



MIDWEST FOODS

Weekly Update May 18th, 2018



LOCAL PRODUCE

CODE	ITEM	UOM	FARM	ORIGIN
154400	Asparagus Jumbo	11 lbs.	Superior Produce	Hudsonville, MI
154500	Asparagus Large	11 lbs.	Superior Produce	Hudsonville, MI
154600	Asparagus Standard	11 lbs.	Superior Produce	Hudsonville, MI
7807184	Bean Sprouts	5 lbs.	Phoenix Bean	Chicago, IL
156500P	Beet Jumbo Red Sack	25 lbs.	Rice Lake Farms	Grant, MI
180000P	Parsnip Loose	20 lbs.	Rice Lake Farms	Grant, MI
01-11885	Rutabega	25 lbs.	Rice Lake Farms	Grant, MI
MWF-1763	Tomatoes Beef Steak	15 lbs	Mighty Vine	Rochelle, IL
01-11585	Tomatoes Beef Steak Yellow	15 lbs.	Mighty Vine	Rochelle, IL
MWF-1306	Tomatoes Vine Cherry	9 lbs.	Mighty Vine	Rochelle, IL
01-4643	Tomatoes on the Vine	11 lbs.	Mighty Vine	Rochelle, IL



ORGANICS



VEGETABLES

Arugula Baby	2 lbs.	#45323133
Broccolini	18 ct.	#01-4417
Broccoli Crowns	20 lbs.	#MWF-1569
Carrots	25 lbs.	#159100
Cauliflower	12 ct.	#MWF-1278
Kale Baby	2 lbs.	#01-2882
Mesclun	2 lbs.	#01-11460
Mushroom Chef's Mix	5.43 lbs.	#464314

FRUITS

Apples Granny Smith	88 ct.	#01-1494
Blackberries	12 x 6 oz.	#01-3812
Blueberries	12 x 6 oz.	#01-1436
Raspberries	12 x 6 oz.	#01-2877
Strawberries	8 x 1 lbs.	#01-1012

! MARKET ALERTS

There will be a small gap in **GREEN BEANS** as they transition to Georgia.

BRIX LEVELS

Degrees Brix is a measure of the sugar content in your food. Fruits with a high Brix reading have a pleasing sweetness we all love.

FRUIT	ORIGIN	LABEL	BRIX	AVG.	BURSTING
Cantaloupe	USA	Del Lago	12	12	16
Honeydew	USA	Mike's Melons	12	10	14
Watermelon	USA	Little Bear	13	12	16
Pineapple	Costa Rica	Fyffes	15	14	22
Mango	Mexico	Pink Mango	18	6	14
Green Grape	Chile	Crown Jewels	12	12	20
Red Grape	Chile	Rio Duero	18	12	20
Gala Apple	USA	Super Fresh	14	10	18

Weather

A series of cold fronts moving into the West Coast will bring a cool down along with a deepening marine layer and coastal drizzle to Central California fields through the week. Scattered showers and thunderstorms will continue across Central Mexico with near seasonal temperatures into next week. To the north warm temperatures will continue after a brief cool down over the weekend as the storm track remains well to the north. In Florida the upper level trough over the eastern Gulf of Mexico will continue to pump moisture into the state into the weekend. Widespread showers and strong thunderstorms look to continue next week with long range forecasts possibly bringing another tropical system to the region late next week.

MARKET UPDATES

Bell Peppers (Eastern)

Extremely short supplies.

Bell Peppers (Western)

Red and Yellow Bell Pepper market are stronger. Prices increasing.

Berries (Blueberries)

Supplies continue to be very limited this week as we wait for California harvest to increase. Markets are higher.

Berries (Strawberries)

Supply exceeds demand this week. Plenty of good quality fruit with aggressive volume buy opportunities.

Citrus (Oranges)

Small size oranges, 113s/138s remain very limited.

Eggplant (Eastern)

Good supplies and good quality.

Pears

Small size pear 90 and smaller are very limited with not much relief in sight till the California Bartlett season starts in mid July.

Squash (Eastern)

Better supplies of squash but movement is good.

Squash (Western)

The market is very strong on the west coast. Light supplies and high demand on zucchini and yellow s/n.

Tomatoes (Eastern)

Florida rain may end the Palmetto-Ruskin season early creating a brief supply gap the first two weeks of June until Quincy and South Carolina break ground in Mid June.

TRANSITIONS & TEMPERATURES

Squash (Eastern)

Squash is transitioning to Georgia.

Cucumbers (Eastern)

Cucumbers are starting to transition to Georgia.

Berries (Raspberries)

Salinas and Watsonville will start harvest early June.

Berries (Blueberries)

North Carolina will start by the end of the month. New Jersey will start mid June.

Asparagus

Central Mexico should begin harvesting in the next week to 10 days.

Bell Peppers (Eastern)

Bell Pepper is transitioning to central Florida.

Bell Peppers (Western)

Green Bell Peppers available in Coachella.

Squash (Western)

We have light supply from Baja. Santa Maria scheduled to begin on June 1.

Cucumbers (Western)

Cucumbers available to load in San Diego, from Baja California. Supplies available in San Diego, from Baja and also in Coachella, CA.

PEAK SEASONS

Eggplant (Eastern)

Eggplant is in peak season

Berries (Blueberries)

California is expected to reach peak volumes by the front part of June.

Berries (Strawberries)

We will see peak volumes continue in Santa Maria and Salinas for the next 3-4 weeks.

Onions

Texas and Southern California are in peak production.