

MIDWEST FOODS

Weekly Update

June 15th, 2018

LOCAL PRODUCE

CODE	ITEM	UOM	FARM	ORIGIN
154400	Asparagus Jumbo	11 lbs.	Superior Produce	Hudsonville, MI
7807184	Bean Sprouts	5 lbs.	Phoenix Bean	Chicago, IL
156500P	Beet Jumbo Red Sack	25 lbs.	Rice Lake Farms	Grant, MI
MWF-2052	Bok Choy, White Stem	10 lbs.	Windy City Harvest	Chicago, IL
01-11342	Kale Lacinato Organic	12 lbs avg.	Windy City Harvest	Chicago, IL
01-12078	Lettuce, Mesculin Mix	4 lbs.	Windy City Harvest	Chicago, IL
180000P	Parsnip Loose	20 lbs.	Rice Lake Farms	Grant, MI
MWF-1664	Radish Easter Egg	12 ct.	Windy City Harvest	Chicago, IL
6-2263	Rainbow Chard	12 ct.	Windy City Harvest	Chicago, IL
6-2985	Red and Green Lettuce Mix	4 lbs.	Windy City Harvest	Chicago, IL
01-11885	Rutabaga	25 lbs.	Rice Lake Farms	Grant, MI
01-11320	Spinach Smooth	4 lbs.	Windy City Harvest	Chicago, IL
MWF-1763	Tomatoes Beef Steak	15 lbs.	Mighty Vine	Rochelle, IL
01-4643	Tomatoes on the Vine	11 lbs.	Mighty Vine	Rochelle, IL
6-3336	Turnips Hakurei	12 ct.	Windy City Harvest	Chicago, IL

ORGANICS

VEGETABLES

Arugula Baby	2 lbs.	#45323133
Broccolini	18 ct.	#01-4417
Broccoli Crowns	20 lbs.	#MWF-1569
Carrots	25 lbs.	#159100
Cauliflower	12 ct.	#MWF-1278
Kale Baby	2 lbs.	#01-2882
Mesclun	2 lbs.	#01-11460
Mushroom Chef's Mix	5.43 lbs.	#464314

FRUITS

Apples Granny Smith	88 ct.	#01-1494
Blackberries	12 x 6 oz.	#01-3812
Blueberries	12 x 6 oz.	#01-1436
Raspberries	12 x 6 oz.	#01-2877
Strawberries	8 x 1 lbs.	#01-1012

! MARKET ALERTS

There are no market alerts at this time

BRIX LEVELS

Degrees Brix is a measure of the sugar content in your food. Fruits with a high Brix reading have a pleasing sweetness we all love.

FRUIT	ORIGIN	LABEL	BRIX	AVG.	BURSTING
Cantaloupe	USA	Del Lago	12	12	16
Honeydew	USA	Santa Rosa	12	10	14
Watermelon	USA	Indian Hills	12	12	16
Pineapple	Costa Rica	Fyffes	17	14	22
Mango	Mexico	Del Rio	16	6	14
Green Grape	Chile	VBZ	17	12	20
Red Grape	Chile	VBZ	21	12	20
Gala Apple	USA	Super Fresh	14	10	18

Weather

A slow-moving upper-level trough brings a cooling trend to California with temperatures 5-10 degrees below seasonal averages and a continued coastal marine layer into next week. All eyes remain to the south as the second major hurricane has developed in the Eastern Pacific Ocean. Hurricane Bud approaching Cabo San Lucas is expected to make landfall Friday as a Tropical storm. Another disorganized system moving into the Gulf of Mexico will converge to bring widespread showers and thunderstorms to Central Mexico over the next five days. This tropical moisture will bring significant rain showers and scattered thunderstorms to Northern Mexico and the Southwestern Desert regions late this week into the weekend. Florida will see a typical summertime weather pattern with scattered showers seasonal temperatures into next week.

MARKET UPDATES

Bell Peppers (Western)

Colored pepper markets are stronger, especially yellow bell peppers. Prices increasing sharply. Green pepper market is also active.

Berries (Blackberries)

Supplies continue to be very limited and prices are higher.

Berries (Raspberries)

Supplies remain light and prices are firm.

Citrus (Limes)

Larger sizes are becoming limited.

Eggplant (Western)

light supplies / high demand . Pricing is higher.

Melon (Honeydew)

Honeydews are very tight due to cooler weather and we are also in the last few weeks of the Arizona growing region. Limited on product (all sizes) and also look for prices to rise these next few weeks as we transfer to the San Joaquin Valley.

Onions

Red onion market active due to lighter suppliers and small sizing. Transportation is also very limited so stay ahead on ordering.

Potatoes

Transportation is limited out of all areas.

Squash (Western)

The market is very strong on the west coast. Light supplies and high demand on zucchini and yellow s/n.

TRANSITIONS & TEMPERATURES

Pears

California is scheduled to start packing new-crop Bartlett and red pears the front part of July.

Potatoes (colored)

East Coast supplies will transition to new areas on and of till we make the full circle back to the Dakotas.

Celery

Salinas has begun production. Oxnard will be finished by July 15th at the latest.

Squash (Eastern)

Squash is moving north to the Mid-Atlantic, New Jersey and Tennessee.

Berries (Raspberries)

Salinas and Watsonville production will slowly improve over the next 2 weeks.

Berries (Blackberries)

We will see a small window of harvest in central valley California starting next week.

Cucumbers (Eastern)

Cucumber supply is transitioning from Georgia to the Mid-Atlantic States.

Bell Peppers (Western)

Green Bell Peppers now available in Bakersfield. Colored bells will be available from Bakersfield in the next 7-10 days.

Squash (Western)

We have light supply from Baja. Santa Maria scheduled to begin on June 1.

Cucumbers (Western)

Cucumbers available to load in San Diego, from Baja California.

PEAK SEASONS

Squash (Eastern)

Squash is in peak season.

Eggplant (Eastern)

Eggplant is in peak season.

Cucumbers (Eastern)

Cucumbers are in peak season.

Bell Peppers (Eastern)

Bell Pepper is in in peak season.