



MIDWEST FOODS

Weekly Update

April 13, 2018

LOCAL PRODUCE

CODE	ITEM	UOM	FARM	ORIGIN
01-11761	Apples Red Delicious	138 ct.	Riveridge Produce	Sparta, MI
01-11762	Apples Red Delicious	163ct	Riveridge Produce	Sparta, MI
156400P	Beet Jumbo Gold Sack	25 lbs.	Rice Lake Farms	Grant, MI
156500P	Beet Jumbo Red Sack	25 lbs.	Rice Lake Farms	Grant, MI
180000P	Parsnip Loose	20 lbs.	Rice Lake Farms	Grant, MI
7807184	Sprouts Bean	5 lbs.	Phoenix Bean	Chicago, IL
MWF-1763	Tomatoes Beef Steak	15 lbs	Mighty Vine	Rochelle, IL
01-11585	Tomatoes Beef Steak Yellow	15 lbs.	Mighty Vine	Rochelle, IL
MWF-1306	Tomatoes Vine Cherry	9 lbs.	Mighty Vine	Rochelle, IL
01-4643	Tomatoes on the Vine	11 lbs.	Mighty Vine	Rochelle, IL

ORGANICS

VEGETABLES

Arugula Baby	2 lbs.	#45323133
Broccolini	18 ct.	#01-4417
Broccoli Crowns	20 lbs.	#MWF-1569
Carrots	25 lbs.	#159100
Cauliflower	12 ct.	#MWF-1278
Kale Baby	2 lbs.	#01-2882
Mesclun	2 lbs.	#01-11460
Mushroom Chef's Mix	5.43 lbs.	#464314

FRUITS

Apples Granny Smith	88 ct.	#01-1494
Blackberries	12 x 6 oz.	#01-3812
Blueberries	12 x 6 oz.	#01-1436
Raspberries	12 x 6 oz.	#01-2877
Strawberries	8 x 1 lbs.	#01-1012




MARKET ALERTS

ORANGES (sizes **113ct**, **138ct**, and **163ct**) are in limited supply through early May. We will substitute with 72ct or 88ct.

BRIX LEVELS

Degrees Brix is a measure of the sugar content in your food. Fruits with a high Brix reading have a pleasing sweetness we all love.

FRUIT	ORIGIN	LABEL	BRIX	AVG.	BURSTING
Cantaloupe	USA	Mike's Melons	14	12	16
Honeydew	USA	Capco Farms	12	10	14
Watermelon	USA	Joe's Brand	13	12	16
Pineapple	Costa Rica	Fyffes	14	14	22
Mango	Mexico	Marathon Mango	13	6	14
Green Grape	Chile	Islita Farms	18	12	20
Red Grape	Chile	Quintay Farms	21	12	20
Gala Apple	USA	Super Fresh Growers	11	10	18
D' Anjou Pear	USA	Blue Bird	13	10	14

Weather

A couple of moderate cold fronts move into Central California mid-week with rain winds and cooler temperatures into the weekend. Cooler temperatures and strong winds will impact Southern California and The southwestern desert regions into the weekend. A cold front moves across Central Mexico with moderate rain over the next few days with seasonal temperatures. A frontal system moving through Florida will bring moderate to heavy rainfall mid week, followed by another system expected over the weekend.

MARKET UPDATES

Citrus (Oranges)

Demand exceeding supplies on 113s/138s. We are now in the late varieties of navels and eating quality is some of the best of the season. Size structure remains 72s/56s/48s. Small fruit supplies, 113s/138s, are extremely tight and will remain so for the balance on the Navel season. California Valencia harvest looks the begin toward the end of April.

Avocado

Mexico's harvest volumes are beginning to return to normal after the Holy Week drop off. Supplies remain slightly tight, but returning. Mexico is still reporting strong volume into May. California harvest volume are continuing to build and will continue to increase weekly through the month. Fruit is ripening well and has good flavor.

TRANSITIONS & TEMPERATURES

Berries (Blueberries)

Domestic harvest is gradually improving. California and Florida are both increasing volume week over week and Georgia is expected to start in the next 2 weeks.

Berries (Blackberries)

Domestic production will gradually increase over the next 2 weeks.

Berries (Raspberries)

Domestic harvest expected to ramp up in the next 1-2 weeks.

Berries (Strawberries)

Salinas / Watsonville production is being delayed by rain over the weekend. Better production next week.

Lettuce Leaf

Yuma is finished for the season.

Celery

Yuma is finished for the season.

Onions

New Texas and South California will slowly become the growing areas.

PEAK SEASONS

Apples

Washington is still peaking on small fruit sizes