



**MIDWEST
FOODS**

Weekly Update

April 6, 2018

LOCAL PRODUCE

| CODE | ITEM | UOM | FARM | ORIGIN |
|----------|-----------------------------------|---------|-------------------|--------------|
| 01-11761 | Apples Red Delicious | 138 ct. | Riveridge Produce | Sparta, MI |
| 01-11762 | Apples Red Delicious | 163ct | Riveridge Produce | Sparta, MI |
| 156400P | Beet Jumbo Gold Sack | 25 lbs. | Rice Lake Farms | Grant, MI |
| 156500P | Beet Jumbo Red Sack | 25 lbs. | Rice Lake Farms | Grant, MI |
| 180000P | Parsnip Loose | 20 lbs. | Rice Lake Farms | Grant, MI |
| 7807184 | Sprouts Bean | 5 lbs. | Phoenix Bean | Chicago, IL |
| MWF-1763 | Tomatoes Beef Steak | 15 lbs | Mighty Vine | Rochelle, IL |
| 01-11585 | Tomatoes Beef Steak Yellow | 15 lbs. | Mighty Vine | Rochelle, IL |
| MWF-1306 | Tomatoes Vine Cherry | 9 lbs. | Mighty Vine | Rochelle, IL |
| 01-4643 | Tomatoes on the Vine | 11 lbs. | Mighty Vine | Rochelle, IL |

ORGANICS

VEGETABLES

| | | |
|----------------------------|-----------|-----------|
| Arugula Baby | 2 lbs. | #45323133 |
| Broccolini | 18 ct. | #01-4417 |
| Broccoli Crowns | 20 lbs. | #MWF-1569 |
| Carrots | 25 lbs. | #159100 |
| Cauliflower | 12 ct. | #MWF-1278 |
| Kale Baby | 2 lbs. | #01-2882 |
| Mesclun | 2 lbs. | #01-11460 |
| Mushroom Chef's Mix | 5.43 lbs. | #464314 |

FRUITS

| | | |
|----------------------------|------------|----------|
| Apples Granny Smith | 88 ct. | #01-1494 |
| Blackberries | 12 x 6 oz. | #01-3812 |
| Blueberries | 12 x 6 oz. | #01-1436 |
| Raspberries | 12 x 6 oz. | #01-2877 |
| Strawberries | 8 x 1 lbs. | #01-1012 |

! MARKET ALERTS

Due to significant amounts of rain, **STRAWBERRIES** are still limited. Our **LEAF ITEM** shippers are continuing to transition harvest locations from Yuma, AZ to Salinas, CA. This applies to **Romaine, Iceberg, Green Leaf, Red Leaf, Boston, Romaine Hearts**, and more. By next week, all shippers will be in the Northern California area.

BRIX LEVELS

Degrees Brix is a measure of the sugar content in your food. Fruits with a high Brix reading have a pleasing sweetness we all love.

| FRUIT | ORIGIN | LABEL | BRIX | AVG. | BURSTING |
|----------------------|------------|---------------------|------|------|----------|
| Cantaloupe | USA | Classic Fruit | 12 | 12 | 16 |
| Honeydew | USA | Mike's Melons | 12 | 10 | 14 |
| Watermelon | USA | Greenpoint | 11 | 12 | 16 |
| Pineapple | Costa Rica | Fyffes | 15 | 14 | 22 |
| Mango | Mexico | Marathon Mango | 18 | 6 | 14 |
| Green Grape | Chile | Chacabuco | 17 | 12 | 20 |
| Red Grape | Chile | Dole | 20 | 12 | 20 |
| Gala Apple | USA | Super Fresh Growers | 11 | 10 | 18 |
| D' Anjou Pear | USA | Blue Bird | 15 | 10 | 14 |

Weather

A strong storm system tapping into subtropical moisture will bring significant precipitation to Central California late Thursday into the weekend. A series of weaker system move into Northern California next week. Warm and dry conditions continue across Mexico and the southwestern desert regions under a weak high pressure. Gusty winds and a slight cool down over the weekend as storm systems pass to the north.. Typical scattered showers and afternoon thunderstorms will continue across Florida as cold fronts move through the region.

MARKET UPDATES

Berries (Blueberries)

Supplies are limited this week as we wait on domestic harvest to ramp up.

Berries (Raspberries)

Supplies are expected to be limited and prices higher for the next 2 weeks.

Citrus (Limes)

Supplies will gradually improve over the next 2 weeks and we expect to see a good increase in smaller sizes.

Melon (Watermelon)

The market is very strong, light supplies on all sizes.

TRANSITIONS & TEMPERATURES

Berries (Blueberries)

California and Florida are expected to increase over the next 2 weeks. Georgia will get started mid April.

Berries (Blackberries)

Domestic production is expected to start by mid April.

Berries (Raspberries)

Domestic harvest is expected to start in 2-3 weeks.

Berries (Strawberries)

Depending on the severity of the upcoming rain this weekend, Salinas and Watsonville are expected to ramp up by mid to late April.

Asparagus

Mexico will be transitioning to Central Mexico in about 2 weeks.

Lettuce Iceberg

Yuma will have production 1-2 weeks more then be finished.

Onions

Northwest Storage season slowly winding down with new crop supplies in California about ready to start.

Lettuce Leaf

Yuma will finish up on all leaf items this week. Huron and Salinas as well as Santa Maria will be the areas of harvesting for these commodities.

PEAK SEASONS

Apples

Washington CA apples of all colors are in peak season.