



**MIDWEST
FOODS**

Weekly Update

March 2nd, 2018

LOCAL PRODUCE

CODE	ITEM	UOM	FARM	ORIGIN
01-11761	Apples Red Delicious	138 ct.	Riveridge Produce	Sparta, MI
01-11762	Apples Red Delicious	163ct	Riveridge Produce	Sparta, MI
156400P	Beet Jumbo Gold Sack	25 lbs.	Rice Lake Farms	Grant, MI
156500P	Beet Jumbo Red Sack	25 lbs.	Rice Lake Farms	Grant, MI
180000P	Parsnip Loose	20 lbs.	Rice Lake Farms	Grant, MI
7807184	Sprouts Bean	5 lbs.	Phoenix Bean	Chicago, IL
MWF-1763	Tomatoes Beef Steak	15 lbs	Mighty Vine	Rochelle, IL
01-11585	Tomatoes Beef Steak Yellow	15 lbs.	Mighty Vine	Rochelle, IL
MWF-1311	Tomatoes Vine Cherry	9 lbs.	Mighty Vine	Rochelle, IL
MWF-1306	Tomatoes on the Vine	11 lbs.	Mighty Vine	Rochelle, IL
01-4643	Turnip Jumbo Loose	5 lbs.	Rice Lake Farms	Grant, MI

ORGANICS

VEGETABLES

Arugula Baby	2 lbs.	#45323133
Broccolini	18 ct.	#01-4417
Broccoli Crowns	20 lbs.	#MWF-1569
Carrots	25 lbs.	#159100
Cauliflower	12 ct.	#MWF-1278
Kale Baby	2 lbs.	#01-2882
Mesclun	2 lbs.	#01-11460
Mushroom Chef's Mix	5.43 lbs.	#464314

FRUITS

Apples Granny Smith	88 ct.	#01-1494
Blackberries	12 x 6 oz.	#01-3812
Blueberries	12 x 6 oz.	#01-1436
Raspberries	12 x 6 oz.	#01-2877
Strawberries	8 x 1 lbs.	#01-1012

MARKET ALERTS

Due to repeated freezes in the desert growing area, there will be very limited quantities of **Broccolini**, **Orange Cauliflower** and **Purple Cauliflower** for the next several weeks.



BRIX LEVELS

Degrees Brix is a measure of the sugar content in your food. Fruits with a high Brix reading have a pleasing sweetness we all love.

FRUIT	ORIGIN	LABEL	BRIX	AVG.	BURSTING
Cantaloupe	USA	Classic	13	12	16
Honeydew	USA	Del Monte	15	10	14
Watermelon	USA	Cactus Melon	12	12	16
Pineapple	Costa Rica	Kingston	14	14	22
Mango	Mexico	Kuali Mangos	15	6	14
Green Grape	USA	Frusan	15	12	20
Red Grape	USA	Johnsons Fruit	14	12	20
Gala Apple	USA	Super Fresh Growers	12	10	18
D' Anjou Pear	USA	Blue Bird	12	10	14

Weather

The late winter continues out west as a strong low pressure system moves in from the Gulf of Alaska mid-week. This looks to be one of the strongest and wettest storms of the year so far. The system moves into California late Wednesday with rain, strong winds and cold temperatures moving out of the region on Saturday. Cold morning temperatures continue in the Southwestern Desert regions for a few more days as this system passes to the north. A few light showers are possible across Mexico with above average temperatures expected into next week. Mostly dry conditions continue in Florida with slight cooling into the weekend due to a passing cold front. Stronger cold front looks to impact the area by the middle of next week.

MARKET UPDATES

Bell Peppers

Expect supplies to tighten over the next week.

Blackberries

Supplies are very light this week due to limited production and delayed transfer trucks from Mexico.

Cauliflower

The cauliflower market is extremely active due to weather conditions creating a supply gap.

Chili Peppers

For Lent, hot pepper markets will be active. Higher demand on Mexico's National market will create a shortage in export to the U.S.

Cucumber

Very cold weather in Mexico has caused the import cucumber market to rise sharply.

Eggplant

Eggplant supplies are tight, quality varies a lot from shipper to shipper.

Lime

We continue to see limited supplies and increased markets.

Squash

The market is very strong on the west coast. Spring crop delayed 7-10 days due to cold weather.

TRANSITIONS & TEMPERATURES

Apples

Chilean Gala apples are scheduled to hit the east coast with 90 count and larger in approximately two weeks.

Blackberries

Domestic production is expected to start by mid March.

Blueberries

Domestic production is expect to start by mid March.

Broccoli

We are slowly transitioning to Salinas. They have started to pack bunched broccoli.

Cantaloupe

Zacapa, Guatemala is back into production.

Honeydew

Zacapa, Guatemala is back into production.

Pears

We will see the first Argentinian Bartlett and Forelle pears in March. Chilean Packham pears and Bosc will arrive at the end of March.

Raspberries

Domestic production is expected to start by mid March.

Strawberries

Santa Maria is slowly ramping up production and will continue to increase over the next 3 weeks. Florida will wind down and come to an end in the next 3 weeks.

PEAK SEASONS

Apples

All areas are in the peak of their seasons.

Bell Peppers

Bell peppers are moving out of peak season.

Cantaloupe

Honduras is still in the peak of its season.

Cucumbers

Cucumbers are moving out of peak season.

Honeydew

Honduras is in the peak of its season.

Pears

Washington is in the peak of its D'anjou, Bosc, and red D'anjou seasons.

Potatoes

Western Washington, Idaho, North Dakota, and Florida are all in the peak of their seasons.

Squash

Squash is out of peak season.