intensity Mix 8oz (72 hr notice)	8oz
6103595	Micro Greens Italian Mix 8oz (72 hr notice)	8oz
01-4049	Micro Greens Kaiware Sprouts GOLD 4oz (72 hr notice)	4oz
MWF-11166	Micro Greens Kaiware Sprouts RED 4oz (72 hr notice)	4oz
6-2189	Micro Greens Kale Mix 8oz (72 hr notice)	8oz
6103590	Micro Greens Kale Red 8oz (72 hr notice)	8oz
01-11597	Micro Greens Leaves Beet Radiant 25ct (72 hr notice)	25ct
MWF-1799	Micro Greens Leaves Nasturtium LARGE 8oz 100ct (72hr notice)	50ct
MWF-7576	Micro Greens Leek 8oz (72hr notice) <b>**LIMITED**</b>	8oz
01-11359	Micro Greens Lovage 8oz (72hr notice)	8oz
01-10662	Micro Greens Merlot Mix 4oz (72 hr notice)	8oz
MWF-1706	Micro Greens Mini Crown Lettuce Mix 50ct (72hr notice)	50ct
MWF-1785	Micro Greens Mini Crown Snow Crystal 50ct (72hr notice)	50ct
21511	Micro Greens Mint 6oz <b>**LIMITED**</b>	6oz
01-1272	Micro Greens Mint Lavender 3oz (72 hr notice)	8oz
01-10793	Micro Greens Mirepoix Mix 8oz (72 hr notice)	8oz
6103586	Micro Greens Mustard Dijon 8oz (72 hr notice)	8oz
MWF-10535	Micro Greens Ocean Mix 8oz (72hr notice)	8oz
01-1056	Micro Greens Oyster Leaves 50ct (72hr notice)	50ct
6103602	Micro Greens Parsley Italian 6oz (72hr notice)	6oz
6103578	Micro Greens Pea Shoots GOLD 8oz (72hr notice)	8oz
MWF-8073	Micro Greens Peanut Leaf 50ct (72 hr notice)	8oz
01-11837	Micro Greens PETITE Amaranth RED 8oz (72 hr notice)	8oz
MWF-1398	Micro Greens PETITE Basil 6oz (72hr notice)	6oz
MWF-10615	Micro Greens PETITE Basil Opal 3oz (72 hr notice)	3oz
01-4367	Micro Greens PETITE Basil Opal 6oz (72 hr notice)	6oz
01-11481	Micro Greens PETITE Bulls Blood 8oz (72hr notice)	8oz
01-1836	Micro Greens PETITE Carnival Amaranth 8oz (72hr notice)	8oz
1258933	Micro Greens PETITE Green Pea Shoots 8oz (72 hr notice)	8oz
MWF-7926	Micro Greens Petite Green Pea Shoots 8oz BIPOC LOCAL Urban Eden, IL <b>**LIMITED**</b>	8oz
800075	Micro Greens PETITE Hearts on Fire (red veined sorrel) 8oz (72hr notice)	8oz
01-1342	Micro Greens PETITE Ice Plant Delicata 4oz (72 hr notice)	4oz
MWF-10616	Micro Greens PETITE Mint Lavender 3oz (72 hr notice)	3oz
01-11114	Micro Greens PETITE Mustard Green Frill 8oz (72 hr notice)	8oz
01-1887	Micro Greens PETITE Mustard Red Frill 4oz (72 hr notice)	4oz



01-2762	Micro Greens PETITE Nasturtium Leaves 8oz (72 hr notice)	8oz
01-2509	Micro Greens PETITE Pea Green 8oz (72 hr notice)	8oz
01-12110	Micro Greens PETITE Pea with Tendril 8oz (72hr notice)	8oz
01-1173	Micro Greens PETITE Primavera Mix 8oz (72 hr notice)	8oz
MWF-1623	Micro Greens PETITE Pumpkin Greens 8oz (72hr Notice)	8oz
01-1510	Micro Greens PETITE Season's Mix 8oz (72 hr notice)	8oz
01-2500	Micro Greens PETITE Shamrock Lucky 100ct (72 hr notice)	100ct
01-11836	Micro Greens PETITE Sorrel 8oz (72 hr notice) <b>**LIMITED**</b>	8oz
MWF-1307	Micro Greens Petite Sorrel Meadow Mix Pink 100ct Tray (72 hr notice)	100ct
6103577	Micro Greens Popcorn Shoots 8oz (72 hr notice)	8oz
01-2007	Micro Greens Radish Daikon 8oz (72 hr notice)	8oz
MWF-9039	Micro Greens Radish Firework 8oz (72 hr notice)	8oz
6103576	Micro Greens Radish Ruby Red 8oz (72 hr notice)	8oz
154501	Micro Greens Rainbow Mix 8oz LOCAL Garfield Produce	8oz
125899	Micro Greens Sea Beans 8oz (72 hr notice)	8oz
6103594	Micro Greens Shiso Green 8oz (72hr notice)	8oz
6103583	Micro Greens Shiso Red/Purple 8oz (72 hr notice)	8oz
01-2178	Micro Greens Sorrel 8oz (72 hr notice)	8oz
01-11127	Micro Greens Sunflower Shoots 1lb (72hr notice)	2#
01-1271	Micro Greens Tangerine Lace 8oz (72 hr notice)	8oz
5181001	Micro Greens Tarragon 8oz (72 hr notice)	8oz
MWF-1323	Micro Greens Verbena Mix 200ct (72hr notice)	8oz
1258992	Micro Greens Wasabi 8oz <b>** LIMITED **</b>	8oz
MWF-7927	Micro Greens Wasabi 8oz BIPOC LOCAL Urban Eden, IL <b>**LIMITED**</b>	8oz
6103592	Micro Greens Watercress 8oz (72hr notice)	8oz
MWF-1477	Micro Greens Watercress Pink Ice 200ct (72 hr notice) <b>**LIMITED**</b>	200ct
01-12119	Squash Blossoms 25ct (72 hr notice)	25ct
01-1325	Squash Zucchini w/ Flower 25ct	25ct
226090	Tiny Veggies Carrot 50ct (72 hr notice)	50ct
226095	Tiny Veggies Crudite Mix 50ct (72 hr notice)	50ct
MWF-11168	Tiny Veggies Cucumber 50ct (72hr notice)	50ct
01-1013	Tiny Veggies Leek 50ct (72 hr notice)	50ct
MWF-8071	Tiny Veggies Pak Choy 50ct (72 hr notice)	50ct
01-12162	Tiny Veggies Radish Mix 50ct (72hr notice)	50ct
01-12122	Tiny Veggies Squash 50ct (72hr notice)	50ct
21512	Tiny Veggies Turnip 50ct (72 hr notice)	50ct



# Edible Cuts



Cabbage Red Shred 1/8" 2x5 LB | # 136200



Skewers 4" 2X25 CT | #01-2018  
2 BUSINESS DAY NOTICE



Cheese Tray 6 LB | #01-10872  
1 DAY NOTICE



Cucumber Sliced 1/8" | #EC-2002

01-2282	Broccoli Florets 1/3# EACH	3#
136300	Cabbage Shred WITH COLOR 4/4.5#	5#
01-11079	Cauliflower Florets 4/3# Case	3#
EC4771	EC Apples Granny Smith Diced 3/4" Skin On 1/5# (1 DAY NOTICE REQUIRED) SPECIAL ORDER	5#
136658	EC Beans Green Clean & Trim 1/10#	10#
01-1847	EC Beet Gold Bistro Cut 2/5#LOCAL Superior, Michigan	5#
142902	EC Beet Gold Peeled & Diced 1/2" 2/5# LOCAL, Sup Michigan	5#
01-1845	EC Beet Red Bistro Cut 2/5# LOCAL Superior Michigan	5#
582762	EC Beet Red Peeled & Diced 1/2" 2/5# LOCAL Superior Michigan	5#
136201	EC Broccoli Florets 4/3# EDIBLE CUTS	3#
EC-1007	EC Brussels Sprouts Halves 4/5#	5lb
MWF-1908	EC Brussels Sprouts Shredded 2/5#	3#
EC-4168	EC Brussels Sprouts Whole & Trimmed 4/5#	5#
014901	EC Cabbage Napa Shred 3/8" 4/5#	5#
136200	EC Cabbage RED Shred 1/8" 2/5#	5#
210163	EC Carrot Bias Cut 1/4" 2/5#	5#
136701	EC Carrot Bistro Cut 2/5#	5#
136800	EC Carrot Coin 1/4" 2/5#	5#
136802	EC Carrot Coin 3/8" 2/5#	5#
136900	EC Carrot Diced 1/2" 2/5#	5#
137000	EC Carrot Diced 1/4" 2/5#	5#
137100	EC Carrot Diced 3/8" 2/5#	5#
01-1231	EC Carrot Matchstick 1/8" x 3" 2/5#	5#
137400	EC Carrot Shred 1/8" 2/5#	5#
137500	EC Carrot Sticks 3/8" X 3" 2/5#	5#
137600	EC Carrot Whole Peeled 1/25#	25#
01-10873	EC Cauliflower Florets 4/3#	3#
EC-2888	EC Cauliflower Rice 2/5# (1 Day Notice)	5#
138100	EC Celery Diced 1/2" 2/5#	5#
138200	EC Celery Diced 1/4" 2/5#	5#
138300	EC Celery Diced 3/8" 2/5#	5#
149701	EC CELERY STICKS 1/5# EACH	5#
138500	EC Celery Sticks 3.5" 2/5#	5#
01-10872	EC Cheese Tray 1/6# Cheddar/ Swiss/ Cheese Curds Allergen:Milk 1 DAY NOTICE	8#
174601	EC Corn Shcked-N-Clean 1/30ct	30ct
EC-3333	EC Cucumber Diced 1/4" 2/5#	5#
EC-2002	EC Cucumber Sliced 1/8" 2/5#	5#
33306	EC CUCUMBER STICKS 1/5#	5#
048600	EC Fajita Mix Red/Gr Pepper/Onion 1/4" 2/5#	5#
6546313	EC Fruit Mixed Chunk 3/4" 2/5#	5#
01-2018	EC Fruit Skewer 4" 2/25ct (Can/Hon/Pin/Str) (2 Bus day notice)	50ct



4354355	EC Fruit Tray Assorted 1/5# (1 DAY NOTICE REQUIRED )	5#
EC-1102	EC Grapes Red Seedless Cleaned & De-stemmed 2/5#	5#
8563222	EC Greens Collard Chop 2X2" 2/5#	5#
063400	EC Jicama Julienne 2/5#	5#
8596333	EC Kale Chopped 1/1" 4-2.5#	5#
210223	EC Lemon Wedge 8 Cut 2/5# 1 DAY NOTICE	5#
210233	EC Lemon Wheels 2/5# 1 DAY NOTICE	5#
162401	EC Lettuce Bld Rom,RdCabb,TusKale 4/5#	5#
139204	EC Lettuce Ice/Rom 50/50 4-8oz Car/Bg 4/5# Case	5#
0417090	EC Lettuce Italian Blend (Rom,Rad (90/10) 4/2.5# Case	2.5#
23900	EC Lettuce Romaine Chop 2X2 3/4#	4#
MWF-1037	EC Lettuce Romaine Hearts Chopped 1" 3/4#	3/4#
4331492	EC Lettuce Romaine Shred 3/4#	4#
210228	EC Lime Wedge 8 Cut 2/5# 1 DAY NOTICE	5#
EC-1347	EC Limes Sliced Wheels 2/5#	5#
445814	EC MANGO Chunk 3/4" 1/5#	5#
047409	EC MANGO Diced 1/2" 1/5# (1 DAY NOTICE)	5#
785396	EC Melon Cantaloupe Chunk 1" 2/5#	5#
01-3572	EC Melon Cantaloupe Chunk 1/2" 2/5#	5#
136602	EC Melon Cantaloupe Chunk 3/4" 2/5#	5#
78755	EC Melon Canteloupe Diced 1/2" 2/5#	5#
01-1141	EC Melon Honey Dew Chunk 1" 2/5#	5#
01-1235	EC Melon Honey Dew CHUNK 1/2" 2/5#	5#
EC-1570	EC Melon Honey Dew WEDGE 2/5# ***1 DAY NOTICE ***	5#
060602	EC Melon Honeydew Chunk 3/4" 2/5#	5#
4133123	EC Melon Honeydew Diced 1/2" 2/5#	5#
181918	EC Onion Diced 1/2" 2/5#	5#
139300	EC Onion Diced 1/4" 2/5#	5#
139400	EC Onion Diced 3/8" 2/5#	5#
139601	EC Onion Diced Red 1/2" 2/5#	5#
139600	EC Onion Diced Red 1/4" 2/5#	5#
34646	EC Onion Julienne 1/2" 2/5#	5#
463892	EC Onion Julienne 1/4" 2/5#	5#
210087	EC Onion Peeled Whole Red 1/25#	25#
210086	EC Onion Peeled Whole Span 1/25#	25#
EC-1212	EC Onion Red Rings 3/16" 4/5#	5#
140700	EC Onion Red Sliced 1/4" 2/5#	5#
01-3243	EC ONION RED SLICED 1/8" 1/5#	5#
139900	EC Onion Red Sliced 1/8" 2/5#	5#
152458	EC Onion Sliced 1/4" 2/5#	5#
140100	EC Onion Sliced 1/8" 2/5#	5#
181919	EC Onion Sliced 3/8" 2/5#	5#
017305	EC Orange Wedges 2/5# (1 DAY NOTICED REQUIRED )	5#
140800	EC Parsnip Bistro 2/5# LOCAL Superior, MI	5#

