



**MIDWEST  
FOODS**

## Weekly Update

April 27, 2018

### LOCAL PRODUCE

CODE	ITEM	UOM	FARM	ORIGIN
01-11761	<b>Apples Red Delicious</b>	138 ct.	Riveridge Produce	Sparta, MI
01-11762	<b>Apples Red Delicious</b>	163ct	Riveridge Produce	Sparta, MI
156400P	<b>Beet Jumbo Gold Sack</b>	25 lbs.	Rice Lake Farms	Grant, MI
156500P	<b>Beet Jumbo Red Sack</b>	25 lbs.	Rice Lake Farms	Grant, MI
180000P	<b>Parsnip Loose</b>	20 lbs.	Rice Lake Farms	Grant, MI
7807184	<b>Sprouts Bean</b>	5 lbs.	Phoenix Bean	Chicago, IL
MWF-1763	<b>Tomatoes Beef Steak</b>	15 lbs	Mighty Vine	Rochelle, IL
01-11585	<b>Tomatoes Beef Steak Yellow</b>	15 lbs.	Mighty Vine	Rochelle, IL
MWF-1306	<b>Tomatoes Vine Cherry</b>	9 lbs.	Mighty Vine	Rochelle, IL
01-4643	<b>Tomatoes on the Vine</b>	11 lbs.	Mighty Vine	Rochelle, IL

## ORGANICS



### VEGETABLES

<b>Arugula Baby</b>	2 lbs.	#45323133
<b>Broccolini</b>	18 ct.	#01-4417
<b>Broccoli Crowns</b>	20 lbs.	#MWF-1569
<b>Carrots</b>	25 lbs.	#159100
<b>Cauliflower</b>	12 ct.	#MWF-1278
<b>Kale Baby</b>	2 lbs.	#01-2882
<b>Mesclun</b>	2 lbs.	#01-11460
<b>Mushroom Chef's Mix</b>	5.43 lbs.	#464314

### FRUITS

<b>Apples Granny Smith</b>	88 ct.	#01-1494
<b>Blackberries</b>	12 x 6 oz.	#01-3812
<b>Blueberries</b>	12 x 6 oz.	#01-1436
<b>Raspberries</b>	12 x 6 oz.	#01-2877
<b>Strawberries</b>	8 x 1 lbs.	#01-1012



## MARKET ALERTS

There is limited supply on small size **ORANGES**. Midwest Foods **ROMAINE LETTUCE** is from California.

# BRIX LEVELS

Degrees Brix is a measure of the sugar content in your food. Fruits with a high Brix reading have a pleasing sweetness we all love.

FRUIT	ORIGIN	LABEL	BRIX	AVG.	BURSTING
<b>Cantaloupe</b>	USA	Mike's Melons	13	12	16
<b>Honeydew</b>	USA	Ayco	11	10	14
<b>Watermelon</b>	USA	Melon Up	12	12	16
<b>Pineapple</b>	Costa Rica	Fyffes	14	14	22
<b>Mango</b>	Mexico	Marathon Mango	15	6	14
<b>Green Grape</b>	Chile	MDT	16	12	20
<b>Red Grape</b>	Chile	Exser	16	12	20
<b>Gala Apple</b>	USA	First Fruits	15	10	18
<b>D' Anjou Pear</b>	USA	First Fruits	13	10	14

## Weather

A cut-off low-pressure system forming off the West Coast will bring cooler temperatures, gusty winds, along with a coastal marine layer and drizzle to California fields Friday into early next week. This will cool the entire region through mid next week when high pressure and a warming trend takes place. Scattered showers and generally above average temperatures continue across Central Mexico with warm temperatures and dry conditions expected to the north. A weak cold front moves into Florida late this week with a chance of showers followed by dry conditions and warmer temperatures through next week.

## MARKET UPDATES

### Bell Peppers (Eastern)

Good supplies for now.

### Bell Peppers (Western)

Red and Yellow Bell Pepper market are stronger. Prices increasing.

### Berries (Blackberries)

Supplies are very limited and market prices are higher. Shortages are expected until domestic harvest increases.

### Berries (Raspberries)

Supplies remain very limited and market prices are higher.

### Citrus (Oranges)

Demand exceeds supplies of small size fruit 113s/138s.

### Eggplant (Eastern)

Good supplies. Good quality.

### Squash (Eastern)

Very tight supplies.

### Squash (Western)

The market is very strong on the west coast. Light supplies and high demand on zucchini and yellow s/n.

## TRANSITIONS & TEMPERATURES

### Onions

Supplies have shifted to California and South Texas.

### Squash (Eastern)

Squash is transitioning to Georgia.

### Eggplant (Eastern)

Eggplant is transitioning to central Florida.

### Berries (Blueberries)

California will ramp up with promotable volume over the next 2-4 weeks.

### Cucumbers (Eastern)

Cucumbers are transitioning to central Florida.

### Berries (Blackberries)

Domestic harvest is expected to increase over the next 2-4 weeks.

### Berries (Raspberries)

Domestic harvest is expected to start slowly over the next week and gradually improve over the next 2-4 weeks.

### Bell Peppers (Eastern)

Supplies are starting to transition to the central part of Florida.

### Berries (Strawberries)

Oxnard will trend down as Santa Maria, Salinas, and Watsonville areas will be ramping up production.

### Bell Peppers (Western)

Green Bell Peppers available in Coachella.

## PEAK SEASONS

### Eggplant (Eastern)

Eggplant is coming into peak season.

### Bell Peppers (Eastern)

Green Bell Pepper is in peak season.

### Apples

Most varieties of Apples out of Washington are in peak season.