



**MIDWEST
FOODS**

Weekly Update

March 16th, 2018

LOCAL PRODUCE

CODE	ITEM	UOM	FARM	ORIGIN
01-11761	Apples Red Delicious	138 ct.	Superior Sales	Hudsonville, MI
01-11762	Apples Red Delicious	163ct	Superior Sales	Hudsonville, MI
156400P	Beet Jumbo Gold Sack	25 lbs.	Rice Lake Farms	Grant, MI
156500P	Beet Jumbo Red Sack	25 lbs.	Rice Lake Farms	Grant, MI
180000P	Parsnip Loose	20 lbs.	Rice Lake Farms	Grant, MI
7807184	Sprouts Bean	5 lbs.	Phoenix Bean	Chicago, IL
MWF-1763	Tomatoes Beef Steak	15 lbs	Mighty Vine	Rochelle, IL
01-11585	Tomatoes Beef Steak Yellow	15 lbs.	Mighty Vine	Rochelle, IL
MWF-1311	Tomatoes Vine Cherry	9 lbs.	Mighty Vine	Rochelle, IL
MWF-1306	Tomatoes on the Vine	11 lbs.	Mighty Vine	Rochelle, IL
01-4643	Turnip Jumbo Loose	5 lbs.	Rice Lake Farms	Grant, MI



ORGANICS

VEGETABLES

Arugula Baby	2 lbs.	#45323133
Broccolini	18 ct.	#01-4417
Broccoli Crowns	20 lbs.	#MWF-1569
Carrots	25 lbs.	#159100
Cauliflower	12 ct.	#MWF-1278
Kale Baby	2 lbs.	#01-2882
Mesclun	2 lbs.	#01-11460
Mushroom Chef's Mix	5.43 lbs.	#464314

FRUITS

Apples Granny Smith	88 ct.	#01-1494
Blackberries	12 x 6 oz.	#01-3812
Blueberries	12 x 6 oz.	#01-1436
Raspberries	12 x 6 oz.	#01-2877
Strawberries	8 x 1 lbs.	#01-1012



MARKET ALERTS

There are no new updates at this time.

BRIX LEVELS

Degrees Brix is a measure of the sugar content in your food. Fruits with a high Brix reading have a pleasing sweetness we all love.

FRUIT	ORIGIN	LABEL	BRIX	AVG.	BURSTING
Cantaloupe	USA	Classic Fruit Co	10	12	16
Honeydew	USA	Mike's Melons	13	10	14
Watermelon	USA	Capco	9	12	16
Pineapple	Costa Rica	Fyffes	15	14	22
Mango	Mexico	Marathon Mangos	13	6	14
Green Grape	USA	Agricom	19	12	20
Red Grape	USA	Sunfruits	18	12	20
Gala Apple	USA	Super Fresh Growers	13	10	18
D' Anjou Pear	USA	Blue Bird	12	10	14

Weather

The cool, wet pattern will continue out west through next week as a series of storms systems sweep into California. A cut-off low-pressure system is forecast to form off the Southern California coast early next week. There is a strong flooding concern in the Ventura/Santa Barbra region due to the massive wildfires in the area this year. The Southwestern Deserts along with Northern Mexico will see a cool down, strong winds and a slight chance of rain as these systems pass to the north. Persistent high pressure continues over Central Mexico with above-average temperatures into next week. Florida will see slightly cooler temperatures through the week with a weak cold front expected to bring showers to the northern half of the state early next week.

MARKET UPDATES

Bell Peppers (Eastern)

Supplies are light on Jumbo size bell pepper. Quality is only fair.

Bell Peppers (Western)

Red bell peppers are still in short supply for 25 lb. packs, including choice grade. Volume increasing steadily.

Chili Peppers

For Lent, hot pepper markets will be active. Higher demand on Mexico's National market will create periodic shortages in export to the U.S.

Cucumbers (Eastern)

Honduran Cucumbers are starting to wind down for the season.

Cucumbers (Western)

Demand remains high on cucumbers.

Eggplant (Eastern)

Light supplies.

Melon (Cantaloupe)

Smaller fruit is short with most suppliers.

Melon (Watermelon)

The market is very strong, light supplies on all sizes.

Squash (Eastern)

Better supplies of squash.

Squash (Western)

The market is very strong on the west coast. Spring crop was delayed 7-10 days due to cold weather, and supplies decreased sharply from Sinaloa.

TRANSITIONS & TEMPERATURES

Berries (Blueberries)

California, Florida and Baja are expected to ramp up production over the next 2-3 weeks. Georgia will start in 4-5 weeks.

Berries (Blackberries)

California production will slowly ramp up as we begin April. Georgia is expected to start by May.

Broccoli

We have transitioned to Salinas but still have other growing regions harvesting broccoli.

Berries (Strawberries)

Florida will wind down quickly over the next week. Santa Maria will increase production over the next 2 weeks. Salinas / Watsonville will not see any substantial volume for another 3-5 weeks.

Asparagus

Peru should start up at the end of this week with light volume.

Melon (Honeydew)

Mexico is scheduled to begin harvest in mid April.

Melon (Cantaloupe)

Mexico will start packing in mid April.

Squash (Eastern)

Light volume of squash starting in Central Florida.

Pears

We will see imported Packham pears in approximately 3 weeks with imported Bosc coming about a week later.

Apples

We expect to see the first Chilean Galas at the end of this week.

PEAK SEASONS

Berries (Blackberries)

Mexico is expected to hit its second peak over the next several weeks.

Melon (Honeydew)

Both Honduras and Guatemala are in the peak of their seasons.

Melon (Cantaloupe)

Both Honduras and Guatemala are in the peak of their seasons.

Potatoes (colored)

South Florida is in the peak of its season for red, white, and gold potatoes.

Idaho and North Dakota are in the peak of their red and gold potato seasons.

Pears

Washington is still in the peak of its D'anjou pear season.

We are still in the peak of the Argentinian Bartlett pear season.

Apples

Washington is in the peak of its Red Delicious, Golden Delicious, Gala, Fuji, Granny Smith, and Pink Lady apple season.

Michigan is in the peak of its Red Delicious, Golden Delicious, Jonagold, and Gala apple season.

New York is in the peak of its Red Rome, Empire, McIntosh, Red Delicious, Cortland, and Gala season.

Pennsylvania is in the peak of its Red Delicious, Golden Delicious, and Empire apple season.