6624563	EC Parsnip Diced 3/4" 2/5# LOCAL Superior MI	5#
EC-1609	EC Pepper Anaheim Cored & Sliced 2/5# ** 1 day notice **	5#
EC-1816	EC Pepper Banana Cored & Sliced 2/5# **1 Day Notice**	5#
141004	EC Pepper Diced Green 1/2" 2/5#	2/5#
141000	EC Pepper Diced Green 1/4" 2/5#	2/5#
167505	EC Pepper Diced Mixed 1/2" 2/5#	2/5#
01-1128	EC Pepper Diced Red 1/2" 2/5#	5#
852194	EC Pepper Diced Red 1/4" 2/5#	5#
141400	EC Pepper Diced Yellow 1/2" 2/5#	5#
141301	EC Pepper Jalapeno Diced 1/4" 2/5#	5#
EC-32878	EC Pepper Jalapeno Sliced 1/4" 2/5#	5#
141108	EC Pepper Julienne Green 1/4" 2/5#	5#
141100	EC Pepper Julienne Green 3/8" 2/5#	5#
154402	EC Pepper Julienne Red 1/4" 2/5#	5#
141300	EC Pepper Julienne Red 3/8" 2/5#	5#
210144	EC Pepper Julienne Tri-Col 3/8" 2/5#	5#
01-2722	EC Pepper Julienne Yellow 3/8" 2/5#	5#
01-2244	EC Pepper Poblano Diced 1/4" 2/5# **1 DAY NOTICE**	5#
EC-1838	EC Pepper Poblano Julienne 2/5#	5#
167503	EC Pepper RED Bistro Cut 2/5#	5#
852198	EC Pepper RED Sticks 1/2" X3" 2/5#	5#
FAb8596	EC Pepper Serrano Diced 1/8" 2/5#	5#
210142	EC Pico Degallo 3/8" 2/5#	5#
01-2233	EC Pineapple Chunk 1" 2/5#	5#
01-10976	EC Pineapple Chunk 1/2" 2/5#	5#
998735	EC Pineapple Chunk 3/4" 2/5#	5#
01-1499	EC Pineapple Diced 1/2" 2/5#	5#
141900	EC Potato Peeled Russet 1/30#	30#
01-1115	EC Potato Peeled Russet 70ct 1/30#	30#
7898973	EC Potato Peeled Russet 90ct 1/30#	30#
141600	EC Potato RED Peeled & Diced RED 1/2" 2/15#	15#
141800	EC Potato RED Peeled Boiler 2/15#	15#
142200	EC Potato RED Quartered "B" 2/15#, SKIN ON	15#
142300	EC Potato RED Sliced 1/4" 2/15#	15#
198167	EC Potato Russ Fries 3/8" Premium Fresh 1/30# (1 DAY NOTICE)	30#
01-10780	EC Potato Sweet Diced 1/2" 2/15#	15#
8903633	EC Potato Sweet Peeled & Diced 3/4" 2/5#	5#
142400	EC Potato Sweet Peeled 2/15#	15#
EC-10570	EC Potato Sweet Peeled WHOLE ORGANIC 2/15# Case	15#
MWF-5521	EC Potato Sweet Wedge 2" 2/5# Case 1 DAY NOTICE	5#
142500	EC Potato Yukon Peeled "A" 2/15#,	15#
6226	EC Potato YUKON Quartered "B" 2/15#, SKIN ON	15#
12017	EC Potatoes, Red Skin-on & Diced 1/2" - 2/15#	2/15#

EC-2719	EC Radish Cleaned & Trimmed CUT IN HALF 2/5#	5#
142601	EC Radish Sliced 1/8" 2/5# LOCAL, Superior, Hudsonville Mi	5#
EC-1374	EC Rutabaga Diced 1" 2/5#	2/5#
EC-2488	EC Squash Acorn Diced 1/2" 2/5#	5#
45642	EC Squash Butternut Bistro 2/5#	5#
01-11909	EC Squash Butternut Diced 1" 2/5#	5#
181060	EC Squash Butternut Diced 1/2" 2/5#	5#
15020	EC Squash Butternut Diced 3/4" 2/5#	5#
EC-2401	EC Squash Butternut ORGANIC Diced 3/4" 2/5#	5#
181228	EC Squash Butternut Peeled & Halved NO SEEDS 2/5# Case	10#
65464	EC Squash Butternut Peeled & Halved NO SEEDS ORGANIC 2/5# Case 1 DAY NOTICE	5#
173100	EC Squash Yellow Bistro Cut 2/5#	5#
EC-2399	EC Squash Yellow Coins 1/2" 2/5#	5#
172000	EC Squash Yellow Diced 1/2" 2/5#	5#
172002	EC Squash Yellow Diced 1/4" 2/5#	5#
142702	EC Squash Yellow Halfmoon 1/4" 2/5#	5#
9073	EC Squash Zucc Bistro Cut 2/5#	5#
098400	EC Squash Zucc Diced 1/2" 2/5#	5#
748804	EC Squash Zucc Diced 1/4" 2/5#	5#
4634156	EC Squash Zucc Half Moon 1/4" 2/5#	5#
142900	EC Squash Zucchini Coins 1/4" 2/5#	5#
01-1882	EC Stir Fry Hilton Blend 2/5# (Ppod,Bsprout,Broc/Celery/Carr/Rpep/ CabNappa)	5#
150200	EC Stir Fry Veg Blend 2/5# (PPod,Broc/Onion/YSqu/Rpep/Gpep/Zsqu)	5#
148313	EC Strawberries Top-off Cut in Half 2-5# (1 DAY NOTICE)	5#
101810	EC Tomato Diced 1/4" 2/5#	5#
78913321	EC Tomato Diced 3/8" 2/5#	5#
143105	EC Tomato Roma Wdg 8 CUT 2/5# (SPECIAL ORDER NO RETURN)	5#
01-1349	EC Tomato Sliced (5/6) 1/4" 2/5#	5#
210093	EC Tomato Sliced(5/6) 3/8" 2/5#	5#
01-1107	EC Turnip Diced 3/4" 2/5#	5#
823508	EC Vegetable Tray 1/5# (1 DAY NOTICE REQUIRED)	5#
01-12102	EC WF Lettuce Iceberg Chopped 60% Chop Romaine 40% 4/5#	4/5#
01-10244	EC WINTER VEG BLEND (Ron/Brus/Cau/Butt Squ/ Tri Color Carrot) 1/14#	14#
MWF-3094	ECLettuce Romaine Chop 1 1/2 x1 1/2 3/4#ORGANIC GROWN IN YUMA,AZ.	4#
15022	GB Fajita Mix 2/5# G & Y Pepper 3/8"" 50% Onions Diced 50%	5#
210650	Lettuce Chef Salad (Shrd Car,Rd Cab) Inv Bags (3 Way) 4/5#	5#
012700	Lettuce Shredded 1/4" 4/5#	5#



# Dairy



Creme Fraiche Cultured Cream Alouette  
2X4.5 LBS | # 126600D



Half & Half Quart | #01-3630



Cream Cheese 10x3LB | 123300D



Chobani Raspberry Greek Yogurt 12x5.3 OZ  
| #553309

120900	Butter Clarified Wuthrich 4/5#	5#
0725080	Butter Cup Salted Ind 720ct/.16oz 1/8# LOCAL Grassland, WI	8#
121500	Butter Unsalted Solids 36/1# LOCAL Grassland, WI	1#
210023	Butter Unsalted Wuthrich 83% European Style 36/1# LOCAL Grassland WI	1#
121900D	Cheese American Sliced Yellow 120SL Bongards 4/5#	5#
659993	Cheese Blue Crumbles 1/5# Bag	5#
MWF-2832	Cheese Blue Imported Danish Wheel 1/6.5#	1ct
01-4664	Cheese Brie 60% President 1kilo EACH LOCAL Lactalis, WI	1kg
126200D	Cheese Brie 60% President 2/1kg Case LOCAL Lactalis, WI	1kg
122700D	Cheese Cheddar Mild Yellow Loaf 2/5# LOCAL AmpI WI	5#
122900	Cheese Cheddar Mild Yellow Sliced .5oz 8/20oz	20oz
153212D	Cheese Cheddar Sharp Spread Merkts 2/10# LOCAL Bel Brands, WI	10#
01-2774	Cheese Cheddar Sharp Yellow Dinner Bell 1/10# LOCAL AMPI, WI	10#
01-3687	CHEESE CHEDDAR SHRED 1/5# LOCAL CAPUTO, IL	5#
122800D	Cheese Cheddar Shredded 4/5# LOCAL CAPUTO, IL	5#
MWF-1451	Cheese Cheddar White Sharp Loaf Dinner Bell 1/5# LOCAL AmpI, Wis	5#
14315454D	Cheese Chihuahua Shredded 4/5# LOCAL V&V Supremo, Chicago IL	5#
01-4668	Cheese Chihuahua Shredded 5# Bag LOCAL V&V Supremo, Chicago IL	5#
3403570	Cheese Cotija Grated 6/1kg Case LOCAL V&V Supremo, Chicago IL	1kg
129500D	Cheese Cottage 4% Small Curd 4/5# LOCAL Muller Pinehurst IL	5#
01-4661	Cheese Cottage 4% Small Curd 5# Tub Each LOCAL Muller Pinehurst IL	5#
01-3689	CHEESE CREAM SMITHFIELD 1/3# EACH	3#
123300D	Cheese Cream Smithfield 10/3# Case	3#
8290031D	Cheese Feta Crumbled 4/5# LOCAL Wiscon/Caputo, IL	5#
01-4674	Cheese Feta Crumbled 5# Bag LOCAL Wiscon/Caputo, IL	5#
123800D	Cheese Feta In Brine Odyssey 2/8# Case LOCAL Klondike, WI	8#
01-4660	Cheese Feta In Brine Odyssey 8# EACH LOCAL Klondike, WI	8#
MWF-2727	Cheese Fontina Imported Danish 1/15#	15#
01-11380	Cheese Goat Crumbles 2/2#	2#
5287463	Cheese Goat Log 6/10.5oz Case LOCAL La Clare, WI	10.5oz
MWF-11279	Cheese Gruyere Grand Cru Emmi Roth EACH 1/6.5# LOCAL Emmi Roth WI	6.5#
MWF-10986	Cheese Manchego Aged 6month Imported Spanish EACH 1/7.25#	7#
MWF-1993	Cheese Mascarpone Belgioioso 4/5# LOCAL Belgioioso WI	5#
01-3847	Cheese Mascarpone Belgioioso 5# EACH LOCAL Belgioioso WI	5#
MWF-1065	Cheese Mozzarella Burrata Fresh 4oz BelGioioso 6/1# LOCAL BelGioioso WI (7 Business Day Notice) NONRETURNABLE	1#
121606	Cheese Mozzarella Ciliegini .33oz Fresh 2/3# LOCAL Wiscon/Caputo, IL	3#
01-2852	Cheese Mozzarella Ovolini 5oz Fresh 2/2.5# LOCAL Wiscon/Caputo, IL	2.5#
01-10316	Cheese MOZZARELLA Shred 5# EACH LOCAL Wiscon/Caputo, IL	5#
124800D	Cheese Mozzarella Shredded 4/5# LOCAL Wiscon/Caputo, IL	5#

01-11035	Cheese Mozzarella Whole Logs Ovolungo Fresh 12/1# LOCAL Wiscon/ Caputo IL (7 Business Day Notice) NONRETURNABLE	1#
411182500	Cheese Paneer Indian Royal Mahout 4/5# Case (7 Business Day Notice) NONRETURNABLE	5#
075700D	Cheese Parmesan Grated 4/5# LOCAL Wiscon/Caputo, IL	5#
01-4647	Cheese Parmesan Grated 5# Bag LOCAL Wiscon/Caputo, IL	5#
MWF-3957	Cheese Parmesan REGGIANO Imported Italy 1/8 Wheel Wedge Avg 1/11#	11#
518090D	Cheese Parmesan SHAVED 4/5# LOCAL Wiscon/Caputo, IL	5#
01-4666	Cheese Parmesan SHAVED 5# Bag LOCAL Wiscon/Caputo, IL	5#
518090	Cheese Parmesan Shredded 4/5# LOCAL Wiscon/Caputo, IL	5#
128602	Cheese Parmesan SHREDDDED 5# Bag LOCAL Wiscon/Caputo, IL	5#
01-4663	Cheese Pepper Jack Loaf 1/5# (3 Business Day Notice)	5#
MWF-4425	Cheese Provolone Miceli EACH 1/12#	12#
79874613	Cheese Queso Fresco Wheel 4/2.27kg LOCAL V&V Supremo, Chicago, IL	5#
01-4648	Cheese Ricotta 3# Tub LOCAL Wiscon/Caputo, IL	3#
MWF-1842	Cheese Ricotta 6/3# LOCAL Wiscon/Caputo, IL	3#
MWF-11607	Cheese Swiss Loaves EACH (1) 7-8#	1
MWF-2723	Cheese Swiss Sliced 8/20oz	20oz
126100D	Cheese Velveeta Loaf 6/5#	5#
049900	Creamer Half & Half Cups Ind 1/348ct LOCAL Muller Pinehurst IL	348ct
01-3964	Creamer Half & Half Cups Ind Aseptic UHT Shelf Stable 1/360ct	360ct
126600D	Creme Fraiche Cultured Cream Alouette 2/4.5#	4.5#
120500	Eggs Hard Cooked Peeled 1/20# Pail In Brine Avg 130ct LOCAL Crystal Lake IN	20#
130000	Eggs Shell Cage Free Large Phil's Loose 1/15dz LOCAL Phils Eggs WI	15dz
127200	Eggs Shell Extra Large Grade A Loose 1/15dz LOCAL Pearl Valley Eggs, IL	15dz
116300	Eggs Whites Liquid Papetti 15/2#	2#
126800	Eggs Whole Liquid Papetti 15/2#	2#
129700	Eggs Yolk Liquid Papetti 15/2# **LIMITED**	2#
01-3967	Half & Half 16/1qrt LOCAL Muller Pinehurst IL	1qrt
01-3630	HALF & HALF QRT EACH LOCAL Muller Pinehurst IL	1qrt
MWF-7569	Half & Half UHT Premium Screw Cap 16/1qrt LOCAL Muller Pinehurst IL (3 Business Day Notice) NONRETURNABLE	32oz
01-10519	Milk 1% 4/1gal LOCAL Muller Pinehurst IL (3 Business Day Notice) NONRETURNABLE	1gal
01-3656	MILK 2% 1 GAL LOCAL Muller Pinehurst IL	1gal
127700D	Milk 2% 4/1gal LOCAL Muller Pinehurst IL	1gal
120300	Milk 2% 50/.5pt LOCAL Muller Pinehurst IL	.5pt
01-3962	Milk 2% 9/.5gal LOCAL Muller Pinehurst IL	.5gal
90086	Milk 2% Dispenser 1/5gal LOCAL Muller Pinehurst IL (3 Business Day Notice) NONRETURNABLE	5gal



MWF-8134	Milk 2% UHT 12/1qrt LOCAL Muller Pinehurst IL (3 Business Day Notice) NONRETURNABLE	32oz
MWF-2663	Milk 2% UHT Chugs Plastic 12/14oz LOCAL Muller Pinehurst IL	14oz
01-3633	MILK BUTTERMILK 1 QRT LOCAL Muller Pinehurst IL	1qrt
127900D	Milk Buttermilk 16/1qrt LOCAL Muller Pinehurst IL	1qrt
01-4052	Milk Chocolate 1% Dispenser 1/5gal LOCAL Muller Pinehurst IL (3 Business Day Notice) NONRETURNABLE	5gal
MWF-2582	Milk Chocolate 1% UHT Chugs Plastic 12/14oz LOCAL Muller Pinehurst IL	14oz
01-4270	Milk Chocolate 9/.5gal (3 Business Day Notice) LOCAL Muller Pinehurst IL NONRETURNABLE	.5gal
128000	Milk Chocolate Fat Free 50/.5pt LOCAL Muller Pinehurst IL	.5pt
MWF-7759	Milk Lactose Free 1% Aseptic 27/8oz LOCAL Muller Pinehurst, IL	8oz
01-3692	Milk Lactose Free 2% 6/64oz LOCAL Muller Pinehurst IL	64oz
01-4670	Milk SKIM Fat Free 1gal EACH LOCAL Muller Pinehurst IL	1gal
128300D	Milk Skim Fat Free 4/1gal LOCAL Muller Pinehurst IL	1gal
128200	Milk Skim Fat Free 50/.5pt LOCAL Muller Pinehurst IL	.5pt
01-3963	Milk Skim Fat Free 9/.5gal LOCAL Muller Pinehurst IL	.5gal
01-1799	Milk Skim Fat Free Dispenser 1/5gal LOCAL Muller Pinehurst IL (3 Business Day Notice) NONRETURNABLE	5gal
MWF-10187	Milk Skim UHT 12/1qrt LOCAL Muller Pinehurst IL (3 Business Day Notice) NONRETURNABLE	32oz
MWF-2583	Milk Strawberry UHT Chugs Plastic 12/14oz LOCAL Muller Pinehurst IL (3 Business Day Notice) NONRETURNABLE	14oz
01-3634	MILK WHOLE 1GAL LOCAL Muller Pinehurst IL	1gal
128500D	Milk Whole 4/1gal LOCAL Muller Pinehurst IL	1gal
01-4093	Milk Whole 9/.5gal LOCAL Muller Pinehurst IL	.5gal
01-3965	Milk Whole Dispenser 1/5gal LOCAL Muller Pinehurst IL (3 Business Day Notice) NONRETURNABLE	5gal
MWF-2664	Milk Whole UHT Chugs Plastic 12/14oz LOCAL Muller Pinehurst IL	14oz
128400	Milk Whole Vitamin D 50/.5pt LOCAL Muller Pinehurst IL	.5pt
01-10307	Soft Serve Ice Cream Mix Chocolate 4% 9/.5gal LOCAL Muller Pinehurst IL (3 Business Day Notice) NONRETURNABLE	.5gal
01-10308	Soft Serve Ice Cream Mix Vanilla 4% 9/.5gal LOCAL Muller Pinehurst IL (3 Business Day Notice) NONRETURNABLE	.5gal
01-3640	SOUR CREAM 1/5# EACH LOCAL Muller Pinehurst, IL	5#
210079D	Sour Cream 4/5# Case LOCAL Muller Pinehurst, IL	5#
0973254	Sour Cream Packet Ind 100/1oz (7 Business Day Notice) NONRETURNABLE	1oz
130200	Whip Cream Aerosol Can 12/14oz Case LOCAL Muller Pinehurst IL	14oz
01-3231	Whip Cream Aerosol Can 14oz EACH LOCAL Muller Pinehurst IL	14oz
01-3652	WHIPPING CREAM HEAVY 36% 1 QRT EACH LOCAL Muller Pinehurst IL	1qrt
01-3968	Whipping Cream Heavy 36% 16/1qrt LOCAL Muller Pinehurst IL	1qrt
01-1153	Yogurt Blueberry Low Fat 4/5# LOCAL Muller Pinehurst IL	5#

01-4100	Yogurt Blueberry Low Fat 5# TUB LOCAL Muller Pinehurst IL	5#
553314	Yogurt Chobani Greek Black Cherry 0% No Fat 12/5.3oz	5.3oz
553300	Yogurt Chobani Greek Blueberry 0% No Fat 12/5.3oz	5.3oz
553309	Yogurt Chobani Greek Raspberry 0% No Fat 12/5.3oz	5.3oz
553318	Yogurt Chobani Greek Straw/Banana 2% Low Fat 12/5.3oz	5.3oz
553297	Yogurt Chobani Greek Vanilla 0% No Fat 12/5.3oz	5.3oz
4655	Yogurt Greek Plain 10% Fat Odyssey 1/11# LOCAL Klondike, WI	11#
129400D	Yogurt Plain Unswt Fat Free 4/5# LOCAL Muller Pinehurst IL	5#
01-4654	Yogurt Plain Unswt Fat Free 5# TUB LOCAL Muller Pinehurst IL	5#
01-1154	Yogurt Strawberry Low Fat 4/5# LOCAL Muller Pinehurst IL	5#
01-4099	Yogurt Strawberry Low Fat 5# TUB LOCAL Muller Pinehurst IL	5#
64546545D	Yogurt Vanilla Low Fat 4/5# LOCAL Muller Pinehurst IL	5#
01-4662	Yogurt VANILLA Low Fat 5# TUB LOCAL Muller Pinehurst IL	5#

# Dry Goods



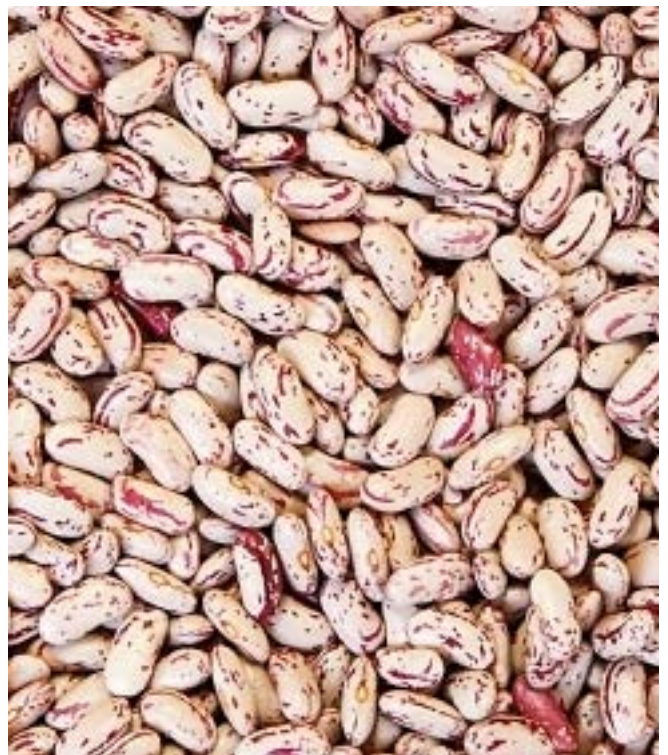
Mustard Dijon Grained Plastic Esprit de Paris  
4X9.3 LB | #MWF-7565



Baking Soda 5 LB | #01-5060



Pure Sesame Oil 10x56 OZ | #87162DG



Pinto Beans 20 LB | #7289723



MWF-1781	Agave Nectar Syrup Blue Organic 2/176oz Gallon	gal
025500DG	Aji Mirin Manjo Sweet Cooking Rice Wine 6/60oz (4 Business Day Notice)	60oz
026100DG	Anchovies Fillets 12/28oz Case	28oz
01-5005	Anchovies Fillets 28oz EACH	28oz
027600	Artichoke Hearts Quartered Ambrosia 6/3kg	3kg
027400	Artichoke Hearts Whole 30/40ct Ambrosia 6/3kg	3kg
01-5006	Baking Powder Kraft 5# EACH	5#
028000DG	Baking Powder Kraft 6/5# Case	5#
01-5060	Baking Soda Clabber Girl 5# EACH	5#
6698521DG	Baking Soda Clabber Girl 6/5#	5#
028600	Bamboo Shoots Sliced 6/#10 (4 Business Day Notice)	#10
348637	Bar Mix Bloody Mary Original Major Peters 12/32oz (8 Business Day Notice) NON-RETURNABLE	32oz
MWF-11164	Bars Kind Mini Peanut Butter Dark Chocolate 8x10/.7oz-80ct (8 Business Day Notice) NONRETURNABLE	.8oz
029200	Beans Baked Original Brn Sgr Bacon Bushs 6/#10	#10
029300	Beans Black Low Sodium Bushs 6/#10	#10
029400	Beans Cannellini Progresso 24/15oz Cans	15oz
181061	Beans Dry Barley Pearled 1/25#	25#
029900	Beans Dry Black 1/20#	20#
031100	Beans Dry Blackeye Peas 1/20#	20#
029500	Beans Dry Cannellini White 1/10#	10#
181057	Beans Dry Garbanzo 1/20#	20#
181064	Beans Dry Great Northern 1/20#	20#
031400	Beans Dry Green Split Peas 1/20#	20#
031500	Beans Dry Lentil 1/20#	20#
270095	Beans Dry Lentil BLACK 1/10#	10#
88401	Beans Dry Lentil FRENCH GREEN 1/10#	10#
032000	Beans Dry Lentil Red 1/10#	10#
031800	Beans Dry Navy 1/20#	20#
7289723	Beans Dry Pinto 1/20#	20#
029800	Beans Garbanzo Chick Pea Low Sodium Bushs 6/#10	#10
181004	Beans Great Northern Bushs 6/#10	#10
030000	Beans Kidney Dark Red Bushs 6/#10	#10
52406	Beans Pinto Bushs 6/#10	#10
030500	Beans Refried La Preferida 6/#10	#10
033500	Bread Crumbs Japanese Panko 1/25#	25#
169196	Breadstick Grissini Thin Italian Alessi 12/3oz	3oz
033900	Bulgur Wheat Coarse 1/10#	10#
01-11893	Capers Non Pareille Ambrosia 6/32oz	32oz
01-12021	Cereal Oatmeal Whole Grain Organic Earth's Best 12/8oz (8 Business Day Notice) NONRETURNABLE	8oz
040700	Charcoal MESQUITE Natural Lump 1/40#	40#

041200DG	Cherries Maraschino Large W/Stems 4/1gal	1gal
01-4266	Chia Seeds Black 1/20oz	20oz
MWF-6998	Chia Seeds Black 50# Case (10 Business Day Notice) NONRETURNABLE	50#
11061	Chips Potato Lays Classic Plain 104/1oz	1oz
257436	Chocolate Chips Semi Sweet Ghirardelli 1000/Lb 1/35#	35#
01-4303	Chocolate Chips White Ghirardelli 10#	10#
01-2312	Chocolate Coins Pistoles Bittersweet 64% Noel 1/11#	11#
01-2310	Chocolate Coins Pistoles Milk 35% Lactee Noel 1/11#	11#
01-2311	Chocolate Coins Pistoles White 30% Blanc Noel 1/11#	11#
435988	Clam Chopped Ocean 12/51oz	51oz
469269	Cocoa Powder Extra Brute 22-24% Fat Cacao Barry EACH 2.2#	2#
043600	Coconut Cream Unsweetened Thai Kitchen 6/13.66oz	13.7oz
MWF-5988	Coconut Flake Sweetened 10/1# Case	10#
86002	Coconut Milk Unsweetened 24/14oz	14oz
181908DG	Coconut Milk Unsweetened Ambrosia 6/#10	10#
210222	Coconut Shredded Unsweetened 1/5#	5#
044500	Cookies Fortune Ind Wrapped 1/350ct (4 Business Day Notice)	350ct
044800	Cookies Oreo Crumb Pieces 12/1#	2.5#
180966	Corn Baby Whole 150-200ct 6/#10	#10
046000	Corn Meal Yellow 1/25#	25#
046200	Corn Starch Argo 24/1#	1#
72100DG	Couscous Israeli Pearl Toasted 4/5#	5#
126500DG	Couscous Traditional Small 4/11#	11#
111700	Crackers Carrs Asst Entertainment 12/7.5oz	7.5oz
112400	Crackers Goldfish Cheddar Cheese Pepperidge Farm 6/26.3oz	26oz
047800	Crackers Graham Bulk Nabisco 27/4.8oz (8 Business Day Notice) NONRETURNABLE	4.7oz
048900	Crackers Oyster Westminster Ind 1/150ct	150ct
049200	Crackers Saltines Ind PC Zesta 500/2ct	2ct
050100	Croutons Seasoned 1/2"X1/2" 1/10#	10#
084100	Dressing Ranch Dry Mix Hidden Valley 18/3.2oz	3.2oz
051000	Dried Apricot Turkish 1/5#	5#
051100	Dried Banana Chips 1/5#	5#
051300	Dried Cherries Tart 1/5#	5#
051400	Dried Cranberries 1/5#	5#
051600	Dried Currant Zante 1/5#	5#
2605555	Dried Date Medjool 1/11#	11#
051700	Dried Date Pitted 1/5#	5#
052000	Dried Figs Black Mission 1/5#	5#
302923812	Dried Hibiscus Flowers 1#	1#
901301	Dried Hibiscus Flowers 5# Case	5#
MWF-10713	Dried Kiwi Sliced 1/5# (10 Business Day Notice) NONRETURNABLE	5#
052200	Dried Mango Slices 1/5#	5#

044000	Dried Papaya Chunks 2/2.5#	2.5#
053600	Dried Prunes Pitted 1/5# (7 Business Day Notice) NONRETURNABLE	5#
053700	Dried Raisins Dark 1/5#	5#
053900	Dried Raisins Golden 1/5#	5#
180475	Extract Vanilla Imitation 1/32oz	32oz
053801	Extract Vanilla Pure 1/32oz	32oz
01-4227	Farro Grain Ambrosia 4/3#	3#
055700	Flour All Purpose Artisan Sir Galahad Unblchd King Arthur 1/50#	50#
055500	Flour All Purpose Unbleached Ceresota 2/25#	25#
055400	Flour Cake Arbutus/Knappen 1/50#	50#
878443	Flour Garbanzo Chickpea Ceci 1/8# (10 Business Day Notice) NONRETURNABLE	8#
0327090	Flour Hi Gluten Sir Lancelot King Arthur 1/50#	50#
056000	Flour Rice Gluten Free Mulan 24/1#	1#
056100	Flour Semolina Durakota 50#	50#
458712	Flour Tapioca Starch Gluten Free Mulan 24/1#	1#
301089	Giardiniera Hot 4/1gal LOCAL Puckered Pickle, Chicago IL	1gal
058300	Giardiniera Mild 4/1gal LOCAL Puckered Pickle, Chicago IL	1gal
181026	Graham Cracker Crumb Nabisco 2/5#	5#
01-4302	Granola Honey Oat (Nut Free) Bobs Red Mill 1/25#	25#
14410	Hearts of Palm 12/28oz Cans	28oz
180944	Hominy White La Preferida 6/#10	#10
27352DG	Honey Light Amber 6/5# LOCAL Pure Sweet WI	5#
01-5039	Honey Light Amber WISC 5# EACH LOCAL Pure Sweet WI	5#
110608	Hot Chocolate Tablets Abuelita 12/19oz (7 Business Day Notice) NONRETURNABLE	19oz
MWF-1545	Jackfruit In Brine 24/20oz Cans	20oz
MWF-1469	Jarritos Soda Fruit Punch 24/12.5oz Glass (4 Business Day Notice)	12oz
MWF-1468	Jarritos Soda Lime 24/12.5oz Glass (4 Business Day Notice)	12oz
MWF-1471	Jarritos Soda Mandarin 24/12.5oz (4 Business Day Notice)	12oz
063300	Jelly Grape Jelly Lawrence 6/#10 Cans	#10
01-2441	Jelly Grape Squeeze Welchs 12/20oz (7 Business Day Notice) NONRETURNABLE	20oz
062400	Jelly Mint Pure Polaner 6/4# Jars	4#
063100	Jelly Strawberry Preserve Smuckers 6/3# Jars	3#
03889	Jelly Strawberry Rm Serv Dickinson 72/1oz Glass (7 Business Day Notice) NONRETURNABLE	1oz
01-3873	Jelly Strawberry Squeeze Welchs 12/20oz (7 Business Day Notice) NONRETURNABLE	20oz
042700	Juice Clam 12/46oz	46oz
133232	Ketchup Heinz Plastic Jug 6/114oz	114oz
48392	Lychee In Syrup Cans 24/20oz (4 Business Day Notice) NONRETURNABLE	20oz



118400	Marshmallows Mini White 12/1# (7 Business Day Notice) NONRETURNABLE	1#
164300	Marshmallows Regular Jet Puff White 12/1#	1#
068100	Mayonnaise Real Hellmanns 4/1gal	1gal
MWF-3515	Milk Almond Original Sweetened Barista Shelf Stable Califia 12/32oz	32oz
01-11627	Milk Almond PLAIN Unsweetened Vegan Almond Breeze 12/1qrt	32oz
120000	Milk Condensed Nestle LaLechera 24/14oz	14oz
181118	Milk Condensed Spring Farm 6/#10	#10
181225	Milk Evaporated Carnation 24/12oz	12oz
01-10722	Milk Oat Barista Blend Original OATLY BRAND 12/32oz Hyatt Corp (8 Business Day Notice) NONRETURNABLE	32oz
MWF-3471	Milk Oat Barista Blend Shelf Stable Califia 12/32oz	32oz
01-4053	Milk Soy Plain Original Sweetened Organic Kikkoman Pearl 12/32oz	32oz
83296-6	Mix Falafel Ziyad 24/12oz	12oz
46016	Mix Pancake Buttermilk Complete Krusteaz 6/5#	5#
029000	Mix Tempura Batter Kikkoman 6/5#	5#
01-4185	Molasses Black Strap 1-Gal EACH	1gal
MWF-7565	Mustard Dijon Grained Plastic Esprit de Paris 4/9.3#	9#
01-5012	Mustard Dijon Grained Plastic Esprit de Paris 9.3# EACH	8.56#
01-5059	Mustard Dijon Smooth Traditional Espirt de Paris 9.5# EACH	9.25#
MWF-2725	Mustard Dijon Smooth Traditional Esprit de Paris 4/9.5#	9#
MWF-3440	Mustard Yellow French's 4-3.1L (105oz) Case	1
445692	Mustard Ylw Squeeze Heinz 16/9oz	9oz
078400	Noodles Cellophane Bean Thread 50/17.6oz (4 Business Day Notice)	17.6oz
37878877	Noodles Rice Stick Medium 3mm (Pad Thai) Erawan 30/16oz	16oz
31825829	Noodles Rice Stick Small 1mm (Pad Thai) Erawan 30/16oz	16oz
MWF-5086	Noodles Rice Stick Vermicelli Sailing Boat 30/16oz	16oz
177700	Nuts Almonds Raw Blanched Skin Off 1/5#	5#
025800	Nuts Almonds Raw Skin On 1/5#	5#
01-5008	Nuts Almonds Sliced Blanched 1.75# Can EACH	1.75#
0423090DG	Nuts Almonds Sliced Blanched 6/1.75# Cans	1.75#
01-4346	Nuts Almonds Sliced Natural W/SKIN 1/5#	5#
384215	Nuts Almonds SLIVERED 1/5#	5#
036500	Nuts Cashews Raw No Salt 1/5#	5#
465463131	Nuts Cashews Roasted/Salted 1/5#	5#
60200	Nuts Hazelnut Filbert Raw Blanched 1/5#	5#
066500	Nuts Macadamia Halves Raw 1/5#	5#
376185	Nuts Peanuts Honey Roasted 1/25# (7 Business Day Notice) NONRETURNABLE	25#
067000	Nuts Peanuts Raw Blanched 1/5#	5#
067100	Nuts Peanuts Rstd Salted Jumbo 1/5#	5#

843257	Nuts Pecan Halves Raw 1/5#	5#
067300	Nuts Pecan Pieces Raw 1/5#	5#
210081	Nuts Pine Raw 1/5#	5#
081800	Nuts Pistachios Raw No Shell 1/5#	5#
108600	Nuts Walnut Halves/Pieces Combo 1/5#	5#
115000	Nuts Walnut Pieces Bakers Chop 1/5#	5#
01-1169	Oats Rolled 1/50#	50#
3032167	Oil Canola 75%/Extra Virgin 25% Blend Sorrento 4/1gal LOCAL Columbus Oils, IL	1gal
073700	Oil Canola Salad 1/35# LOCAL Columbus Oils, IL	35#
188177	Oil Canola Salad Natures Secret 6/1gal LOCAL Columbus Oils, IL	1gal
072900	Oil Clear Fry Liquid Shortening 1/35# LOCAL Columbus Oils, IL	35#
116400	Oil Fluid Flex Cake Shortening Liquid 1/38# (8 Business Day Notice) NONRETURNABLE	38#
01-3943	Oil Olive Extra Virgin 100% Sorrento 1/Gal EACH	gal
769808	Oil Olive Extra Virgin 100% Sorrento 6/1gal	1gal
400846	Oil Pan Coating Food Release Spray Vegalene 6/21oz	21oz
87162DG	Oil Sesame Pure 10/56oz Case	56oz
01-5071	Oil Sesame Pure 56oz EACH	56oz
074100	Oil Sweetex Shortening Cake & Icing 1/50# (8 Business Day Notice) NONRETURNABLE	50#
465456	Oil Truffle White 1/8.45oz	8oz
074900	Olives Black Sliced Ripe Ambrosia 6/#10	#10
074700	Olives Green Queen Pitted 100/110ct 4/1gal	1gal
074800	Olives Green Queen Stuffed W/Pimiento 80/90 4/1gal	1gal
01-4400	Olives Kalamata Pitted 2kilo EACH	2kilo
71778DG	Olives Kalamata Pitted 6/2kg Case	2kg
075000	Orange Mandarin Segment Whole 6/#10	#10
125485	Parchment Wax Paper 16x24 Quilon 1/1000ct (7 Business Day Notice) NONRETURNABLE	1000ct
076000	Pasta Dry Cavatappi Roseli 2/10#	10#
132571	Pasta Dry Ditalini Barilla 16/1# (8 Business Day Notice) NONRETURNABLE	1#
181037	Pasta Dry Elbow Macaroni Barilla 2/10#	10#
01-10668	Pasta Dry GLUTEN FREE Penne Barilla 8/12oz	12oz
01-2255	Pasta Dry Orzo Rosamarina 4/5#	5#
01-2304	Pasta Dry Penne Rigate Mostaccioli Barilla 2/10#	10#
114789	Pasta Dry Spaghetti La Molisana 2/10#	10#
01-4201	Paste Achiote/Annatto Yucateco 12/15oz	15oz
01-10306DG	Paste Chili Pepper Hot Korean Gochujang 1/2.2#	2.2#
089300DG	Paste Tahini Sesame Ambrosia 12/1#	1#
079300	Peach Can Sliced In Juice Ambrosia 6/#10 (10 Business Day Notice) NONRETURNABLE	#10
01-4104	Peanut Butter Creamy Skippy 6/4#	4#

148501	Peas Pigeon Gandules Goya 12/29oz Cans	29oz
45634	Pepper Banana Sliced Rings Mild 4/1gal	1gal
01-4009	Pepper Cherry Mild Whole 4/1gal (7 Business Day Notice) NONRETURNABLE	1gal
079900	Pepper Cherry Sliced Hot 4/1gal (7 Business Day Notice) NONRETURNABLE	1gal
080000	Pepper Chipotle In Adobo 24/7oz Cans	7oz
01-4406	Pepper Dried Ghost 1#	1#
086100	Pepper Fire Roasted Red Whole 6/#10	#10
8787222	Pepper Green Chile Diced 12/27oz Cans	27oz
181008	Pepper Jalapeno Nacho Sliced 6/#10	#10
050308	Pepper Peppadew Piquante Mild Whole 2/6#	6#
01-11518	Pepper Sweet Drop Red 6/28oz Cans (10 Business Day Notice) NONRETURNABLE	28oz
01-5010	Pickle Cornichon Gherkins 5kg EACH	5kg
047000DG	Pickle Cornichon Gherkins 6/5kg Case	5kg
72160DG	Polenta Instant Yellow Medium Grain Ambrosia 4/5#	5#
210185	Pumpkin Seeds Raw Pepitas 1/5#	5#
181054	Quinoa Grain Golden White Ambrosia 2/5#	5#
01-3258	Quinoa Grain RED Ambrosia 2/5#	5#
01-4220	Quinoa Tri Colored Ambrosia 2/5#	5#
01-1054	Relish Green Super Green 4/1gal LOCAL Puckered Pickle, Chicago IL	1gal
085000DG	Rice Arborio (Risotto) 4/11#	11#
01-5015	Rice Basmati White 10# EACH	10#
01-2346	Rice Black Chinese In Harvest 6/2#	2#
180420	Rice Brown Medium Grain Momokan 1/20#	20#
085600	Rice Jasmine Thai Hom Mali 1/25#	25#
01-1773	Rice Paper 8" SQUARE (Spring Roll Skin) Banh Trang 50/12oz (4 Business Day Notice)	12oz
085700	Rice Parboiled Extra Long Grain RICELAND 1/25#	25#
085300	Rice Sushi Medium Grain Calrose Botan 1/20#	20#
024400DG	Rice Wild 100% 4/5#	5#
01-5003	Rice Wild 100% 5# EACH	5#
134100	Saffron Pure Spanish 1/1oz	1oz
MWF-7536	Salsa Verde Green Medium Herdez 6/68oz Plastic Jug	4.4#
086400	Salt Kosher Coarse Morton 12/3#	3#
097500	Salt Seasoned Lawrys 4/5#	5#
461365135	Sauce Barbeque Original Sweet Baby Ray 4/1gal	1gal
040800	Sauce Cheddar Cheese Mild Gehl's 6/#10	#10
180495	Sauce Chili Sweet Mae Ploy 12/25oz	25oz
87108DG	Sauce Hoisin Ambrosia 6/5#	5#
87060	Sauce Oyster 6/64oz Case	64oz



MWF-9432	Sauce Peanut Bangkok Padang House Of Tsang 4/51.8oz (7 Business Day Notice) NONRETURNABLE	51oz
180480	Sauce Pizza Prepared Full Red 6/#10	#10
1785	Sauce Red Hot Original Cayenne Franks 4/1gal	1gal
090800DG	Sauce Soy Kikkoman 4/1gal	1gal
089000	Sauce Tabasco 24/2oz	2oz
089100	Sauce Tabasco Mini Room Service 144/1/8oz (7 Business Day Notice) NONRETURNABLE	8oz
103300	Sauce Teriyaki Kikkoman 4/1gal	1gal
110600DG	Sauce Worcestershire Frenchs 4/1gal	1gal
01-5050	Seasoning Ancho Pepper Ground 16oz EACH	16oz
01-5049	Seasoning Chipotle Powder 20oz EACH	20oz
01-5051	Seasoning Everything Bagel 1/6# (10 Business Day Notice) NONRETURNABLE	6#
MWF-1588	Seasoning Fruit Tajin Clasico 12/5oz	5oz
395296DG	Seasoning Magic Blackened Redfish 4/24oz	24oz
097800	Seasoning Old Bay 1/24oz	24oz
01-2438	Seasoning Sazon Culantro/Achiote Jumbo Ind Goya 15X36/.35oz (8 Business Day Notice) NONRETURNABLE	.35oz
3531313DG	Seaweed Dried Nori Sheet 10X50ct Case	50ct
01-5041	Seaweed Dried Nori Sheet 50ct Pkg EACH	50ct
101400	Shell Taco Hard 5.25" Mission 1/200ct	200ct
6512698	Soda Coke Classic Cans 24/12oz	12oz
01-4176	Soda Coke Diet Cans 24/12oz	12oz
01-2294	Soda Coke ZERO No Sugar Cans 24/12oz (7 Business Day Notice) NONRETURNABLE	12oz
49133	Soda Dr Pepper Cans 24/12oz (7 Business Day Notice) NONRETURNABLE	12oz
49134	Soda Dr Pepper Diet Cans 24/12oz (7 Business Day Notice) NONRETURNABLE	12oz
01-1785	Soda Sprite Lemon Lime Cans 24/12oz (7 Business Day Notice) NONRETURNABLE	12oz
54114554	Spice Allspice Ground 1/1#	1#
01-10792	Spice Allspice Whole 1/12oz	12oz
091200	Spice Anise Star 1/7oz	7oz
091500	Spice Basil Whole 1/2#	2#
171400	Spice Bay Leaves Whole 1/10oz	10oz
465566	Spice Cajun Seasoning 1/22oz	22oz
091800	Spice Caraway Seed Whole 1/1#	1#
0919080	Spice Cardamom Ground 1/1#	1#
091900	Spice Cardamom Whole Pod 1/12oz	12oz
4345345	Spice Cayenne Pepper 1/1#	1#
5299874	Spice Cayenne Pepper 1/5#	5#
092000	Spice Celery Salt 1/30oz	30oz
092100	Spice Chili Powder Dark 1/20oz	20oz

2348098	Spice Chili Powder Dark 1/6#	6#
092300	Spice Cinnamon Ground 16oz	1#
092400	Spice Cinnamon Stick 1/8oz	8oz
092500	Spice Cloves Ground 1/1#	1#
092600	Spice Cloves Whole 1/11oz	11oz
092700	Spice Coriander Ground 1/14oz	14oz
092800	Spice Coriander Seed Whole 1/9oz	9oz
092900	Spice Cream Of Tartar 1/25oz (10 Business Day Notice) NONRETURNABLE	25oz
093000	Spice Cumin Ground 1/1#	1#
050606	Spice Cumin Whole Seed 1/1#	1#
093100	Spice Curry Powder 1/1#	1#
093200	Spice Dill Weed 1/5oz	5oz
093400	Spice Fennel Seed Whole 1/12oz	12oz
835780	Spice Five Chinese 1/1#	1#
0897966	Spice Garam Masala 1/16oz	16oz
047426	Spice Garlic Granulated 1/22oz	22oz
180540	Spice Garlic Granulated 1/7#	7#
093600	Spice Garlic Powder 1/17oz	17oz
7647683	Spice Garlic Powder 1/6#	6#
093800	Spice Ginger Ground 1/1#	1#
9569328	Spice Italian Seasoning Whole 1/2#	2#
094000	Spice Jerk Jamaican Seasoning 1/26oz	26oz
175190	Spice Lavender Dried 1/4oz	4oz
181231	Spice Lemon Pepper 1/8#	8#
181910	Spice Mustard Ground 1/18oz	18oz
185785	Spice Mustard Seed Whole 1/24oz	24oz
094400	Spice Nutmeg Ground 1/1#	1#
321044	Spice Nutmeg Whole 1/16oz	16oz
094600	Spice Onion Powder 1/18oz	18oz
210030	Spice Onion Powder 1/6#	6#
210129	Spice Oregano Whole 1/2#	2#
01-2701	Spice Paprika SMOKED SWEET 1/18oz	18oz
095200	Spice Paprika Spanish 1/1#	1#
095100	Spice Paprika Spanish 1/5#	5#
095300	Spice Parsley Flakes 1/10oz	10oz
053800	Spice Pepper Black Cracked 1/5#	5#
095500	Spice Pepper Black Table Ground 1/16oz	16oz
4435343	Spice Pepper Black Table Ground 1/5#	5#
095600	Spice Pepper Black Whole 1/18oz	18oz
095700	Spice Pepper Black Whole 1/6#	6#
095900	Spice Pepper Red Crushed 1/10oz	10oz
210005	Spice Pepper Red Crushed 1/4#	4#
096000	Spice Pepper White Ground 1/17oz	17oz

335795	Spice Peppercorn Pink Dried 1/8oz	8oz
210108	Spice Pickling 1/3.5#	3.5#
096300	Spice Poppy Seed Blue 1/20oz	20oz
096400	Spice Rosemary Leaves Whole 1/6oz	6oz
096600	Spice Sage Rubbed 1/6oz	6oz
096900	Spice Sesame Seeds 1/6#	6#
1588635	Spice Sesame Seeds Black 1/18oz	18oz
30507507	Spice Sesame Seeds White 1/21oz	21oz
01-11048	Spice Sumac Ground 1/16oz	18oz
097000	Spice Tarragon Leaves 1/5oz	5oz
097100	Spice Thyme Leaves 1/7oz	7oz
75643	Spice Togorashi Chili Assorted 1/10.58oz	10.58oz
097200	Spice Turmeric Ground 1/16oz	16oz
01-4362	Spice Zahtar 1/16oz (10 Business day Notice) NONRETURNABLE	16oz
114400DG	Sprinkles Decorettes Rainbow 4/6# Case	6#
01-5021	Sprinkles Decorettes Rainbow 6# EACH	6#
114500	Sugar Brown Dark Domino 24/1#	1#
098300	Sugar Brown Light Domino 24/1#	1#
MWF-3192	Sugar Demerara Brown Crystal 1/10#	10#
099000	Sugar Granulated Beet Pioneer 1/50#	50#
098900	Sugar Granulated Cane Domino 1/25#	25#
099100	Sugar In The Raw Turbinado 12/2#	2#
099700	Sugar In The Raw Turbinado Ind 1/1200ct	1200ct
099300	Sugar Packets Ind Domino 1/2000ct	2000ct
098700	Sugar Powdered Confectioners 10X Domino 24/1#	1#
MWF-1832	Sugar Raw Cane Brown Piloncillo Goya 25/8oz (8 Business Day Notice) NONRETURNABLE	8oz
100100	Sugar Sub Equal Ind 1/2000ct	2000ct
099900	Sugar Sub Splenda Ind 1/2000ct	2000ct
01-2608	Sunbutter Sunflower Nut Spread Creamy 6/5#	5#
100600	Sunflower Seed Raw Kernel No Shell 1/5#	5#
MWF-3336	Syrup Coke BIB 5gal (4 Business Day Notice) NONRETURNABLE	5gal
MWF-3337	Syrup Coke Diet BIB 5gal (4 Business Day Notice) NONRETURNABLE	5gal
MWF-9925	Syrup Coke Zero No Sugar BIB 5gal (4 Business Day Notice) NONRETURNABLE	5gal
101100DG	Syrup Corn Light Karo 4/1gal	1gal
MWF-8291	Syrup Cranberry Juice BIB Minute Maid 2.5gal (4 Business Day Notice) NONRETURNABLE	1ct
MWF-3335	Syrup Ginger Ale BIB Seagrams 2.5gal (4 Business Day Notice) NONRETURNABLE	2.5ct
MWF-3334	Syrup Lemonade BIB Minute Maid 2.5gal (4 Business Day Notice) NONRETURNABLE	2.5ct
43634	Syrup Maple PURE Grade A USA/Canada 1gal	1gal



MWF-7885	Syrup Orange Fanta BIB 5gal (4 Business Day Notice) NONRETURNABLE	5gal
MWF-2645	Syrup Root Beer BIB Barqs 2.5gal (4 Business Day Notice) NONRETURNABLE	1ct
MWF-3338	Syrup Sprite Lemon Lime BIB 5gal (4 Business Day Notice) NONRETURNABLE	5gal
MWF-3339	Syrup Tonic Water Seagrams BIB 2.5gal (7 Business Day Notice) NONRETURNABLE	5gal
01-12148	Tea Green Matcha Loose Mighty Leaf 6/1.5oz (7 Business Day Notice) NONRETURNABLE	1.5oz
78394884	Tomatillos Green Whole 6/#10 Cans	#10
117800	Tomato Can Crushed All Purpose Angela Mia 6/#10	#10
103700	Tomato Can Diced 6/#10	#10
117900	Tomato Can Marinara Sauce 6/#10	#10
104200	Tomato Can Paste Full Red 6/#10	#10
104600	Tomato Can Puree Full Red 6/#10	#10
34803	Tomato Can Whole Pear Peeled San Marzano Style Imported Italy Carmelina 6/3kg	3kg
115900P	Tomato Sun-Dried Halves 4/5#	5#
40312	Topping Gold Brick Choc/Pecan Elmers 2/7# Cans (7 Business Day Notice) NONRETURNABLE	7#
327038	Tortilla Chips Totopos Triangle 12/1# LOCAL El Milagro, IL	1#
01-1819	Trash Bag Liner 60gal Heavy Black 100ct	100ct
4654564	Truffle Peelings Black 1/7oz	7oz
107300	Tuna Chunk WHITE Albacore Cans 6/66.5oz	66.5oz
01-5022	Vinegar Apple Cider Heinz 1/1gal EACH	1gal
114900DG	Vinegar Apple Cider Heinz 6/1gal	1gal
70600DG	Vinegar Balsamic Red Bellissimo 2/5ltr	5ltr
70442	Vinegar Balsamic Red GLAZE 6/12.9oz	12.9oz
70588DG	Vinegar Balsamic White Italian Condiment 2/5ltr	5ltr
01-5031	Vinegar Red Wine Pastorelli 1/1gal EACH LOCAL Pastorelli, IL	1gal
180470DG	Vinegar Red Wine Pastorelli 4/1gal LOCAL Pastorelli, IL	1gal
70520DG	Vinegar Rice Wine Plain 4/1gal	1gal
01-3845	Vinegar White Distilled Pastorelli 1/1gal EACH LOCAL Pastorelli, IL	1gal
10005DG	Vinegar White Distilled Pastorelli 4/1gal LOCAL Pastorelli, IL	1gal
70182DG	Wasabi Powder 10/2.2# Case	2.2#
01-5061	Wasabi Powder 2.2# EACH	2.2#
054200	Wheat Berries Hard Red 1/10#	10#
5388888	Wood Chips Hickory 6/2#	2#
01-4278	Wood Log Oak Mixed Yellow Sack 1/35# LOCAL Lumberjack, IL	50#
01-5029	Yeast Instant Dry 1# EACH	1#
148219DG	Yeast Instant Dry 20/1# Case	1#



# Refrigerated



Milk Almond Dark Chocolate 6x64 OZ | # 01-4054



Flour Tortillas 10 CT | #106300



Tofu Extra Firm Organic Local BIPOC  
3x5.5 LB | #MWF-1790



Chicken Salad 5 LB | #527080 7 DAY NOTICE

057000	Garlic Chopped In Water 6/32oz	6/32oz Case
116800DG	Horseradish Prepared Extra Hot 6/1qrt	6/1qt Case
5475474	Kim Chee Refrigerated 12/32oz (4 Business Day Notice) NONRETURNABLE	Case
066200	Masa Prepared Regular (For Tamales) Frz 6/5# LOCAL Atotonilco, IL (4 Business Day Notice) NONRETURNABLE	Case
01-4054	Milk Almond Dark Chocolate Silk 6/64oz (8 Business Day Notice) NONRETURNABLE	Case
01-4055	Milk Almond Vanilla Sweetened Silk 6/64oz (8 Business Day Notice) NONRETURNABLE	Case
01-12194	Milk Oat Unsweetened Extra Creamy Refrig CALIFIA 6/48oz Case	Case
166500DG	Paste Miso Soybean White 10/2.2# (35.2oz) Case	Case
01-5030	Paste Miso Soybean White 2.2# (35.2oz) Pkg EACH	Each
080300	Pepper Sport 4/1gal	4/1gal Case
45694DG	Pepperoncini Whole 4/1gal	4/1gal Case
MWF-2740	Pickle Baby Dill Whole 250CT 1/5gal LOCAL Puckered Pickle, Chicago IL	5gal Case
654953	Pickle Chips Sliced 1/4" Smooth Cut 2gal LOCAL Vienna Beef, Chicago IL	2gal Tub
080800	Pickle Hamburger Sliced Dill 4/1gal LOCAL Puckered Pickle, Chicago IL	4/1gal Case
080900	Pickle Spears 300ct 1/5gal LOCAL Puckered Pickle, Chicago IL	5gal Case
081101	Pickle Whole Large 65ct 1/5gal LOCAL Puckered Pickle, Chicago IL	5gal Case
119200	Potato Diced Southern 5/8" Fresh Par Ckd 2/10#	2/10# Case
082300	Potato Shredded Hash Browns Fresh Par Ckd Simply 2/10#	2/10# Case
527080	Salad Chicken 1/5# (7 Business Day Notice) NONRETURNABLE LOCAL Country Maid, WI	Each
145000	Salad Coleslaw Shredded W/Mayo 1/10# LOCAL Country Maid, WI	Case
MWF-2480	Salad Egg 1/5# (7-Business Day Notice) NONRETURNABLE LOCAL Country Maid, WI	Case
145900	Salad Macaroni 1/10# (7 Business Day Notice) NONRETURNABLE LOCAL Country Maid, WI	Case
146900	Salad Potato American W/Mayo 1/10# LOCAL Country Maid, WI	Case
01-2257	Salad Rotini Pasta Garden 1/10# (7 Business Day Notice) NONRETURNABLE LOCAL Country Maid, WI	EACH
80508	Salad Tuna 1/5# (7-Business Day Notice) NONRETURNABLE LOCAL Country Maid, WI	Each
024300	Sauce Gyro Tzatziki 4/.5gal (7 Business Day Notice) NONRETURNABLE	4-1/2gal Case
048000	Sauerkraut Fresh 2gal Tub LOCAL Vienna Beef, Chicago IL	2 gal Tub

01-10514	Seitan Traditional Vegan Bulk Refrig 2/5# (8 Business Day Notice) NONRETURNABLE	Case
360347	Soup Base Beef No Msg Minors 12/1#	12/1# Case
360372	Soup Base Chicken No Msg Minors 12/1#	12/1# Case
360404	Soup Base Vegetable Sauteed Minors No Msg 6/1#	Case
354355	Tempeh Soy Original Vegan Frz 12/8oz (8 Business Day Notice) NONRETURNABLE	12/8oz Case
MWF-1790	Tofu Extra Firm Organic 3/5.5# BIPOC LOCAL Phoenix Bean Chicago IL	Case
1313213P	Tofu Firm Vegan Ichiban 12/19oz LOCAL Gourmet Soy IL	Case
01-10863	Tofu Five Spice Smoked 12/8oz (7 Business Day Notice) BIPOC LOCAL Phoenix Bean Chicago IL NONRETURNABLE	12/8oz Case
105900	Tortillas Corn 6" Yellow (Paper Pkg) Frz 24/24ct LOCAL El Milagro, IL	Case
01-1146	Tortillas Corn White 4"" Frz Atotonilco 8/48ct LOCAL Atotonilco IL	8/48ct
01-4365	Tortillas Corn White 6" Atotonilco 16/36ct LOCAL Atotonilco IL	Case
106300	Tortillas Flour 10" Burrito #1 10/10ct LOCAL Atotonilco, IL	12/Doz Case
106400	Tortillas Flour 13" Burrito #3 10/10ct LOCAL Atotonilco, IL	10/Doz Case
172500	Tortillas Flour Fajita 6" 36/9oz-10ct LOCAL Atotonilco, IL	Case
01-4304	Tortillas Flour Spinach Herb 12" Frz Mission 6/12ct	Case
10901	Yeast Fresh 1/1# (4 Business Day Notice) NONRETURNABLE	1# LB
MWF-1456	Yogurt Soy Plain Dairy Free Silk 6/24oz (8 Business Day Notice) NONRETURNABLE	Case
MWF-5062	Yogurt Soy Vanilla Dairy Free Silk 8/5.3oz (8 Business Day Notice) NONRETURNABLE	Case



# Frozen



PAOW Plant Based Beef Dark Pieces  
4x2.5 LBS | #MWF-8862



David's Chocolate Chip Cookie Dough  
213x1.5 OZ | #MWF-3590



Monsoon Vindaloo Sauce 2x4 LB | #01-10845  
7 DAY NOTICE



PAOW Plant-Based Meatball 4x2.5 LB | #MWF-9396

MWF-10555	Baba Ganoush Eggplant Dip Frz Grecian Delight 2/.5gal	2/4# Case
01-3947	Beans Froz Fava Peeled 10/2.2#	Case
181940	Beans Froz Green Regular Cut 12/2#	Case
033000	Biscuits Buttermilk Frz Bridgford 100/2.25oz (8 Business Day Notice) NONRETURNABLE	100/2.25oz Case
210047	Blackberries Froz IQF 1/10# (8 Business Day Notice) NONRETURNABLE	Case
121545	Blueberries Froz IQF 1/30#	30# Case
MWF-4180	Bread 9 Grain 1/2" Frz Highland H4159 8/2#	Case
MWF-7481	Bread Cracked Wheat W/Multigrain Topping 1/2" Loaf Frz Highland H4180 8/2#	Case
MWF-3296	Bread Hamburger Buttery Bun Plain 4" Frz Highland H4004 6/10ct	Case
MWF-7487	Bread Pretzel Bun Small 4" Southside Tray Frz Highland H4321 8/6ct	Case
742288	Bread Rolls Dinner Assorted LABREA 96/1.5oz (8 Business Day Notice) NONRETURNABLE	96/1.5oz Case
MWF-9500	Bun Hot Dog Plain 6" Frz Vienna 12/10ct LOCAL Vienna Beef, Chicago IL (4 Business Day Notice)	Case
01-2514	Bun Hot Dog Plain Mini 3" Frz Vienna 12/16ct (4 Business Day Notice)	Case
11800DG	Chestnuts Peeled Frz IQF 10/2.2# Case	Case
01-5025	Chestnuts Peeled Frz IQF 2.2# EACH	Each
MWF-1805	Chicken Brd Tenders Fritter COOKED Frz Tyson 38363 1/10#	Case
MWF-3590	Cookie Dough David's Chocolate Chip FRZ 213/1.5oz	Case
MWF-3591	Cookie Dough David's Oatmeal Raisin FRZ 213/1.5oz Case	Case
MWF-3592	Cookie Dough David's Peanut Butter FRZ 213/1.5oz Case	Case
MWF-3593	Cookie Dough David's Sugar FRZ 213/1.5oz Case	Case
MWF-3594	Cookie Dough David's White Chocolate Macadamia FRZ 213/1.5oz Case	Case
4869585	Corn Froz Cobbettes Mini 96/3" (8 Business Day Notice) NONRETURNABLE	96/3 Case
1258595	Corn Froz Cut Whole Kernel 12/2.5#	12-2.5# Case
049500	Cranberries Froz IQF 2/5#	Case
01-4158	Dough Empanada Discos 5" Frz Goya 24/14oz 250ct	24/14oz Case
MWF-2990	Edamame PEELED Kernels (No Pod) Soybean Frozen 24/1#	Case
1324554	Edamame Soybean UNPEELED IN POD Frozen 24/1#	Case
00260	Falafel Pucks Frz Grecian Delight 256/1oz (8 Business Day Notice) NONRETURNABLE	4/4# Case
210080	Fries Frz Regular 3/8" Stealth Lamb Weston 6/5#	Case
080207	Fries Frz Shoestring 1/4" Skin On 6/4.5#	Case
159882	Fries Frz Sweet Potato 1/4"x 3/8" L8000 Lamb Weston 5/3#	5/3# Case
7158579	Fries Frz Thin 5/16" Skin On Stealth Lamb Weston S12 6/5#	Case
98744323	Guacamole Western Frz Avo Fresco 4/3#	12/1# Case
393320	Gyoza Wrappers Round Frz 12/10oz Dynasty (4 Business Day Notice) NONRETURNABLE	12/10oz Case

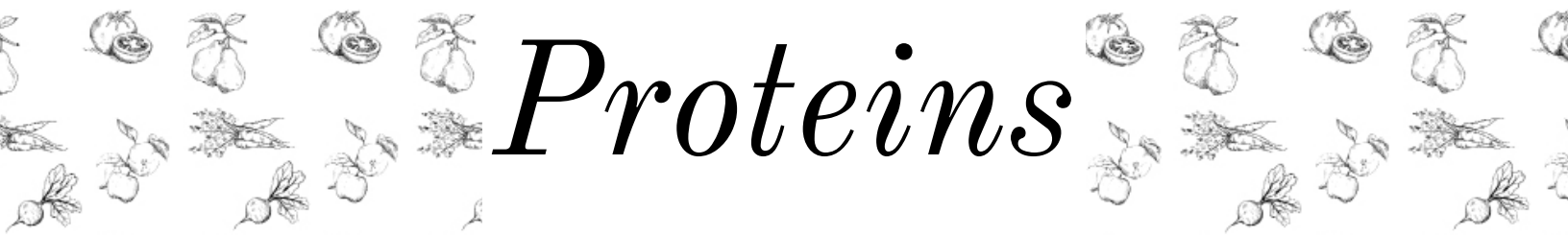
2287435DG	Hummus Traditional Frz Grecian Delight 4/3.75#	Case
453313	Kosher Meal Dinner Assorted Frz Meal Mart 6/13oz	6/13oz Case
01-5034	Leaves Banana Frozen 1# EACH	Each
210130DG	Leaves Banana Frozen 30/1# CASE	30/1# Case
551789	Lemonade Concentrate Frz Sunkist 4+1 12/32oz	Case
445815	Mango Cubes 3/8" Frz IQF Dole 2/5#	Case
210026	Meatball Ckd Beef 1oz Frz 1/10#	Case
01-10841	Monsoon Alu Chole Frz 2/4# (8 Business Day Notice) NONRETURNABLE	2/4# Case
01-10851	Monsoon Butter Sauce Vegetarian Frz 2/4# (8 Business Day Notice) NONRETURNABLE	2/4# Case
01-11241	Monsoon Cilantro (Mint) Chutney Frz 2/4# (8 Business Day Notice) NONRETURNABLE	2/4# Case
01-10843	Monsoon Curry Sauce Frz 2/4# (8 Business Day Notice) NONRETURNABLE	2/4# Case
MWF-1775	Monsoon Khatte Meethe Baigan Frz 2/4# (8 Business Day Notice) NONRETURNABLE	2/4# Case
MWF-1576	Monsoon Makhni Dal Frz 2/4# (8 Business Day Notice) NONRETURNABLE	2/4# Case
01-10850	Monsoon Tamarind Chutney Frz 4/2# (8 Business Day Notice) NONRETURNABLE	Case
01-10852	Monsoon Tandoori Marinade Frz 2/4# (8 Business Day Notice) NONRETURNABLE	2/4# Case
01-10854	Monsoon Tarka Dal Frz 2/4# (8 Business Day Notice) NONRETURNABLE	2/4# Case
01-10844	Monsoon Tikka Masala Sauce Frz 2/4# (8 Business Day Notice) NONRETURNABLE	2/4# Case
01-10849	Monsoon Tomato Chutney Frz 4/2# (8 Business Day Notice) NONRETURNABLE	Case
01-10848	Monsoon Vegetable Pakora VEGAN Frz 2/4# (8 Business Day Notice) NONRETURNABLE	2/4# Case
01-10856	Monsoon Vegetable Samosa LARGE VEGAN Frz 2/4# (70ct Avg) (8 Business Day Notice) NONRETURNABLE	2/4# Case
01-10846	Monsoon Vegetable Samosa Small VEGAN Frz 2/4# (160ct Avg) (7 Business Day Notice) NONRETURNABLE	2/4# Case
01-10847	Monsoon Vegetable Tikkis VEGAN Frz 2/4# (7 Business Day Notice) NONRETURNABLE	2/4# Case
01-10845	Monsoon Vindaloo Sauce Frz 2/4# (7 Business Day Notice) NONRETURNABLE	2/4# Case
1243354	Muffin English Original 2oz Thomas Frz 12/6ct	12/6ct Case
MWF-7763	Noodles Lo Mein Frozen Twin Marquis 50/1# (4 Business Day Notice)	Case
362222	Onion Rings Beer Battered Tavern Lamb Weston Frz 4/2.5#	Case
MWF-8201	PAOW Chef Style Pieces Soy Protein Plant Based Frz 4/2.5# (8 Business Day Notice) NONRETURNABLE	Case
MWF-9404	PAOW Chicken Tender Pieces Brd Par Fried Soy Protein Plant Based Frz 4/2.5#	Case



MWF-8862	PAOW Dark Beef Flavored Pieces Soy Protein Plant Based Frz 4/2.5#	Case
MWF-9397	PAOW Italian Sausage Flavored Pieces Soy Protein Plant Based Frz 4/2.5#	Case
MWF-9405	PAOW Ravioli Chicken & Spinach Soy Protein Plant Based Frz 2/5#	Case
34534563	Peach FRZ Sliced IQF Dole 2/5#	Case
181559	Peas Green Froz 12/2#	Case
658965	Pie Shell 9" Unbaked Chef Pierre 9269 20/9"	20/9 Case
4353155	Pita Bread 6" Flat No Pocket 12/10ct	12/10ct Case
210071	Puff Pastry Dough Sheets 10"x15" Frz Pennant 20/12oz **LIMITED**	20/1# Case
210046	Raspberries Frozen IQF 1/10# (8 Business Day Notice) NONRETURNABLE	Case
01-10816	Rhubarb Cut IQF Frz 4/5# Case	Case
087700	Sauce Pesto Basil (Nut Free) Armano Frz 6/30oz	6/30oz case
5653453	Shell Phyllo Mini 1.5" Athens Frz 2/45ct (7 Business Day Notice) NONRETURNABLE	90ct Case
46002330	Shrimp 16/20 White Raw Tail On P&D 5/2#	5/2# Case
MWF-1497	Soup Black Bean With Sausage Bistro Frz 4/4# Dairy & Gluten Free (3 Business Day Notice) LOCAL Vienna Beef, Chicago IL	4/4# Case
MWF-1481	Soup Broccoli Cheddar Bistro Frz 4/4# Gluten Free (3 Business Day Notice) LOCAL Vienna Beef, Chicago IL	4/4# Case
MWF-1492	Soup Chicken Noodle Bistro Frz 4/4# (3 Business Day Notice) LOCAL Vienna Beef, Chicago IL	4/4# Case
MWF-1493	Soup Chicken Tortilla Bistro Frz 4/4# (3 Business Day Notice) LOCAL Vienna Beef, Chicago IL	4/4# Case
MWF-1496	Soup Italian Wedding With Meatballs Bistro Frz 4/4# (3-Business Day Notice) LOCAL Vienna Beef, Chicago IL	4/4# Case
MWF-1495	Soup Minestrone Bistro Frz 4/4# (3-Business Day Notice) LOCAL Vienna Beef, Chicago IL	4/4# Case
MWF-1486	Soup New England Clam Chowder Bistro Frz 4/4# Gluten Free (3 Business Day Notice) LOCAL Vienna Beef, Chicago IL	4/4# Case
MWF-1487	Soup Potato Bacon & Cheddar Bistro Frz 4/4# Gluten Free (3 Business Day Notice) LOCAL Vienna Beef, Chicago IL	4/4# Case
MWF-1563	Soup Stuffed Pepper With Beef Bistro Frz 4/4# Gluten Free (3 Business Day Notice) LOCAL Vienna Beef, Chicago IL	4/4# Case
MWF-1596	Soup Tomato Bisque With Spinach & Orzo Bistro Frz 4/4# (3-Business Day Notice) LOCAL Vienna Beef, Chicago IL	4/4# Case
MWF-1494	Soup Vegetable Farmers Mkt Bistro Frz 4/4# (Vegan) (3 Business Day Notice) LOCAL Vienna Beef, Chicago IL	4/4# Case
123655	Spinach Chopped Frozen 12/2#	Case
136587DG	Strawberries Sliced In Syrup Frz 6/6.5# (7 Business Day Notice) NONRETURNABLE	6/6.5# Case
210049	Strawberries Whole Frz IQF 1/30#	30# Case
MWF-5053	Tamale Chicken In Husk Frz Tonantzin 60/4oz (7 Business Day Notice) NONRETURNABLE	Case



8585662	Tortillas Corn 4 Cut Blend For Frying Chips Frz 1/20# LOCAL Atotonilco, IL	Case
01-3881	Tortillas Flour Gluten Free Grilled 12" 6/12ct Frz Kontos	Case
181555	Vegetables Mixed 5-Way Froz 12/2.5#	12/2.5# Case
473995	Veggie Beef Sub Flank Steak Plant Based Frz Land Lovers 10/2# (4 Business Day Notice) NONRETURNABLE	Case
399570	Won Ton Skin Wrappers Square Frz Twin Dragon 12/14oz	Case



# Proteins



Hot Dogs 6/1 Beef 10 LB | #32532556



Chicken Breast 40 LB | #654646321  
3 BUSINESS DAY NOTICE



Ground Beef 80/20 10 LB | #060001



Ham Bone In Smoked 22 LB | #34703  
3 BUSINESS DAY NOTICE

77789	Bacon Canadian Frz Hormel 2/5# CASE ONLY	2x 5 LB
210029	Bacon Slcd Applewood 14/18 Platter SI 80514 LOCAL Indiana Kitchen IN 1/15#	15# Case
060001	Beef Ground 80/20 Fine Grind Bulk Frz IBP* 1/10#	10 LB
654646321	Chicken Brst B/S Random Fresh 1/40# (3 Business Day Notice) NONRETURNABLE	40# Case
143500	Chicken Brst Bnls/Skinless 10oz Double Full Fresh 1/20# (3 Business Day Notice) NONRETURNABLE	Case
2759953	Chicken Brst Bnls/Skinless 8oz Double Full Fresh 1/20# (3 Business Day Notice) NONRETURNABLE	Case
01-2164	Corned Beef Brisket Pickled Uncooked Frz W/30% SLN AAA 4-6PC 45# CASE ONLY LOCAL Vienna Beef, Chicago IL	45 LB
020410	Halal Beef Burgers 4/1 1/10#	Case
0203100	Halal Chicken Breast Bnls/Skinless Random Fresh (3 Business Day Notice) 4/10# NONRETURNABLE	4/10# Case
081110	Halal Chicken Dark Thigh Bnls/Skinless Fresh (3 Business Day Notice) 4/10# NONRETURNABLE	40# Case
34703	Ham Bone In Smkd 1/22# Case (3 Business Day Notice) NONRETURNABLE LOCAL Rose Packing, IL	22 LB
024100F	Ham Krakow Polish 2/12# Case	2/12# Case
0130400	Hot Dogs 4/1 Beef 1/10# LOCAL Vienna Beef, Chicago IL	10# Case
32532556	Hot Dogs 6/1 Beef 013062 1/10# LOCAL Vienna Beef, Chicago IL	10# Case
01315800	Hot Dogs 8/1 Beef 1/10# LOCAL Vienna Beef, Chicago IL	10# Case
013095	Hot Dogs Mini 3" 16/1 160ct 13166 2/5# LOCAL Vienna Beef, Chicago IL (3 Business Day Notice)	2x5# Case
MWF-2207	Pepperoni Sliced Margherita Frz #22010 2/12.5#	2x12.5# Case
MWF-10203	Sausage Bratwurst 4/1 Raw Original Frz 6/2.5# LOCAL Johnsonville, WI	6x2.5# Case
436364523	Sausage Chorizo Pork Original Frz 2/5# LOCAL V&V Supremo, Chicago IL	10# Case
20999	Sausage Italian BULK Frz 1/10# LOCAL Intl Meat, IL	10 lb Case
040808	Sausage Italian Mild 4/1 Link 1/10# LOCAL Intl Meat, IL	10 lb Case
015440	Sausage Polish 4/1 Beef 1/10# LOCAL Vienna Beef, Chicago IL	10 lb Case
061801	Sausage Pork Link 2oz 1/10# LOCAL PEER, IN	10 lb Case
99569	Turkey Breast Cooked Oil Browned Refrig Cooper Farms 8164 Case Only 2/9#	2 x LB



# Appetizers



Chicken Satay Skewer Van Lang 200 CT | # 01-2456  
5 BUSINESS DAY NOTICE



Empanada Beef Van Lang 200 CT | #313000  
5 BUSINESS DAY NOTICE



Potstickers Vegetable Classic 200 CT | #01-3853  
5 BUSINESS DAY NOTICE



Vegetable Spring Roll 200 CT | #MWF-2086  
5 BUSINESS DAY NOTICE



00384	APPT Antipasto Skewer V.Lang 200ct/1oz LOCAL Van Lang, IL (5 Business Day Notice)	200ct Case
51010	APPT Artichoke Beignet V.Lang 200ct/1oz LOCAL Van Lang, IL	200ct Case
203001	APPT Beef Sate Skewer Plain V.Lang 200ct/1oz LOCAL Van Lang, IL (5 Business Day Notice)	200ct Case
233000	APPT Beef Wellington Van Lang 200ct/1oz LOCAL Van Lang, IL	200ct Case
241106	APPT Brie & Raspberry Phyllo Purse V.Lang 200ct/1oz (5 Business Day Notice) LOCAL Van Lang, IL	200ct Case
01-2702	APPT Brie En Croute W/Apricot V.Lang 200ct/1oz LOCAL Van Lang, IL	200ct Case
01-2456	APPT Chicken Satay Skewer Seasoned V.Lang 200/1oz LOCAL Van Lang, IL	200ct Case
1460000	APPT Crab Rangoon V.Lang 200ct/1oz (5 Business Day Notice) LOCAL Van Lang, IL	200ct Case
226600	APPT Dates Bacon Wrpd V.Lang 200ct/1oz (5 Business Day Notice) LOCAL Van Lang, IL	200ct Case
01-10415	APPT Empanada Beef & Cheese Frz El Monterey 24/3oz (8 Business Day Notice) NONRETURNABLE	Case
313000	APPT Empanada Beef V.Lang 200ct/1oz LOCAL Van Lang, IL (5 Business Day Notice)	200ct Case
312000	APPT Empanada Chicken V.Lang 200ct/1oz	200ct Case
463131	APPT Franks In Blanket V.Lang 200ct/1oz LOCAL Van Lang, IL	200/1oz Case
09380	APPT Mushroom & Cheese Phyllo Triangle V.Lang 200ct/1oz (5 Business Day Notice) LOCAL Van Lang, IL	200ct Case
11007	APPT Mushroom Stfd Sausage V.Lang 200/1oz (5 Business Day Notice) LOCAL Van Lang, IL	200ct Case
91092	APPT Pizza Mini Cheese V.Lang 100ct/1oz (5 Business Day Notice) LOCAL Van Lang, IL	100ct Case
MWF-11411	APPT Potato Au Gratin Dauphinoise V.Lang 60/4.15oz LOCAL Van Lang, IL (5 Business Day Notice)	Case
MWF-2002	APPT Potatoes Scalloped Gruyere Au Gratin Holiday Foods 90/3oz (8 Business Day Notice) NONRETURNABLE	Case
MWF-7884	APPT Potsticker Dumpling Chicken O'Tasty 8/32oz 352ct	Case
MWF-7883	APPT Potsticker Pork O'Tasty 8/2# 352ct	Case
01-10355	APPT Potsticker Shrimp Royal Dragon 4/30ct (8 Business Day Notice) NONRETURNABLE	Case
01-3853	APPT Potsticker Vegetable Classic V.Lang 200ct/1oz (5 Business Day Notice) LOCAL Van Lang, IL	200ct Case
3020100	APPT Quesadilla Chicken Cone V.Lang 200ct/1oz (5 Business Day Notice) LOCAL Van Lang, IL	200ct Case
3254234	APPT Quiche Florentine Spinach V.Lang 200ct/1oz LOCAL Van Lang, IL (5 Business Day Notice)	200ct Case
01-2298	APPT Samosa Vegetable V.Lang 200/1oz LOCAL Van Lang, IL	200ct Case
812849	APPT Shrimp Shao Mai Premium V.Lang 200/1oz (5 Business Day Notice) LOCAL, Van Lang, IL	200ct Case
1611000	APPT Spanakopita V.Lang 200ct/1oz (5 Business Day Notice) LOCAL Van Lang, IL	200ct Case

01-4334	APPT Spinach & Artichoke Bite In Phyllo Cup V.Lang 200/1oz (5 Business Day Notice) LOCAL Van Lang, IL **3 CASE MINIMUM FROM MNFR**	200ct Case
MWF-1513	APPT Spring Roll Peking Duck V.Lang 200/1oz (5 Business Day Notice) LOCAL Van Lang, IL	200/1oz Case
MWF-2086	APPT Spring Roll Vegetable Greenland 1.5oz 10/20ct Case	Case

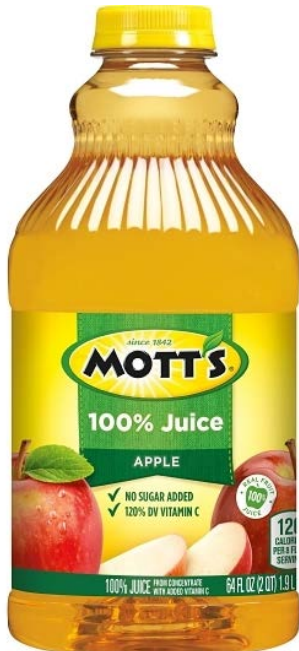
# Juice



Lemonade 6x56 OZ | #01-4184  
7 BUSINESS DAY NOTICE



Blood Orange 6x32 OZ | # MWF-1767  
7 BUSINESS DAY NOTICE



Juice Apple Plastic Motts 8x64 OZ | #371233



Orange Juice 4x1 GAL | #064200  
7 BUSINESS DAY NOTICE

371233	Juice Apple Plastic Motts 8/64oz	Case
MWF-1808	Juice Blood Orange Fresh Natalies Orchid Island 6/16oz (7 Business Day Notice) NONRETURNABLE	Case
MWF-1767	Juice Blood Orange Fresh Natalies Orchid Island 6/32oz (7 Business Day Notice) NONRETURNABLE	6/32oz Case
MWF-5139	Juice Carrot Ginger Fresh Natalie's Orchid Island 6/16oz (7 Business Day Notice) NONRETURNABLE	Case
049600	Juice Cranberry Plastic Ocean Spray 8/60oz	8/60oz Case
MWF-4532	Juice Grape 100% (Purple) Plastic Welchs 8/46oz	Case
058900	Juice Grape 100% Ruby Kist 24/7.2oz Cans (8 Business Day Notice) NONRETURNABLE	Case
MWF-1809	Juice Grapefruit Fresh Natalie's Orchid Island 6/16oz (7 Business Day Notice) NONRETURNABLE	Case
01-4328	Juice Grapefruit Fresh Natalies Orchid Island 1/56oz Each	EACH
61009J	Juice Grapefruit Fresh Natalies Orchid Island 6/56oz	Case
180510	Juice Lime Key Nellie & Joes 12/16oz	Case
MWF-7185	Juice Margarita Mix Natalies Orchid Island 6/32oz (7 Business Day Notice) NONRETURNABLE	Case
MWF-1126	Juice Orange Beet Fresh Natalie's Orchid Island 6/32oz (7 Business Day Notice) NONRETURNABLE	Case
01-4595	Juice Orange Beet Fresh Natalies Orchid Island 6/16oz (7 Business Day Notice) NONRETURNABLE	Case
01-4392	Juice Orange Fresh Natalie's Orchid Island 25/8oz (7 Business Day Notice) NONRETURNABLE	Case
MWF-1960	Juice Orange Fresh Natalie's Orchid Island 6/16oz (7 Business Day Notice) NONRETURNABLE	Case
MWF-1405	Juice Orange Fresh Natalie's Orchid Island 6/32oz (7 Business Day Notice) NONRETURNABLE	Case
064200	Juice Orange Fresh Natalies Orchid Island 4/1gal	4/1gal Case
01-2511	Juice Orange Fresh Natalies Orchid Island Gal Each	EACH
01-4396	Juice Orange Mango Fresh Natalie's Orchid Island 6/16oz (7 Business Day Notice) NONRETURNABLE	Case
MWF-1766	Juice Orange Mango Fresh Natalies Orchid Island 6/32oz (7 Business Day Notice) NONRETURNABLE	6/32oz Case
MWF-3578	Juice Orange Pineapple Fresh Natalie's 6/16oz (7 Business Day Notice) NONRETURNABLE	Case
049800	Juice Orange Pure No Pulp Concentrate Plastic Tropicana 6/64oz	Case
180430	Juice Pineapple Dole 12/46oz	12/46oz Case
081500	Juice Pineapple Ind Dole 48/6oz	Case
MWF-8222	Juice Pineapple Kale Zinc Fresh Natalie's Orchid Island 6/16oz (7 Business Day Notice) NONRETURNABLE	Case
1155	Juice Pomegranate 100% POM WONDERFUL 6/16oz	Case
MWF-3579	Juice Tangerine Fresh Natalie's Orchid Island 6/16oz (7 Business Day Notice) NONRETURNABLE	Case



103800	Juice Tomato Cans Sacramento 12/46oz	12/46oz Case
043131113	Lemonade Fresh Natalie's Orchid Island 6/16oz (7 Business Day Notice) NONRETURNABLE	Case
01-4184	Lemonade Fresh Natalies Orchid Island 6/56oz	Case
MWF-1406	Lemonade Guava Fresh Natalie's Orchid Island 6/16oz (7 Business Day Notice) NONRETURNABLE	Case
MWF-1407	Lemonade Strawberry Fresh Natalie's Orchid Island 6/16oz (7 Business Day Notice) NONRETURNABLE	Case
65321	Lemonade Strawberry Fresh Orchid Island 6/56oz (7 Business Day Notice) NONRETURNABLE	Case

# Candy



Snickers 48 CT | #035000



Reese's Peanut Butter Cups 36 CT | #034900



Milky Way 36 CT | #034800



Skittles 36 CT | # 252627  
7 BUSINESS DAY NOTICE

34200	Candy 3-Musketeer Bar 1/36ct (7 Business Day Notice) NONRETURNABLE	36ct Box
MWF-11446	Candy Baby Ruth 1/24ct (7 Business Day Notice) NONRETURNABLE	24ct Box
42106	Candy Butterfinger 36ct Box (7 Business Day Notice) NONRETURNABLE	36ct Box
24160	Candy Chocolate Bar W/Almond Hershey 1/36ct (7 Business Day Notice) NONRETURNABLE	36ct Box
34300	Candy Chocolate Milk Bar Hershey 1/36ct	36ct Box
MWF-3253	Candy Cookies & Cream Hershey 1/36ct (7 Business Days Notice) NONRETURNABLE	36ct Box
35400	Candy Heath Bar 1/18ct (7 Business Day Notice) NONRETURNABLE	24ct Box
34600	Candy Kit Kat Bar 1/36ct	36ct Box
34700	Candy M&M Peanut 1/48ct	48ct Box
35300	Candy M&M Plain Bulk Stand Up Pouch 6/38oz	Case
35500	Candy M&M Plain Milk Choc 1/36ct (7 Business Day Notice) NONRETURNABLE	48ct Box
MWF-7474	Candy Mamba Original Fruit 1/24ct Box (7 Business Day Notice) NONRETURNABLE **SUBJECT TO AVAILABILITY**	24ct Box
9989333	Candy Mamba Sour 1/24ct (7 Business day Notice) **SUBJECT TO AVAILABILITY**	24ct Box
9799696	Candy Mamba Tropical 1/24ct (7 Business Day Notice) NONRETURNABLE **SUBJECT TO AVAILABILITY**	24ct Box
034800	Candy Milkyway Bar 1/36ct (7 Business Day Notice) NONRETURNABLE	36ct Box
35600	Candy Nestle Crunch Bar 1/36ct (7 Business Day Notice) NONRETURNABLE	36ct Box
034900	Candy Reese Peanut Cup 1/36ct	36ct Box
252627	Candy Skittles Original 1/36ct (7 Business Day Notice) NONRETURNABLE	36ct Box
035000	Candy Snickers 1/48ct	48ct Box
121810	Candy Starburst Original 1/36ct (7 Business Day Notice) NONRETURNABLE	36ct Box

# Grab N Go



Peanut Butter Snack Box 8 CT | #MWK-511



Chef Snack Box 8 CT | #MWK-545



Fruit Cup Pineapple 9 CT | #MWK-221



Veggie Egg Burrito 8 CT | #MWK-814



MWK-120	Bavarian Ham/Swiss & on Pretzel Bun 8ct	8ct
MWK-B-900	Chicken Buffalo Wrap 36ct	24ct
MWK-117	Chicken Salad /Rom/Alm on Croissant 8ct	8ct
MWK-B-917	Cuban Sandwich on Sub Roll Vacuum Pack 36ct	36ct
MWK-B-919	Egg & Biscuit Pillow Pack 30ct	30ct
MWK-116	Egg Salad & Leaf on CKT Wheat bread 8ct	8ct
MWK-108	Ham & Cheddar on Wheat 8ct	5.4oz
MWK-110	Ham&Chedd/Lett/Tom/White Bread 8ct	8ct
MWK-B-2119	HICKORY SMOKED HAM & CHEDDAR 27ct	27ct
MWK-125	Italian Sub Ham,Pepp,Prosu 8ct	8ct
MWK-B-916	Mozz Caprese on Ciabatta Pillow Pack 27ct	27ct
MWK-916	Mozzarella Caprese Telera - 8ct	8ct
MWK-137	Panini Ham, Muenster & Bacon 8ct	8ct
MWK-146	Panini Turkey, Cheese, Spin, Tom 8ct	8ct
MWK-135	Panini, Caprese on Rustic Sourdough 8ct	8ct
MWK-122	PB&J Crunch Sandwich 8ct	8ct
MWK-100	Power Veggie Sandwich on Wheat Bread 8ct	8ct
MWK-923	Roast Beef on Everything Bread 8ct	8ct
MWK-B-918	Sausage & Egg on Biscuit Pillow Pack 30ct	30ct
MWK-917	THE CUBAN Pork Tend/Ham/Swiss/Pickle/Dijon Must/French Roll 8ct	8ct
MWK-107	The Rachel, Turkey, 1000, Swiss, Sauerkraut on Marble Rye 8ct	5.4oz
MWK-115	Tuna Salad w SI Cucc on Ckt Wheat Bread 8ct	8ct
MWK-103	Turkey & Cheddar on White Bread 8ct	8ct
MWK-106	Turkey & Swiss on Bavarian Roll 8ct	8ct
MWK-113	Turkey & Provolone, Lett, 12 Grain Bread 8ct	8ct
MWK-114	Turkey & Swiss (On Croissant) 8ct	8ct
MWK-112	Turkey Club Ched/Let/Tom on Wheat 8ct	8ct
MWK-1700	Turkey On Wheat 8ct	8ct
MWK-B-111	Turkey/Ched/Lett/Tom on WHITE Bread 24ct	24ct
MWK-111	Turkey/Ched/Lett/Tom on WHITE Bread 8ct	8ct
MWK-C-228	Brown Lunch Box W / Chips, Cookie, WRAP:	1
MWK-C#233	Brown Lunch Box W / Chips, Cutlery SALAD:	1
MWK-229	Brown Lunch Box W / Chips, WHOLE FRUIT, WRAP:	1
MWK-C-227	Lunch Box W / Chips, Cookie, Sandwich:	1
MWK-C-230	Lunch Box W / Chips, WHOLE FRUIT, Sandwich:	1
MWK-417	Asian Chicken Crunch Salad 4ct	4ct
MWK-424	COBB Salad 4ct	4ct
MWK-436	Greek Style Grain Salad 4ct	4ct
MWK-430	Green Goodness Salad	4ct
MWK-435	Green Power Salad 4ct	4ct
MWK-431	Harvest Salad, Ice/Rad/Kale, DrCran, PumSeed, Feta, Italian Dress	4ct
MWK-415	Salad Chef 4ct	4ct

MWK-416	Salad Chicken Caesar W/Caesar Dressing, 4ct	4ct
MWK-410	Salad Garden 4ct	4ct
MWK-414	Salad Greek 4ct	4ct
MWK-413	Salad Spinach & Blue Cheese 4ct	4ct
MWK-425	Seoul Salad W Gochujang Chicken 4ct	4ct
MWK-418	Southwest Chicken Salad 4ct	4ct
MWK-315	Apple & Carmel Parfait 9ct	9ct
MWK-311	Parfait-Straw Yogurt- STRAW-Granola 9ct	9ct
MWK-314	Parfait-Strawberry Yogurt w Straw & Choc & Granola 9ct	9ct
MWK-312	Parfait-Vanilla Greek Yogurt Berry Parfait Granola 9ct	9ct
MWK-310	Parfait-Vanilla Yogurt- Blueberries- Granola 9ct	9ct
MWK-331	Toasted Coconut Dream - 9ct Coconut Granola, Kiwi, Pine, Blue, Greek Yogurt	9ct
MWK-228	Valentines Sweet Berries & Cream 8ct	8ct
MWK-813	Breakfast Croissant 8ct	8ct
MWK-831	Breakfast English Muffin -Egg, Cheese- 8ct	8ct
MWK-830	Breakfast English Muffin -Sausage, Egg, Cheese- 8ct	8ct
MWK-804	Breakfast Sausage Burrito 8ct	8ct
MWK-810	Egg Cheese Biscuit Sandwich - 8ct	8ct
MWK-815	Ham & Cheese Croissant 8ct	8ct
MWK-807	Taco Breakfast-Bacon/Sausage 12ct	12ct
MWK-814	Veggie Egg Burrito - 8ct	8ct
MWK-B-628	Hummus & Quinoa Salad 24ct	12ct
MWK-619	WRAP Artichoke & Feta 8ct	8ct
MWK-615	WRAP Asian Chicken - 8ct	8ct
MWK-612	WRAP Buffalo Chicken 8ct	8ct
MWK-911	WRAP Chicken Bacon 8ct	8ct
MWK-614	WRAP Curry Chicken Salad 8ct	8ct
MWK-620	WRAP Greek ,Sprouted Red Hummus Gluten free Tortilla - 8ct	8ct
MWK-611	WRAP Grilled Chicken Caesar 8ct	8ct
MWK-628	Wrap Italian Chopped 8ct	8ct
MWK-634	WRAP Pesto Chicken Caprese 8ct	8ct
MWK-633	Wrap Southwest Veggie Wrap 8ct	8ct
MWK-613	WRAP Turkey & Cheese 8ct	8ct
MWK-610	WRAP Veggie W Hummus 8ct	8ct
MWK-513	Apple Snacker- 9ct	9ct
MWK-533	Black Angus Hot Dog on Pretzel Bun Ind 12ct	12ct
MWK-723	Blackberry Cobbler 9ct	9ct
MWK-547	Brie & Apples Snack Box 8ct	8ct
MWK-545	Chef Snack Box 8ct	8ct
MWK-B-523	Chicken Cobb Salad 27ct Ind Container	27ct
MWK-712	Italian Cannoli Dipper Dessert - 9ct	9ct

MWK-548	Italiano Snack Box 8ct	8ct
MWK-555	Mezza Snack Box 8ct	8ct
MWK-512	Midwest Powerpack - 8ct	8ct
MWK-H-709	Oreo CHRISTMAS Delight 9ct	9ct
MWK-B-710	Oreo Delight Dessert - 36ct	36ct
MWK-710	Oreo Delight Dessert - 9ct	2oz
MWK-B-312	Parfait- Greek Yogurt Berry Parfait Granola 25ct	25ct
MWK-511	Peanut Butter Snack Pack - 8ct	8ct
MWK-516	Pepperoni Cheese - 9ct	9ct
MWK-709	Pudding Banana Rama 9ct	9ct
MWK-521	Quinoa Salad Snack Cup 9ct	9ct
MWK-B-524	Rotiss Chicken Greek Wrap 48ct	36ct
MWK-534	Sausage & Cheddar on Pretzel Bun Ind 12ct	12ct
MWK-722	S'mores Pudding Cup 9ct	9ct
MWK-519	Snack Pack Chicken Salad 8ct	8ct
MWK-514	Snack Pack Grapes & cheese 9ct	9ct
MWK-520	Snack Pack Two Loose Eggs 9ct	9ct
MWK-563	Squirrel Snack, Squirrel Snack, Almonds, Apricots, Medjool Dates Grapes 8ct	8ct
MWK-713	Strawberry Short Cake Dessert - 9ct	9ct
MWK-564	Sweetie Snack Nutella,Grapes,Grn/Red Apple Slices 8ct	8ct
MWK-518	Tuna Salad Snacker Cracker 8ct	8ct
MWK-711	Vanilla Goodness Dessert - 9ct	1oz
MWK-510	Veggie Dipper & Hummus 8ct	8ct
MWK-5111	Veggie Dipper & Hummus 9ct	9ct
MWK-522	Veggie Dipper & Ranch Cup 8ct	8ct
MWK-202	Fresh Cantaloupe Chunks 9ct	9ct
MWK-209	Fresh Mixed Fruit Cup 9ct	9ct
MWK-B-209	Fresh Mixed Fruit Cups 36ct	36ct
MWK-221	Fresh Pineapple Chunk 9ct	9ct
MWK-222	Fresh Strawberry Cup 9ct	9ct
MWK-216	Fresh Watermelon Chunks 9ct	9ct
MWK-218	Fruit Cup Mixed Berries 9ct	9ct
MWK-B-216	Fruit Cups 60ct	60ct
MWK-B-217	Fruit Cups 60ct (Can/Hon/Asst berries)	60ct
MWK-B-222	Grape & Cheese Cups 60ct	60ct
MWK-B-221	Grape Cups 60ct	60ct
MWK-B-224	Veggie Cups w/Ranch 40ct	40ct
MWK-224	Whole Red Grapes Cup 9ct	9ct
MWK-1240	HH Meals Butter Chicken & Rice 6ct	6ct
MWK-1260	HH Meals Creamy Tomato Pasta with Sausage 6ct	6ct
MWK-1235	HH Meals Curry Chicken & Rice 6ct	6ct

MWK-1225	HH Meals General Tso Protein & Rice 6ct	6ct
MWK-1210	HH Meals Orange Chicken & Rice 6ct	6ct
MWK-1200	HH Meals Stir Fry Tofu & Rice 6ct	6ct
MWK-1220	HH Meals Sweet & Sour Pork & Rice 6ct	6ct
MWK-1250	HH Meals Sweet Masala Eggplant & Rice 6ct	6ct
MWK-1245	HH Meals Tikka Masala Paneer & Rice 6ct	6ct
MWK-1230	HH Meals Vindaloo Protein & Rice 6ct	6ct
MWK-6225	Burger Garnish Lett/Tom/On/Pickle 80ct	8oz
MWK-1899	Fiesta Bean Dip 8/8oz	8ct
MWK-1817	Guacamole Elote 15ct/7oz	15ct
MWK-1818	Guacamole SPICY 8/7oz	8ct
MWK-1882	Harissa Honey Hummus 8/7oz	8ct
MWK-1805	Hummus Original 12/7oz	7oz
MWK-1885	Mediterranean Tabouleh Salad 8/7oz	8ct
MWK-1884	QuinoaTabouleh 8/10oz	8ct
MWK-1987	Smokey Pimento Cheese 8/8oz	8ct
MWK-1898	Tuscan kale Pasta Salad 8/8oz	8ct
MWK-1881	Tzatziki with Cucumber 8/8oz	8ct
MWK-8219	Candy Gummi Worm Assorted 20/5oz	5oz
MWK-8220	Candy Gummi Worm Sour Crawlers Trolli 20/5oz	5oz
MWK-1550	Snacks, Almonds Jordan Assorted 20ct/5.5oz	5.5oz
MWK-1500	Snacks, Almonds Whole Rst & Salted 20/4ct	4ct
MWK-1503	Snacks, Bullseye's 20/3.3oz	4ct
MWK-1552	Snacks, Cashews Dark Choc Covered 20ct/4.5oz	4.5oz
MWK-1528	Snacks, Chili Crescents 20ct/2.5oz	2.5oz
MWK-1602	Snacks, Chocolate Brownies Ind Wrap Gluten Free 48ct	48ct
MWK-1544	Snacks, Chocolate Plain Buttons Ernies 20ct/5.5oz	5.5oz
MWK-1600	Snacks, Cookies IND Wrap Lemon Blueberry 48ct	48ct
MWK-1536	Snacks, Nuts Almonds Milk Choc Covered 20ct/2.5oz	2.5oz
MWK-1505	Snacks, Nuts Cashews Salted 20/3oz	3ct
MWK-1522	Snacks, Nuts Mixed Deluxe 20ct/3.5oz	3.5oz
MWK-1520	Snacks, Peanuts Butter Toffee 20ct/4oz	4oz
MWK-1515	Snacks, Peanuts Honey Roasted 20ct/4oz	4oz
MWK-1538	Snacks, Peanuts Milk Choc Covered 20ct/4.5oz	4.5oz
MWK-1510	Snacks, Peanuts Runner Hot Spicy 20/3.5oz	3.5oz
MWK-1540	Snacks, Raisins Milk Choc Covered 20ct/5oz	5oz
MWK-1548	Snacks, Raisins Yogurt Covered 20ct/4oz	4oz
MWK-1558	Snacks, Salt Water Taffy 2.3oz/20ct	20ct
MWK-1534	Snacks, Sesame Sticks 20ct/2oz	2oz
MWK-1525	Snacks, Wasabi Peas 20ct/2.5oz	2.5oz
MWK-1940	SWEET THING Caramel Pretzel Cookie Bar 7oz	1ct
MWK-1945	SWEET THING Caramel Pretzel Cookie Bar 7oz	1ct



MWK-2706	SWEET THING Choc CHIP Cookie 4oz	1ct
MWK-2710	SWEET THING Choc Choc CHUNK Cookie 4oz	1ct
MWK-2711	SWEET THING Cinnamon Chip Cookie 4oz	1ct
MWK-2704	SWEET THING Cookie w M&M 4oz	1ct
MWK-1946	SWEET THING EVERYTHING Cookie Bar 7oz	1ct
MWK-1744	SWEET THING Oreo Doozies 1ct	1ct
MWK-2705	SWEET THING Sugar Cookie W Sprinkles 4oz	1ct
MWK-1514	Valentine Candy Conversational Hearts 18/4oz	3.6oz
MWK-1519	Valentine Candy Hersey Kisses 18/3.6oz	3.6oz
MWK-1513	Valentine Candy M&M Plain 18/3.6oz	3.6oz
MWK-B-480	Antipasta Salad Cups 60ct	60ct
MWK-8117	APP FRESH Caprese Skewer 2/50ct Case Red & Yell Grape Tom, Ciliegine 4" 2day Notice"	50ct
MWK-121	Asst G&G: 4-Salad, 3-No Wedge Sandwiches, 3-Snack Packs 10ct	10ct
MWK-B-920	Baba Ganoush w/Peppers and Carrots 60ct	30ct
MWK-B-488	Black Bean & Roasted Corn Salad 2/5#	2ct
MWK-B-411	Breakfast Chorizo Burrito Bulk 36ct	50ct
MWK-C-921	Chicken Cobb Salad 16ct Bulk Pack	16ct
MWK-B-927	Chicken Salad No Grapes on Wheat Bread 30ct	30ct
MWK-1876	Citrus Vinaigrette Dressing 210ct	210ct
MWK-B-810	Egg Cheese Biscuit Sandwich 30ct	30ct
MWK-B-811	Egg Cheese English Muffin 30ct	30ct
MWK-B-126	Grilled Chicken Breast on Focaccia 24ct	1ct
MWK-B-2120	HALF TURKEY WHITE BREAD ONLY 48ct	48ct
MWK-B-114	Ham & Cheddar on Croissant Vacuum Pack Bulk 27ct	27ct
MWK-B-2110	HAM WHITE BREAD 30CT (2 DAY NOTICE)	30ct
MWK-B-110	Ham&Cheese/Lett/Tom/White Bread 24ct	24ct
MWK-B-311	Parfait-Straw Yogurt- STRAW-Granola 25ct	25ct
MWK-B-310	Parfait-Vanilla Yogurt- Blueberries- Granola 25ct	25ct
MWK-565	Peanut Butter, Justin Peanut Butter, Honey, Celery Sticks, Grn&Rd Apples 8ct	8ct
MWK-2025	Power House Dry Salad Mix 2/5#	1ct
MWK-2024	Power House Lemon Vinaigrette Salad Dressing 3gal	1ct
MWK-B-490	Powerhouse Salad 4/5#	5#
MWK-B-410	Salad Garden 18ct	18ct
MWK-B-2124	Salad Garden W/Balsamic Dressing 18ct	36ct
MWK-C-611	Stuffed Asst Peppers w/Quinoa 2/10ct	10ct
MWK-B-125	THE ITALIAN SANDWICH 20ct	1ct
MWK-B-121	Turkey & Provolone ,Lett & Tom on Pretzel Roll 24ct	24ct
MWK-B-2113	Turkey & Provolone On Kaiser Roll 24ct	24ct
MWK-B-910	Turkey American Wheat Bread 30ct	30ct
MWK-B-925	Turkey Bologna on Wheat Bread 30ct	30ct
MWK-B-2117	Turkey Cheddar Wheat BREAD 30CT	30ct
MWK-B-2121	TURKEY CHEDDAR WHITE BREAD ONLY 30ct	30ct

MWK-B-2116	TURKEY WHEAT BREAD ONLY 30ct	30ct
MWK-B-2112	TURKEY WHITE BREAD ONLY 30ct	30ct
MWK-C-135	Turkey, Pesto Caprese, Chix Salad Asst Mini Sandwiches 9ct Tray	9ct
MWK-B-127	Turkey, Swiss on Focaccia 24ct	24ct
MWK-C-610	Veggie Cups 24ct Bulk	24ct
MWK-B-510	Veggie Dipper & Hummus Snack 25ct	25ct
MWK-B-522	Veggie Dipper & Ranch Cup 25ct	25ct
MWK-C-612	Veggie Skewers 6": RedPep, Red On, Zucc, Mush, YelSq, GrnPep, EggPt, 2/14ct	14ct
MWK-B-611	WRAP Chick Caesar 3/12ct Bulk	12ct
MWK-B-636	Wrap Chicken Pesto CRYOVAC 3/12ct	12ct
MWK-B-610	WRAP HALF Veggie W Hummus 27ct	27ct
MWK-B-631	Wrap Veggie CRYOVAC 3/12ct	12ct
MWK-601	Sample Box	